

Menu Name:

MIDDLE SCHOOL BREAKFAST

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	23	0.20	19	1	*N/A*	0.60	0.00	1	4.20	0.20	0.60	*N/A*	2.0	0.00	0.14	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	32	0.73	18	*1	*N/A*	1.15	0.00	0	5.38	0.40	0.45	*N/A*	12.0	0.36	0.18	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			603	3.53	478	*64	*4	8.73	*0.00	14	119.77	6.90	15.28	*0	455.0	32.38	3.36	\$0.000
% of Calories				5.27%		*42.5%	*2.7%	13.0%	*0.0%		79.4%		10.1%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Wednesday - 09/03/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 09/04/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	52	1.07	103	*0	*N/A*	2.72	*0.00	9	4.43	0.66	2.82	*N/A*	0.4	0.25	*0.29	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	35	0.75	69	*0	*N/A*	2.00	0.00	16	2.90	0.20	1.40	*N/A*	10.0	0.00	0.14	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			635	4.41	613	*61	*4	11.69	*0.00	38	117.51	7.16	18.45	*0	451.5	32.26	*3.47	\$0.000
% of Calories				6.25%		*38.4%	*2.5%	16.6%	*0.0%		74.0%		11.6%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Friday - 09/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	28	0.30	72	*1	*N/A*	0.95	*0.00	1	4.13	0.20	0.75	*N/A*	7.2	0.00	0.20	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	50	33	0.20	21	3	*N/A*	1.07	0.00	3	5.68	0.35	0.52	*N/A*	11.7	0.00	0.20	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	50	11	0.05	6	*N/A*	*N/A*	0.10	*N/A*	0	2.20	0.00	0.40	*N/A*	10.0	0.00	0.00	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	20	0.30	38	1	*N/A*	0.61	0.00	2	3.30	0.40	0.80	*N/A*	9.4	0.00	0.10	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			607	3.06	509	*65	*4	8.85	*0.00	17	120.58	6.99	15.21	*0	477.3	31.72	3.25	\$0.000
% of Calories				4.54%		*42.8%	*2.6%	13.1%	*0.0%		79.5%		10.0%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Monday - 09/08/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	38	1.05	78	*0	*N/A*	2.30	0.00	14	3.00	0.20	1.30	*N/A*	10.0	0.00	0.11	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	50	24	0.15	34	0	*N/A*	0.70	0.00	2	3.20	0.40	1.20	*N/A*	4.0	0.24	0.27	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	20	0.30	38	1	*N/A*	0.61	0.00	2	3.30	0.40	0.80	*N/A*	9.4	0.00	0.10	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			597	3.70	523	*62	*4	9.73	0.00	28	114.78	7.04	16.05	*0	462.5	31.96	3.23	\$0.000
% of Calories				5.58%		*41.5%	*2.7%	14.7%	0.0%		76.9%		10.8%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Tuesday - 09/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	23	0.20	19	1	*N/A*	0.60	0.00	1	4.20	0.20	0.60	*N/A*	2.0	0.00	0.14	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	32	0.73	18	*1	*N/A*	1.15	0.00	0	5.38	0.40	0.45	*N/A*	12.0	0.36	0.18	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			615	4.04	520	*64	*4	9.65	*0.00	17	119.90	6.91	16.02	*0	476.8	32.38	3.37	\$0.000
% of Calories				5.91%		*41.6%	*2.6%	14.1%	*0.0%		78.0%		10.4%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Wednesday - 09/10/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	75	18	0.76	65	0	*N/A*	1.32	0.00	5	0.33	0.00	1.15	*N/A*	33.5	0.00	0.00	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			628	4.17	678	*62	*4	10.75	*0.00	43	117.65	6.74	18.66	*0	487.9	32.16	3.43	\$0.000
% of Calories				5.98%		*39.5%	*2.5%	15.4%	*0.0%		74.9%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 09/11/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	52	1.07	103	*0	*N/A*	2.72	*0.00	9	4.43	0.66	2.82	*N/A*	0.4	0.25	*0.29	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	35	0.75	69	*0	*N/A*	2.00	0.00	16	2.90	0.20	1.40	*N/A*	10.0	0.00	0.14	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			647	4.92	656	*61	*4	12.61	*0.00	41	117.65	7.18	19.20	*0	473.2	32.26	*3.48	\$0.000
