

Community Recreation Resources For Individuals with Disabilities

PLEASE NOTE: NEISD is not responsible for, nor endorses, the content of the resources/information listed below.

This list of recreational community resources compiled by NEISD is not intended to be an endorsement of any of these programs, but offered as an informational tool for staff and parents when planning outside activities for their children with special needs. Finding appropriate activities for children with disabilities can be a difficult experience. We hope this guide helps you with your search.

DAY AND WEEKEND CAMP/PROGRAMS:

The Arc of San Antonio

Various programs for after school care, and summer programs
Elementary through age 18

5430 Wurzbach, Anna Garcia
13430 West Avenue, Brain Lopez
Ph: 490.4300

www.arc-sa.org Call visit their website for more information.

SAFIRE – San Antonio Fitness, Independent & Recreational Environment

Are you looking for a place for your young adult to spend their summer days? SAFIRE is the place. We offer fun filled days of Individual Workout Programs, Full Gym games and activities, and community outing every other week. Summer program offered 8:00 am to 4:00 pm (extended hours available). 15 yrs & older.

11111 Iota 78217
Contact: Teresa Sullivan, Director
Ph: 236.7662 or teresasullivan@safiretx.org
www.safireso.org

CAMP Camp

Children's Association for Maximum Potential
CAMP offers a variety of activities for children with all disabilities including a week long summer camp program. This program provides a wide range of recreational, rehabilitative, and respite services for children with severe disabilities and their families. The CAMP program is designed for children who are not able to attend other camps due to medical or physical reasons. Sliding fee scale and stipends available.

Camp Respite Club is a comprised of several components: Respite Weekend Camps, Parents Night-Out (PNO), and Teen and Adult Day Adventure (TADA). Families must enroll their children in the Respite Club in order to participate in any of the Respite Club events. Siblings are also welcome at Respite Weekends and PNO. Membership affords the family information about, and invitations to Respite Club events.

P.O. Box 27086
San Antonio, 78227
Ph: (210) 671-5411
www.campcamp.org/

Mission Roads Ministries S.O.A.R. Camp

Mission Road's Summer Outreach and Recreation Program (SOAR) is specially designed to give children with intellectual and developmental disabilities a healthy & active

summer. The program is very structured and designed to promote and maintain progress academically, socially, and behaviorally.

Program for ages 6-17 June through August. Mon-Fri 9am-3pm

Fee for services and transportation also available for a fee

8706 Mission Rd. 78214

Ph(210)924.9265

www.missionroadministries.org

Contact: Norma Gaitan, Lead Soar Facilitator 334-2432 or ngaitan@mrmsat.org

San Antonio Botanical Garden

Animal Summer Camp:

Animal Botanical Special Needs (Ages 7-12) June 18-22 9 am - 1 pm \$130nonmembers

Animal Botanical Special Needs (Ages 13-19) July 18-22 9 am - 1 pm \$130

It is a time for campers to experience nature, crafts, games, and develop friendships.

555 Funston, San Antonio, Texas 78209

www.sabot.org/?nd=parents

Camp Summit

The goal is to help children age 6 and older who are physically challenged, developmentally delayed, dual sensory impaired or who have multiple disabilities reach their own personal peak by providing recreational, therapeutic and social activities in a nature camp setting.

921 Copper Canyon Rd., Argyle, TX 76226

Ph: (972) 484-8900

www.campsummittx.org

Camp Sweeney

Camp Sweeney offers a camp setting for children/young adults with diabetes to have fun, build friendships and develop self-esteem.

Southwestern Diabetic Foundation

PO Box 918, Gainesville, TX 76241-0918

Ph.: (940) 665.2011 billieh@campsweeney.org

www.campsweeney.org/

Down Home Ranch

An innovative camp in Elgin, TX for children and adults with mental impairments, ages 13 and up. The mission of Down Home Ranch is to build a rural, self-reliant community for adults with intellectual and developmental disabilities, offering training, housing, recreation, and dignified employment, as well as opportunities for growth in mind, body, and spirit.

