Questions or concerns **NOVEMBER 2025 Contact Nutrition Services** SNACK (530) 743-4428 or COBBLESTONE PROJECT RESILIENCE SNACK mdelong@plusd.org Thursday Friday Wednesday Monday **Tuesday** Apple Slices = 3/4 Pretzels = 1 G Cucumber Slices = ½ C V Sunbutter Sandwich String Cheese Yogurt = 1 M/MA Juice = ¾ C F Sunchips = 1 G = 1.5 G & 1M/MA = 1 M/MAPineapple = 3/4CF*Students must take all items *Students must take all items Grape Tomatoes 13 Tortilla Chips = 1 G = 3/4CVYogurt = 1 M/MA NO NO Juice = 3/4CFString Cheese Peaches = 3/4C F **SCHOOL SCHOOL** *Students must take all items = 1 M/MA*Students must take all items *Students must take all items Baby Carrots = 3/4 Sunchips = 1 G Pita Bread = 1 G Yogurt = 1 M/MA Goldfish Crackers Celery Sticks = 3/4C V Juice = 3/4CFMandarins = 3/4C F Bean Dip = 2 M/MA= 1 G Sunbutter = 1 M/MA*Students must take all items *Students must take all items NO NO NO NO NO **SCHOOL SCHOOL SCHOOL SCHOOL SCHOOL** Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.