% of Calories				6.84%		*37.7%	*2.5%	17.5%	*0.0%		72.7%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Friday - 09/12/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Monday - 09/15/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	38	1.05	78	*0	*N/A*	2.30	0.00	14	3.00	0.20	1.30	*N/A*	10.0	0.00	0.11	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	50	24	0.15	34	0	*N/A*	0.70	0.00	2	3.20	0.40	1.20	*N/A*	4.0	0.24	0.27	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	20	0.30	38	1	*N/A*	0.61	0.00	2	3.30	0.40	0.80	*N/A*	9.4	0.00	0.10	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			597	3.70	523	*62	*4	9.73	0.00	28	114.78	7.04	16.05	*0	462.5	31.96	3.23	\$0.000
% of Calories				5.58%		*41.5%	*2.7%	14.7%	0.0%		76.9%		10.8%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	23	0.20	19	1	*N/A*	0.60	0.00	1	4.20	0.20	0.60	*N/A*	2.0	0.00	0.14	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	32	0.73	18	*1	*N/A*	1.15	0.00	0	5.38	0.40	0.45	*N/A*	12.0	0.36	0.18	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			615	4.04	520	*64	*4	9.65	*0.00	17	119.90	6.91	16.02	*0	476.8	32.38	3.37	\$0.000
% of Calories				5.91%		*41.6%	*2.6%	14.1%	*0.0%		78.0%		10.4%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Wednesday - 09/17/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	75	18	0.76	65	0	*N/A*	1.32	0.00	5	0.33	0.00	1.15	*N/A*	33.5	0.00	0.00	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			628	4.17	678	*62	*4	10.75	*0.00	43	117.65	6.74	18.66	*0	487.9	32.16	3.43	\$0.000
% of Calories				5.98%		*39.5%	*2.5%	15.4%	*0.0%		74.9%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 09/18/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	52	1.07	103	*0	*N/A*	2.72	*0.00	9	4.43	0.66	2.82	*N/A*	0.4	0.25	*0.29	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	35	0.75	69	*0	*N/A*	2.00	0.00	16	2.90	0.20	1.40	*N/A*	10.0	0.00	0.14	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			647	4.92	656	*61	*4	12.61	*0.00	41	117.65	7.18	19.20	*0	473.2	32.26	*3.48	\$0.000
% of Calories				6.84%		*37.7%	*2.5%	17.5%	*0.0%		72.7%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Friday - 09/19/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Monday - 09/22/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	38	1.05	78	*0	*N/A*	2.30	0.00	14	3.00	0.20	1.30	*N/A*	10.0	0.00	0.11	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	50	24	0.15	34	0	*N/A*	0.70	0.00	2	3.20	0.40	1.20	*N/A*	4.0	0.24	0.27	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	20	0.30	38	1	*N/A*	0.61	0.00	2	3.30	0.40	0.80	*N/A*	9.4	0.00	0.10	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			597	3.70	523	*62	*4	9.73	0.00	28	114.78	7.04	16.05	*0	462.5	31.96	3.23	\$0.000
% of Calories				5.58%		*41.5%	*2.7%	14.7%	0.0%		76.9%		10.8%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Tuesday - 09/23/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	23	0.20	19	1	*N/A*	0.60	0.00	1	4.20	0.20	0.60	*N/A*	2.0	0.00	0.14	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	32	0.73	18	*1	*N/A*	1.15	0.00	0	5.38	0.40	0.45	*N/A*	12.0	0.36	0.18	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			615	4.04	520	*64	*4	9.65	*0.00	17	119.90	6.91	16.02	*0	476.8	32.38	3.37	\$0.000
% of Calories				5.91%		*41.6%	*2.6%	14.1%	*0.0%		78.0%		10.4%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Wednesday - 09/24/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	75	18	0.76	65	0	*N/A*	1.32	0.00	5	0.33	0.00	1.15	*N/A*	33.5	0.00	0.00	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			628	4.17	678	*62	*4	10.75	*0.00	43	117.65	6.74	18.66	*0	487.9	32.16	3.43	\$0.000
% of Calories				5.98%		*39.5%	*2.5%	15.4%	*0.0%		74.9%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 09/25/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	52	1.07	103	*0	*N/A*	2.72	*0.00	9	4.43	0.66	2.82	*N/A*	0.4	0.25	*0.29	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	35	0.75	69	*0	*N/A*	2.00	0.00	16	2.90	0.20	1.40	*N/A*	10.0	0.00	0.14	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			647	4.92	656	*61	*4	12.61	*0.00	41	117.65	7.18	19.20	*0	473.2	32.26	*3.48	\$0.000