20250 FM 619, Elgin, TX 78621-5343

Ph: (888) 926-2253

www.downhomeranch.org

Elks Camp

Texas Elks Children's Services, Inc.

Any child with a special need, between the ages of 7 and 15, there is no fee. Located on

8 rural acres between Luling and Gonzales. Fishing and hiking are available at nearby Palmetto State Park. The Gonzales Elks Lodge provides a large swimming pool.

1963 FM 1586, Gonzales, TX 78629

Ph: (830) 875-2425

www.texaselkscamp.org

Jewish Community Center

Monday-Friday 9:00-3:30, ages 5 and older. This is an inclusive program for children who are typically developing or who have a special need (limited spots).

12500 NW Military Hwy, San Antonio, Texas

Ph: (210) 302.6959

www.jewishcommunitycenter.org

Marbridge Summer Camp

Summer Camp for young adults with cognitive challenges, ages 16-30

Call or visit their website for more information. (Fills up fast)

P.O. Box 2250, Manchaca, TX 78652

Ph: (512) 282-1144

E-mail: info@marbridge.org

www.marbridge.org/

Camp Abilities Texas

This camp is for campers ages 11-16 with visual impairments/deaf/blind.

Ph: (940) 369-000

Denton ISD www.dentonisd.org/campabilities

CAMP For All

CAMP for All: For campers with cancer, autism MD, epilepsy, sickle cell, CP, cognitive challenges, spinal cord injuries, PKU, with neurofibromatosis is a place to experience the joy of the great outdoors without barriers.

6301 Rehburg Rd., Burton, Texas 77835

Ph: (979) 289-3752

www.campforall.org

Texas Lions Camp, Inc.

Texas Lions Camp is a 400 bed, residential camping facility for children with physical disabilities, type 1 diabetes and cancer. The camp is located on over 500 acres in the Texas Hill County, and is designed to introduce the "Can Co" philosophy to children dealing with special medical conditions. Your child's medical form should be dated within 6 months of the session they are attending. Call or visit their website for more information.

Ph: (830) 896-8500

P.O. Box 290247

Kerrville, Texas 78029-0247

www.lionscamp.com/

Call a local Lions Club for more information.

Camp BRONCHO

Summer camp for children with asthma. Ages 7-12 with moderate to severe asthma. Located at Camp John Marc, 70 miles southwest of Dallas-Fort Worth Area near Meridian,

TX.

Ph: (682) 885-4813

www.campbrancho.com

Boy Scouts of America

2226 Northwest Military Highway

Ph: (210) 341.8611 ext. 33 or

www.alamoarea-boyscouts.org/

Girl Scouts of America

Ph: (210) 349 - 2404

www.girlscouts-swtx.org/gssa/default.asp

Spina Bifida Association of Texas, Inc.

Offers scholarships to Camp C.A.M.P.

Ph: (210) 826-7289

www.sbatx.org

Muscular Dystrophy Association

Summer camp for children with MD or related neuromuscular diseases.

8610 Broadway #200

San Antonio, TX 78217

Ph: 650.3181

www.mda.org/office/san-antonio

Busy Bodies

Activity based program designed to facilitate the development of language, and gross and fine motor skills. Provides a fun and effective motor behavior center where the learning atmosphere is one in which success is the rule rather than the exception. For children ages 2 - 18 years of age.

Dr. Robert Strauss

11985 Starcrest

Ph: 545.2840

Email: sabusybodies@satx.rr.com

www.sabusybodies.org/

Down Syndrome Association of San Antonio

Provides family/social activities

2800 NW Loop 410, San Antonio, TX. 78230

Kid Connection Program- ages 4-12

Playgroup- ages 0-3

Teen Club- ages 13-17

Club up (10+)

Adult Matters (18 and over)

Ph.: 210.349.4372

www.dsasa.org

CAMP BRAINSTORM

For Children with Epilepsy

The Epilepsy Foundation Central & South Texas' Camp Brainstorm is a five-day, four-night resident summer camp experience for children with epilepsy, ages 8-17. Camp Brainstorm will be held at Camp Aranzazu in Rockport, TX.

