

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

Menu Name:	MIDDLE SCHOOL LUNCH	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Wednesday - 10/01/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALES TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALES	50	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALES SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALES	25	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2902	*19.30	4509	*55.75	*2.16	105.10	*0.02	45	398.88	27.60	65.10	*77	1822.4	43.95	*15.33	\$0.000
% of Calories				*5.99%		*7.68%	*N/A*	32.6%	*0.0%		55.0%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Thursday - 10/02/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2996	*21.12	4843	*58.51	*2.16	113.82	*0.02	59	399.34	28.35	69.70	*77	1806.2	43.65	*18.82	\$0.000
% of Calories				*6.34%		*7.81%	*0.00%	34.2%	*0.0%		53.3%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Tuesday - 10/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2.38	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2937	*20.90	4684	*58.43	*2.16	110.60	*0.02	50	394.45	28.33	66.73	*77	1804.7	45.45	*17.94	\$0.000
% of Calories				*6.40%		*7.96%	*0.00%	33.9%	*0.0%		53.7%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Wednesday - 10/08/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALES TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALES	50	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALES SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALES	25	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2902	*19.30	4509	*55.75	*2.16	105.10	*0.02	45	398.88	27.60	65.10	*77	1822.4	43.95	*15.33	\$0.000
% of Calories				*5.99%		*7.68%	*N/A*	32.6%	*0.0%		55.0%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Thursday - 10/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2996	*21.12	4843	*58.51	*2.16	113.82	*0.02	59	399.34	28.35	69.70	*77	1806.2	43.65	*18.82	\$0.000
% of Calories				*6.34%		*7.81%	*0.00%	34.2%	*0.0%		53.3%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Friday - 10/10/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003221 CHICKEN BREAST CHUNK FRITTER FC-TYSON (WING SYSCO)	SERVING	105	240	2.00	570	0.00	0.00	12.00	*N/A*	40	14.00	1.00	18.00	*N/A*	20.0	*N/A*	1.00	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2.00	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1.07	0.00	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2471	*13.81	3898	*55.79	*2.16	88.46	*0.02	46	332.85	23.92	61.30	*77	1745.8	*35.55	*14.35	\$0.000
% of Calories				*5.03%		*9.03%	*0.00%	32.2%	*0.0%		53.9%		9.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Monday - 10/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2777	*17.84	4421	*56.34	*2.16	101.65	*0.02	39	377.63	26.94	63.01	*77	1788.5	44.15	*15.07	\$0.000
% of Calories				*5.78%		*8.12%	*N/A*	32.9%	*0.0%		54.4%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Tuesday - 10/14/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2.38	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2937	*20.90	4684	*58.43	*2.16	110.60	*0.02	50	394.45	28.33	66.73	*77	1804.7	45.45	*17.94	\$0.000
% of Calories				*6.40%		*7.96%	*0.00%	33.9%	*0.0%		53.7%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Wednesday - 10/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2902	*19.30	4509	*55.75	*2.16	105.10	*0.02	45	398.88	27.60	65.10	*77	1822.4	43.95	*15.33	\$0.000
% of Calories				*5.99%		*7.68%	*N/A*	32.6%	*0.0%		55.0%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Thursday - 10/16/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2996	*21.12	4843	*58.51	*2.16	113.82	*0.02	59	399.34	28.35	69.70	*77	1806.2	43.65	*18.82	\$0.000
% of Calories				*6.34%		*7.81%	*0.00%	34.2%	*0.0%		53.3%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Friday - 10/17/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003221 CHICKEN BREAST CHUNK FRITTER FC-TYSON (WING SYSCO)	SERVING	105	240	2.00	570	0.00	0.00	12.00	*N/A*	40	14.00	1.00	18.00	*N/A*	20.0	*N/A*	1.00	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2.00	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1.07	0.00	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2471	*13.81	3898	*55.79	*2.16	88.46	*0.02	46	332.85	23.92	61.30	*77	1745.8	*35.55	*14.35	\$0.000
% of Calories				*5.03%		*9.03%	*0.00%	32.2%	*0.0%		53.9%		9.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Monday - 10/20/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2777	*17.84	4421	*56.34	*2.16	101.65	*0.02	39	377.63	26.94	63.01	*77	1788.5	44.15	*15.07	\$0.000
