

PUSD Social-Emotional Wellness Staff

School Clinician Team

Amanda Loera, Cedarwood Elementary
530-873-3785 x5108

TBD, Pine Ridge School
530-873-2828 x4012

Megan Fox, Paradise Ridge Elementary
530-872-6415 x6014

Cassi Sprenkel, Paradise Junior High
530-872-6465 x2306

Jesse Lambert, Paradise High & Ridgeview High
530-872-6422 x7005

School Counselors

Jessica Flores-Benitez, Paradise Junior High
530-872-6465 x2216

**Matt Ray, Ridgeview High &
Paradise eLearning Academy**
530-872-6422 x7002

Daniel Hizal, Paradise High
530-872-6425 x3003

Alisa Johnsen, Paradise High
530-872-6425 x3023

Necol Harness, Paradise High
530-872-6425 x3021

PUSD Wellness Coaches

Nikos Castellanos, Cedarwood Elementary
530-873-3785

Laura McIntyre, Paradise Ridge Elementary
530-872-6415

Mindy Frost, Pine Ridge School
530-873-3800 x 4006

Kevin Sutherland, Ridgeview High School
530-872-6422

PUSD Health & Wellness Resource Center

Robert Lester, Safety & Wellness Coordinator
530-872-6412 x 4201

Cris Dunlap, Outreach Coordinator
530- 872-6465 x 2218

Amais VanRoekel, Outreach Coordinator
530- 872-6412

Jena Reynolds, Department Secretary
530-872-6412 x 4200

PUSD School Psychologists

Carly Ingersoll, Paradise High & Ridgeview High
530-872-3412 x3115

Erica Hunting, Paradise Ridge Elementary
530-872-6415 x6012

Susie Lo, Paradise Junior High & Paradise Elementary
530-872-3412 x3115

Katie Algeri (Schaefer), Pine Ridge & Cedarwood
530-873-2828 x4104

**More information about the
Resource Center:**



<https://pusdwellness.org/>

**Refer a student or family to the
Resource Center:**