Camp Aranzazu is a therapeutic recreational camp for children with special needs. Open to youth ages 8-18 with a primary, single diagnosis of epilepsy and well controlled seizures residing in Central & South Texas. Children attending camp must be able to care for their own basic needs, follow directions, participate in the regular camping activities and be emotionally and behaviorally ready for a live-away camp experience. Medical supervision and volunteer support are provided, but one-on-one supervision is not available.

Applications for Camp Brainstorm Campers and Camp Counselors will be available online at www.epilepsycamp.com.

10615 Perrin Beitel Rd Ste. 602, 78217

Ph: (210) 653-5353

www.efcst.org

Special Reach Summer Enrichment

The Special Reach Summer Enrichment Program features structured fun activities that create a wide variety of experiences for children with special needs, under the supervision of trained, state certified professionals.

Summer Enrichment Program will run from 9:00 AM to 3:00 PM June 13 to June 17 at Crown of Life Lutheran Church 19291 Stone Oak Parkway; and from 9:00 AM to 3:00 PM Aug 1-5 at Forest Hills Presbyterian Church 13200 Bandera Rd., Helotes

Special Reach Inc.

P.O. Box 690215

San Antonio, TX 78269

Ph.: (210)784-7478

Summer Enrichment Program application:

www.specialreach.info/docs/2013%20Summer%20Camp%20Application.pdf

www.specialreach.info/index.html

Clowvazar Academy

Our summer school program is perfect for parents of children in General Ed. or Special Education abilities who feel that their children need to continue their education or risk falling back. Children enrolled in the summer program will be participating in either our General Special or Education classroom and given a chance to discover new skills and meet new friends. Admission requirements are the same for our Year-Round program.

Since your child will be participating in our General or Special Education programs, they will avoid losing the valuable lessons they learned during their regular school year. Homework will be given. Students are expected to perform according to Clowvazar Academy standards. Notice: This is not a day-care program.

Dates: June 3rd to August 30th. Excluding our three week full closures from June 22nd to July 6th and August 5th-9th.

Summer Tuition: Our summer program is \$350/month (\$1050.00 for the whole summer.) The program is three months and is not usually divisible.

Requirements: Students must meet the same requirements that year-round applicants must meet for either of our General or Special Ed. Programs. Please see [admissions](#).

12746 Cimarron Path #120

San Antonio, TX 78249

Ph.: (210) 690-4800

www.clowvazar.com/en/Clowvazar.html

Morgan's Wonderland

Morgan's Wonderland is a wonderful special place for special friends. It is a place where there is would an oasis for those needing a safe place to relax and enjoy the outdoors and each other. Gordon Hartman quickly learned that millions of children and adults with cognitive and physical challenges generally do not have access to facilities specifically established to assist them in enjoying the fun outdoor activities that able bodied individuals have access to and often take for granted. **Private school. The Academy**

5223 David Edwards Drive
San Antonio, Texas 78233

E-mail: info@morganswonderland.com

Ph.: 495.5888

Toll free: 877.495.5888

www.morganswonderland.com/

STRAPS

The mission of STRAPS is to organize, promote, administer and conduct a variety of adaptive and Paralympic sports for wounded warriors, veterans as well as adults and youth. Wheelchair sports include: softball, football, boccia, & basketball. STRAPS athletes train and compete at Morgan's Wonderland Gym, sports complex.

5223 David Edwards Drive, San Antonio, TX. 78233

Ph: (210) 495-4888

www.strapssports.com

Eva's Heroes

The Eva's Heroes Enrichment Center program provides an inclusive environment for individuals 14-21 years of age to interact and learn with their peers. The program strives to help adolescents/young adults increase their ability to function independently while allowing individuals to learn the value of teamwork.

