

**EAST SIDE UNION HIGH SCHOOL DISTRICT**  
**STUDENT-ATHLETE CODE OF CONDUCT**

Each school will have one athletic council consisting of all head coaches, athletic directors, and administrators.

**MISSION STATEMENT:**

We are representatives of ESUHSD athletic department/program. Our purpose is to create uniformity throughout the district, establish district standards, establish district goals, and ensure that athletics and cheerleading is a co-curricular activity and a supplement to the educational process. We will accomplish this by seeing that there is greater communication between stakeholders (parents, community, athletes, cheerleaders, coaches and school staff), and by being accountable (each school will be responsible for the distribution of the Student-Athlete code of conduct to the athletes, cheerleaders, and their parents or guardians).

**CORE VALUES:**

Our goal is to develop the student-athlete to become a productive citizen in society by utilizing teamwork, sportsmanship, physical development, socialization and critical thinking skills in a safe educational environment.

**CODE OF CONDUCT OFFENSES AND RECOMMENDATIONS:**

- A) A Player who does not leave the team in good standing, besides being cut from the team or not fulfilling minimum grade requirements, must sit out the remainder of that sport season including practices with the next sport and the athlete may not suit up. The athlete becomes eligible to compete after the "Sit Out Period" of the season has elapsed, including preseason.

Athlete dismissed from a team: After review with the appropriate athletic director, the athlete must sit out the remainder of that sport season including practices with the next sport and the athlete may not suit up. The athlete becomes eligible to compete after the "Sit Out Period" of the season has elapsed, including preseason.

Infraction carryover to another sport: When an athlete has committed an infraction in one sport, the infraction will be carried over to another sport as long as the following procedures are followed: Coach notifies athlete, parent, athletic director, and administration in writing within 1 school week of the offense. Letter to include the length of the suspension, date of occurrence, and any additional stipulations required by the coach before reinstatement. Any appeals can be brought to the principal for consideration on the matter.

**B) Game Ejections (CIF/BVAL/CCS)**

- Any athlete **ejected** from a contest for unsportsmanlike conduct or a flagrant act shall be:
  - Ineligible for the remainder of that contest, **plus** the next scheduled contest.
  - Reported by the coach/athletic director to BVAL and CCS.
- Repeat ejections may result in additional suspensions or school-level disciplinary action.

### C) Sportsmanship & Ethics (CIF/CCS/BVAL/ESUHSD)

- Treat opponents, teammates, coaches, officials, and fans with **respect and courtesy** at all times.
- Compete with **integrity**, accepting both victory and defeat with dignity.
- Abide by the “**Pursuing Victory with Honor**” principles: honesty, reliability, self-control, loyalty, and respect.
- Never engage in **taunting, baiting, trash-talking, obscene language/gestures, or degrading comments** toward anyone.  
Respect officials’ decisions. Complaints, ridicule, or negative reactions to calls are not allowed.

D) School issues resulting in suspensions: APA or advisor will inform the student-athlete that he/she is not allowed to participate for the duration of the penalty and will inform the coach and athletic director of the penalty within 24 hours.

Suspension by a coach: Coach notifies student-athlete, parent, athletic director, and administration in writing within 2 school days as to the offense. Letter to include the length of the suspension, date of occurrence, and any additional stipulations (including the option of assigning online courses) required by the coach before reinstatement.

E) Athletes transferring from one school to another are required to fill out transfer paperwork which they can get from the Athletic Director before they are allowed to compete. The transfer paperwork will be approved by the previous school and CCS before the athlete is allowed to compete. Any sanctions from the previous school will be carried over to the new school. If the student transfers to another ESUHSD school, all former school property must be returned prior to the first contest of their next sport.

F) The student-athlete must attend at least 4 periods or classes, if on block schedule the athlete must attend 60% of the school day, unless attending a school-sponsored activity or there is an extenuating circumstance approved by the coach and an administrator.

G) An athlete has a one-week trial period during which the athlete may quit an athletic team without penalty. The one-week period begins with the first day of official attendance by the athlete.

H) An athlete may not attend practice with any other team until his/her last league, regional, sectional, or state meet in which the athlete is involved is completed.

An athlete will be allowed to have a rest period of three school days at the end of the previous sport season before beginning his/her try-outs period without penalty.

I) Athletes must turn in their equipment or pay for replacement within five school days after completion of his/her season. Athletes who do not comply will not be able to compete for any other team unless the equipment is returned, the fines paid or another agreement has been made.

J) Each sport team, cheerleading squad or program will create the rules and regulations of their team/squad and distribute it to the athletes, cheerleaders, parents, athletic directors and administration before enforcement will be supported.

The athletic council supports the rules and regulations set down by the individual coach as long as the rules and regulations are within the scope of the school, district, league, CCS and CIF rules and regulations, and the right of that coach to discipline team/squad members accordingly. School sites can choose to be more restrictive in these rules depending on an individual case basis.