% of Calories				6.84%		*37.7%	*2.5%	17.5%	*0.0%		72.7%		11.9%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Friday - 09/26/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	49	0.60	103	*0	*N/A*	1.28	*0.00	4	7.37	0.39	2.23	*N/A*	3.0	0.44	0.44	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	46	0.61	139	*0	*0	1.99	*0.00	24	4.76	0.30	2.56	*N/A*	13.0	0.00	0.24	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Monday - 09/29/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	38	1.05	78	*0	*N/A*	2.30	0.00	14	3.00	0.20	1.30	*N/A*	10.0	0.00	0.11	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	50	24	0.15	34	0	*N/A*	0.70	0.00	2	3.20	0.40	1.20	*N/A*	4.0	0.24	0.27	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	20	0.30	38	1	*N/A*	0.61	0.00	2	3.30	0.40	0.80	*N/A*	9.4	0.00	0.10	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	96	0.00	120	15	*N/A*	0.00	0.00	4	17.60	0.00	7.20	*N/A*	240.0	0.00	0.29	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	0	0.00	0	0	*N/A*	0.01	0.00	0	0.03	0.00	0.02	*N/A*	0.6	0.00	0.00	\$0.000
Weighted Daily Average			597	3.70	523	*62	*4	9.73	0.00	28	114.78	7.04	16.05	*0	462.5	31.96	3.23	\$0.000
% of Calories				5.58%		*41.5%	*2.7%	14.7%	0.0%		76.9%		10.8%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	33	0.40	68	*0	*N/A*	0.86	*0.00	3	4.91	0.26	1.49	*N/A*	2.0	0.29	0.29	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	50	12	0.51	43	0	*N/A*	0.88	0.00	3	0.22	0.00	0.77	*N/A*	22.3	0.00	0.00	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	23	0.20	19	1	*N/A*	0.60	0.00	1	4.20	0.20	0.60	*N/A*	2.0	0.00	0.14	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	32	0.73	18	*1	*N/A*	1.15	0.00	0	5.38	0.40	0.45	*N/A*	12.0	0.36	0.18	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	19	0.12	22	1	*N/A*	0.56	0.00	0	3.12	0.16	0.40	*N/A*	3.2	0.00	0.12	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	17	0.08	20	1	*N/A*	0.48	0.00	0	2.88	0.16	0.32	*N/A*	0.0	0.00	0.12	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	29	0.12	29	*N/A*	*N/A*	0.40	0.00	0	5.92	0.48	0.32	*N/A*	16.0	0.00	0.29	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	30	0.16	30	*N/A*	*N/A*	0.48	0.00	0	5.92	0.48	0.40	*N/A*	16.0	0.00	0.29	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	26	0.88	19	2	2	1.44	0.00	2	3.28	0.24	0.24	*N/A*	2.4	0.00	0.16	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	26	0.40	21	2	2	0.96	0.00	0	3.92	0.24	0.32	*N/A*	9.6	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	20	0.08	18	*N/A*	*N/A*	0.56	0.00	1	3.44	0.24	0.24	*N/A*	0.0	0.00	0.09	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	15	0.00	25	1	*N/A*	0.17	0.00	0	3.22	0.28	0.35	*N/A*	10.5	0.63	0.38	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	17	0.04	19	1	*N/A*	0.49	0.00	0	3.08	0.21	0.21	*N/A*	14.0	0.00	0.63	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	40	0.00	8	10	*N/A*	0.00	0.00	0	10.40	0.00	0.00	*N/A*	6.8	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	39	0.00	6	6	*N/A*	0.00	0.00	0	9.90	0.00	0.00	*N/A*	6.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	27	0.00	3	6	*N/A*	0.00	0.00	0	6.90	0.00	0.00	*N/A*	5.1	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	18	0.02	0	2	*N/A*	0.07	0.00	0	4.61	0.53	0.22	*N/A*	1.0	1.76	0.05	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	21	0.00	1	*N/A*	*N/A*	0.00	0.00	0	5.35	1.02	0.51	*N/A*	17.8	24.89	0.05	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	395	95	0.00	118	15	*N/A*	0.00	0.00	4	17.38	0.00	7.11	*N/A*	237.0	0.00	0.28	\$0.000
000230 MILK,1% WHITE	CARTON	100	26	0.30	32	3	*N/A*	0.50	0.00	3	3.20	0.00	2.00	*N/A*	80.0	0.24	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	1	0.00	1	0	*N/A*	0.04	0.00	0	0.17	0.02	0.08	*N/A*	3.0	0.00	0.01	\$0.000
Weighted Daily Average			615	4.04	520	*64	*4	9.65	*0.00	17	119.90	6.91	16.02	*0	476.8	32.38	3.37	\$0.000
% of Calories				5.91%		*41.6%	*2.6%	14.1%	*0.0%		78.0%		10.4%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		617	4	582	*62	*4	10.21	*0.00	31	117.72	6.93	17.19	*0	469	32.17	*3.38	\$0.000
% of Calories			5.76%		*40.2%	*2.6%	14.9%	*0.0%		76.3%		11.1%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.