The Enrichment Center will provide recreational activities such as arts & crafts, sports, cooking classes, group games, computer activities & reading.

Monthly activity program 16- older- times vary

11107 Wurzbach Rd., Ste. 203

San Antonio, TX 78230

Northside Vocational Transition Program

Nellie M. Reddix Center

4711 Sid Katz

Ph: 694-9090

Fax: 694-9092

Contact Jen Stevenson – Program Director

www.evaheroes.org

SPORTS PROGRAMS:

Brunswick Thousand Oaks Bowling Ctr: The Individuals Bowling League

Saturday morning bowling league for persons with disabilities

4330 Thousand Oaks

Ph: 654-0031

www.bowlbrunswick.com/center_info?centerNum=1970

North East Youth Sports Organization

NEYSO Special Teams

Special Teams and Special Olympics Texas. The purpose of our program is to give "Special Needs" Athletes the chance to come out and play on a team sport (soccer). Ages 4 yrs.-55 yrs.

www.specialteamsoccer@sbcglobal.net

Contact: Jackie Thompson at (210) 602-5645

Special Olympics Texas (Area 20 - San Antonio Area)

Sports: athletics (track & field), aquatics, basketball, bocce, bowling, cycling, equestrian, figure skating, flag football, golf, gymnastics, power lifting, roller skating, soccer, softball, table tennis, triathlon and volleyball. Ages: 8 years old to Adult

Young Athletes (YA) Program – Ages: 2-7. This program utilizes physical activities to develop fundamental motor tracking and eye hand coordination play. Children build these skills by participating in specific activities on a regular basis. The program concentrates on applying the skills learned through these activities in preparation for Special Olympics sports competitions.

Contact: Shawn Britt – Program Director (210) 530-9898

45 N.E. Loop 410

San Antonio, TX. 78216

www.sotx.org

Challenger League Baseball

This program is played on McAllister Park Little league fields. The program is for ages 6 - 18 yr., free (includes uniform & trophy) and relies on volunteers for buddies and parent coaches. No emotionally disturbed or severe behavioral issues. Saturday April-May, 9:00-10:00 upper complex fields 1-2-3

McAllister Little League-

Contact: Vickie Van Winkle

Ph: 494.5813

www.mpll.org

Alamo Heights Challenger League

The Baseball games are played on fields located at Olmos Park and start after Spring Break every Sat. morning at 10:00 through May. The baseball league has a fee which includes Trophy, Hat, Shirt, Pants, and Belt. Players will need shoes & glove. Both programs are specifically designed for children (6-22 years) with special needs with any ability. Parents are encouraged to participate as this program relies on participant numbers and adult volunteers for current information.

Alamo Heights Little League, P.O. Box 6614, San Antonio, TX. 78209

Baseball – Contact: Dan Blecher – blecherdan@yahoo.com

Ph: 930.3082

www.AHLL.org

Lone Star Play Ball

Non-competitive co-ed softball league for young adults with special needs ages 18 and over. Games are played at three locations: Brackenridge Park (Central League), Incarnate Ward HS for Instructional for advanced play, and at Southwest – Pony team, Mike Abrego (210) 416-3978, on Saturday mornings 2nd Sat. in September until last Sat. in Oct. \$20 fee for complete uniform.

Contact: Edward Taylor at 497.7107 or Johnathan Jones (979) 571-3838

www.lonestarplayball.org

Miracle League of San Antonio

Offers team baseball for children with mental or physical challenges. Players are matched with Buddies who assist with playing the game.

2029 S. Callaghan Rd., San Antonio, TX 78227(next to Wolf Stadium)

Ph: (210) 225-6666

www.miracleleagueofsanantonio.com

Pump it up

This facility two rooms with blown up activity areas for jumping and lots of large movement activities. This is not specifically for children with disabilities but great for private parties, etc.