% of Calories				*5.78%		*8.12%	*N/A*	32.9%	*0.0%		54.4%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Tuesday - 10/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2.38	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2937	*20.90	4684	*58.43	*2.16	110.60	*0.02	50	394.45	28.33	66.73	*77	1804.7	45.45	*17.94	\$0.000
% of Calories				*6.40%		*7.96%	*0.00%	33.9%	*0.0%		53.7%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Wednesday - 10/22/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003079 TAMALES SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALES	25	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YUCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YUCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2902	*19.30	4509	*55.75	*2.16	105.10	*0.02	45	398.88	27.60	65.10	*77	1822.4	43.95	*15.33	\$0.000
% of Calories				*5.99%		*7.68%	*N/A*	32.6%	*0.0%		55.0%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Thursday - 10/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2996	*21.12	4843	*58.51	*2.16	113.82	*0.02	59	399.34	28.35	69.70	*77	1806.2	43.65	*18.82	\$0.000
% of Calories				*6.34%		*7.81%	*0.00%	34.2%	*0.0%		53.3%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Friday - 10/24/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003221 CHICKEN BREAST CHUNK FRITTER FC-TYSON (WING SYSCO)	SERVING	105	240	2.00	570	0.00	0.00	12.00	*N/A*	40	14.00	1.00	18.00	*N/A*	20.0	*N/A*	1.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2.00	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1.07	0.00	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	1	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2471	*13.81	3898	*55.79	*2.16	88.46	*0.02	46	332.85	23.92	61.30	*77	1745.8	*35.55	*14.35	\$0.000
% of Calories				*5.03%		*9.03%	*0.00%	32.2%	*0.0%		53.9%		9.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Monday - 10/27/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2777	*17.84	4421	*56.34	*2.16	101.65	*0.02	39	377.63	26.94	63.01	*77	1788.5	44.15	*15.07	\$0.000
% of Calories				*5.78%		*8.12%	*N/A*	32.9%	*0.0%		54.4%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Tuesday - 10/28/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2.38	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2937	*20.90	4684	*58.43	*2.16	110.60	*0.02	50	394.45	28.33	66.73	*77	1804.7	45.45	*17.94	\$0.000
% of Calories				*6.40%		*7.96%	*0.00%	33.9%	*0.0%		53.7%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Wednesday - 10/29/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2902	*19.30	4509	*55.75	*2.16	105.10	*0.02	45	398.88	27.60	65.10	*77	1822.4	43.95	*15.33	\$0.000
% of Calories				*5.99%		*7.68%	*N/A*	32.6%	*0.0%		55.0%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Thursday - 10/30/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6.00	0.00	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2996	*21.12	4843	*58.51	*2.16	113.82	*0.02	59	399.34	28.35	69.70	*77	1806.2	43.65	*18.82	\$0.000
% of Calories				*6.34%		*7.81%	*0.00%	34.2%	*0.0%		53.3%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

Friday - 10/31/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003221 CHICKEN BREAST CHUNK FRITTER FC-TYSON (WING SYSCO)	SERVING	105	240	2.00	570	0.00	0.00	12.00	*N/A*	40	14.00	1.00	18.00	*N/A*	20.0	*N/A*	1.00	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2.00	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1.07	0.00	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2.27	*0.00	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2.27	*0.00	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0.46	*0.00	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	57	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.000
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	106	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8.24	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6.00	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6.00	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*133.86	*0.00	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*134.86	*0.00	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129.26	*0.00	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	1	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2471	*13.81	3898	*55.79	*2.16	88.46	*0.02	46	332.85	23.92	61.30	*77	1745.8	*35.55	*14.35	\$0.000
% of Calories				*5.03%		*9.03%	*0.00%	32.2%	*0.0%		53.9%		9.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10	<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		2831	*18.78	4493	*57.01	*2.16	104.56	*0.02	49	382.53	27.12	65.48	*77	1796	*42.59	*16.43	\$0.000
% of Calories			*5.97%		*8.06%	*N/A*	33.2%	*0.0%		54.0%		9.3%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.