

Menu Name:

MIDDLE SCHOOL BREAKFAST

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 08/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3	*0	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 08/14/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			635	4.41	613	*61	*4	11.69	*0.00	38	117.51	7.16	18.45	*0	451.5	32.26	*3.47	\$0.000
% of Calories				6.25%		*38.4%	*2.5%	16.6%	*0.0%		74.0%		11.6%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Friday - 08/15/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*9	*N/A*	9.47	*0.00	14	41.29	2.02	7.49	*N/A*	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	50	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	50	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			607	3.06	509	*65	*4	8.85	*0.00	17	120.58	6.99	15.21	*0	477.3	31.72	3.25	\$0.000
% of Calories				4.54%		*42.8%	*2.6%	13.1%	*0.0%		79.5%		10.0%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Monday - 08/18/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	50	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			597	3.70	523	*62	*4	9.73	0.00	28	114.78	7.04	16.05	*0	462.5	31.96	3.23	\$0.000
% of Calories				5.58%		*41.5%	*2.7%	14.7%	0.0%		76.9%		10.8%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Tuesday - 08/19/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	324	7.30	177	*14	*N/A*	11.55	0.00	2	53.80	4.00	4.50	*N/A*	120.0	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			603	3.53	478	*64	*4	8.73	*0.00	14	119.77	6.90	15.28	*0	455.0	32.38	3.36	\$0.000
% of Calories				5.27%		*42.5%	*2.7%	13.0%	*0.0%		79.4%		10.1%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Wednesday - 08/20/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3	*0	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 08/21/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			635	4.41	613	*61	*4	11.69	*0.00	38	117.51	7.16	18.45	*0	451.5	32.26	*3.47	\$0.000
% of Calories				6.25%		*38.4%	*2.5%	16.6%	*0.0%		74.0%		11.6%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Friday - 08/22/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*9	*N/A*	9.47	*0.00	14	41.29	2.02	7.49	*N/A*	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	50	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	50	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			607	3.06	509	*65	*4	8.85	*0.00	17	120.58	6.99	15.21	*0	477.3	31.72	3.25	\$0.000
% of Calories				4.54%		*42.8%	*2.6%	13.1%	*0.0%		79.5%		10.0%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Monday - 08/25/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002690 EGG & CHEESE BISCUIT	SERVING	50	380	10.50	780	*0	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	50	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	50	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			597	3.70	523	*62	*4	9.73	0.00	28	114.78	7.04	16.05	*0	462.5	31.96	3.23	\$0.000
% of Calories				5.58%		*41.5%	*2.7%	14.7%	0.0%		76.9%		10.8%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Tuesday - 08/26/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	50	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	50	324	7.30	177	*14	*N/A*	11.55	0.00	2	53.80	4.00	4.50	*N/A*	120.0	3.60	1.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			603	3.53	478	*64	*4	8.73	*0.00	14	119.77	6.90	15.28	*0	455.0	32.38	3.36	\$0.000
% of Calories				5.27%		*42.5%	*2.7%	13.0%	*0.0%		79.4%		10.1%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Wednesday - 08/27/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3	*0	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Thursday - 08/28/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	50	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000
001255 BRKFST, SAUSAGE & EGG BISCUIT	EACH	50	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			635	4.41	613	*61	*4	11.69	*0.00	38	117.51	7.16	18.45	*0	451.5	32.26	*3.47	\$0.000
% of Calories				6.25%		*38.4%	*2.5%	16.6%	*0.0%		74.0%		11.6%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

Friday - 08/29/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	75	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003167 BRK SANDWICH, HAM AND EGG CROISSANT 2.2OZ	SERVING	75	307	4.07	925	*3	*0	13.27	*0.00	161	31.70	2.00	17.07	*N/A*	86.7	0.00	1.61	\$0.000
001869 BRKFST, MINI CINNIS	EACH	40	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	40	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	40	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	40	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	40	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	40	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	40	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	35	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	35	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	150	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	150	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	250	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	100	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	1	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			610	3.41	614	*62	*4	9.39	*0.00	38	117.40	6.73	17.54	*0	455.1	32.16	3.43	\$0.000
% of Calories				5.03%		*40.7%	*2.6%	13.9%	*0.0%		77.0%		11.5%					
Weekly Nutrient Guideline			400 - 550	<10	600			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		612	4	563	*63	*4	9.79	*0.00	30	117.88	6.94	16.81	*0	459	32.12	*3.37	\$0.000
% of Calories			5.37%		*41.2%	*2.6%	14.4%	*0.0%		77.0%		11.0%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.