14036 Nacogdoches

Contact Diana

Ph: 653-0700

www.pumpitupparty.com/sanantonio.html

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YMCA

No specific programs for children with disabilities, but they can be serviced in the daycare, summer, and after school programs.

Call for more information at your nearest branch

Thousand Oaks Family YMCA

16101 Henderson Pass 78232

Ph: 494.5292

www.ymcasatx.org/thousandoaks

Walzem Family YMCA

10710 Nacogdoches 78265

Ph: 210 656.5777

www.ymcasatx.org/northeast/

Mays Family YMCA Family Wellness Center!

21654 Blanco RD. 78258

Ph.: 210 497-7088

www.ymcasatx.org/maysfamily/

City of San Antonio Parks and Recreation - Summer Youth program

The Parks & Recreation Department teams up with local school districts in the summer to provide a structured supervised program for children at approximately 64 sites throughout the City. The recreation-themed activities include active games, sports, arts & crafts, a weekly enrichment program in Fine Arts, Science, and Fitness/Nutrition! The majority of participating sites will receive a free lunch and snack for the entire program. The Summer Youth Program at School Sites utilizes the school's gymnasium and outdoor enclosed areas. The program follows self-monitored guidelines, which will limit the number of participants per site. SYP at School Sites maintains a 1:25 Staff to participant ratio. Participants will be grouped according to age and staff will conduct age-appropriate recreation activities. Check you nearest Rec. Center for more details,

Fee: Summer Participant fees are based on a sliding scale according to income and family size. If you presume your family will qualify for a reduced fee, an Income Verification Form must be completed prior to the SYP School Site Mass.

Ph: 207-3047

Kinetic Kids Sports

Goal is to enrich the lives of special needs children by creating programs that encourage mobility and activity. By providing physical and recreations programs not typically available to children with special needs, we intend to foster the development of courage, confidence, self-esteem, pride, and joy so these children can achieve new possibilities previously unimaginable.

Sports & Classes Include: Swim, Baseball, Basketball, Dance, Golf, Cheerleading, Gymnastics, Soccer, Wheelchair sports (Basketball, Tennis & Track)

Lose the Training Wheels: Bike Camp

Contact: Directors: Tracy Fontenot, PT & Kacey Wernli, PT

Ph: (210) 748-5867 or (210) 748-5860

Ktc,Wernli@sbcglobal.net

www.kinetickidstx.org/

GYMNASTICS:

Kinetic Kids Gymnastics

Gymnastic Skills and Techniques

Ph: 748.JUMP (5867) or 748.5860

www.kinetickidstx.org/



DANCE:

Kinetic Kids Dance

Children will learn dance moves of ballet, modern, salsa, and funk. These classes are specifically designed for special needs children who are able to walk by himself or herself or with a walker. The class size is limited to 10 - 12. Call for class dates and times.

Ph: 748.JUMP (5867)

www.kinetickidstx.org/



Swimming and Aquatic Sports:

Kinetic Kids Swim Program

Kinetic Kids offers over 12 different types of programs to children with special needs. Children are separated based on age as well as cognitive and physical abilities. There are 4 categories of programs:

<i>Mommy and Me</i>	swimming for children 5 and under.
<i>Water Exploration</i>	for children who want to experience water and exercise in the pool but are just getting comfortable doing so.
<i>Skills and Drills</i>	for children who follow directions without one on one assistance and are confident and enjoy the water.
<i>Competitive Swimming</i>	for children who are very comfortable with swimming with some adaptations and want to compete.

Ph: 748.5866

www.kinetickidstx.org

ALL Can Ski at SeaWorld in August

Sponsored by the San Antonio Sports Foundation

www.sanantoniosports.org

Swimming Lessons for Children with Special Needs

Private Lessons (No Groups) Ages 3-10* (Elementary Level). *Exceptions can be made
Sessions: 2 Weeks Monday - Thursday with 45 minute lessons; Times flexible
or 1 to 3 lessons per week at 45 minutes each.

Cost: \$45 per individual lesson or \$280 per 2 week session; \$320 per 2 week session at private residence

Fridays are for "make up" lessons (missed or cancelled from weather).

Sessions begin June 10th.

Contact: Megan Forester Poole

Ph.: 422-5993

Call for more information and an over the phone preliminary assessment of your child's needs.

EQUINE THERAPY:



Triple H Equine-Therapy Center

This stable offers a therapeutic riding program for children and adults with physical, mental, emotional or learning disabilities. Volunteers are the heart of Triple H (Hooves, Hearts, and Heroes).

791 Backhaus Rd.
Pipe Creek, TX. 78063
Contact: Keisha Vavila
Ph.: 830.510.9515

www.triple-H.org

Saddle Light Equestrian Center

Riding lessons for people with disabilities such as cerebral palsy, muscular dystrophy, etc. Lessons are given by private pay, insurance, scholarships, etc.

Retama Polo Center
17530 Old Evans Road
Selma, TX. 78254
Ph: 651.9574

www.thesaddlelightcenter.com

R.O.P.E.R. - Riding Opportunities Promoting Exceptional Riders:

This program offers a variety of riding types for individuals with special needs.

Wed. nights - Summer time day camps

Contact: Sherri Mell

Ph.: 633.2042

www.freewebs.com/roperapp/

Equessense-Therapeutic Horse Play

Summer camps offered

6062 Youngs Ford Rd.

Marion, TX. 78124

Contact: Judy Hendon Ph.: (210)367-3482

www.equessense.org/

Upward Transitions

Therapeutic Horsemanship

6 week riding program (summer) Fall & Spring 10 weeks

Esperanza Farm

12037 FM 1560

Helotes, TX.

Contact: Barbara Taylor

Ph.: (972) 977-3833

E-mail: bst759@icould.com

www.upward-transitions.org

Good General Information to Know:

The Access Pass

This pass is for citizens or permanent residents of the United States, regardless of age, who have been medically determined to have a permanent disability. It provides access to, and use of, any Federal recreation site that charges an Entrance or Standard Amenity Fee and provides a discount on some Expanded Amenity Fees. A *permanent disability* is a permanent physical, mental, or sensory impairment that substantially limits one or more major life activities, such as caring for oneself, performing manual tasks, walking, hearing, speaking, breathing, learning and working. Agencies that honor the Access Pass are the Forest Service, the National Park Service, Fish and Wildlife Service, Bureau of Land Management, and Bureau of Reclamation. In addition, the Corps of Engineers and Tennessee Valley Authority may honor the Access Pass. Documentation must be provided to establish eligibility.

Contact the National Park Service for more information.

E-mail: ParksPass@nationalparks.org

Texas State Identification Card

Texas Department of Public Safety

A Texas ID card is your ticket to boarding an airline, cashing a check and other day-to-day activities that require state issued identification. The basic procedure is similar to obtaining a driver's license, but without any testing requirements. There are no age restrictions. Any Texas resident can get one as long as they provide proof of identity.

Kitty Hawk or other TX Department of Public Safety office

San Antonio, Texas 78217-3595

Ph: (210) 655-8102

www.dmv.org

SeaWorld

The Companion Pass

One Day Admissions:

SeaWorld San Antonio offers a 50% off discount on **one-day** admissions for our disabled/special needs guests and one (1) companion/chaperone (per disabled guest). Disabled/special needs guest is defined as anyone who is mentally or physically challenged, deaf, or blind.

Please feel free to contact Sylvia or Irma at 210.523.3123 or 210.523.3115 if you have any questions. Please visit our official website at www.seaworld.com for updated and additional information about our park. Our Accessibility Guide can be found under Park Information.