

Menu Name:

ELEMENTARY LUNCH 6-8

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002706 NACHOS, BEEF&CHEESE (K-8)    | SERVING      | 1000      | 452                      | 9.76                   | 735                    | *2               | *N/A*            | 23.19     | *0.00      | 68          | 37.77    | 5.60      | 21.77     | *N/A*       | 250.6                  | 4.07       | 1.29      | \$0.000 |
| 002304 NACHOS, BEAN & CHEESE (K-8)  | SERVING      | 1000      | 374                      | 6.12                   | 608                    | *1               | *N/A*            | 15.64     | *0.00      | 28          | 42.20    | 6.10      | 13.65     | *N/A*       | 236.0                  | 2.49       | 0.86      | \$0.000 |
| 002943 CHICKEN TAQUITO              | SERVINGS     | 1000      | 213                      | 1.01                   | 162                    | 0                | *N/A*            | 5.06      | 0.00       | 20          | 33.42    | 5.06      | 8.10      | *N/A*       | 60.8                   | 0.00       | 7.29      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA      | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED           | .5           | 2000      | 5                        | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.00     | 0.33      | 0.33      | *N/A*       | 6.7                    | 1.00       | 0.12      | \$0.000 |
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*            | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 111                      | 0.00                   | 334                    | *1               | *1               | 0.00      | *0.00      | 0           | 20.60    | 8.02      | 7.02      | *0          | 35.4                   | 2.69       | 1.92      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 8                        | 0.00                   | 1                      | 1                | 0                | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3                   | 54.52      | 0.46      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 60                       | 0.00                   | 1                      | 11               | 0                | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*       | 12.0                   | 5806.00    | 0.05      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 797                      | 10.15                  | 1302                   | *25              | *0               | 25.16     | *0.00      | 67          | 104.18   | 16.36     | 36.97     | *0          | 553.3      | 2934.82    | 4.71      | \$0.000 |
| % of Calories                 |              |           |                          | 11.46 %                |                        | *12.5%           | *0%              | 28.4%     | *0.0%      |             | 52.3%    |           | 18.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/03/2025                      Reimbursable Meal Total 3000

|                                     | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001862 PIZZA, WG PEP 5"             | EACH            | 1000      | 360                      | 7.00                   | 570                    | 4                | *N/A*            | 16.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*       | 400.0      | 9.00       | 1.80      | \$0.000 |
| 001861 PIZZA, WG CHEESE 5"          | EACH            | 1000      | 360                      | 8.00                   | 510                    | 4                | *N/A*            | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*       | 450.0      | 6.00       | 2.70      | \$0.000 |
| 003102 PIZZA VEGGIE COMBONATION     | SERVINGS        | 1000      | 364                      | 8.06                   | 531                    | *4               | *0               | 17.32     | *0.00      | 35          | 34.41    | 3.11      | 20.11     | *0          | 452.5      | 8.69       | 2.88      | \$0.000 |
| 000433 VEG, MIXED FROZEN            | .5 CUP          | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000943 ICE CREAM, RASPBERRY SHERBET | SERVING         | 3000      | 80                       | 0.50                   | 12                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 18.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE     | 1EA #8 SCOOP    | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0       | 4.94       | 0.31      | \$0.000 |
| 000941 NOODLE, CHOW MEIN            | SERVING         | 2000      | 105                      | 0.00                   | 35                     | *N/A*            | *N/A*            | 1.51      | 0.00       | 0           | 20.57    | 2.01      | 4.01      | *N/A*       | 10.0       | 0.00       | 1.36      | \$0.000 |
| 002197 VEG, KIDNEY BEANS            | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC CHERRY TOM        | .5 CUP          | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*            | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*       | 15.0       | 43.56      | 0.45      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA      | #8 SCOOP        | 1000      | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0        | 2.50       | 0.24      | \$0.000 |
| 001355 FRUIT, STRAWBERRY            | 1/2 cup         | 1000      | 23                       | 0.01                   | 1                      | 4                | 0                | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1           | 11.5       | 42.34      | 0.30      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup          | 1000      | 99                       | 0.15                   | 2                      | 23               | 0                | 0.63      | 0.00       | 0           | 24.72    | 2.64      | 1.35      | 89          | 18.2       | 60.06      | 0.26      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 880                      | 9.21                   | 908                    | *39              | *0               | 23.77     | *0.00      | *44         | 130.63   | 14.74     | 40.50     | *30         | 821.0      | 75.58      | 4.42      | \$0.000 |
| % of Calories                         |              |           |                          | 9.42%                  |                        | *17.7%           | *0%              | 24.3%     | *0.0%      |             | 59.4%    |           | 18.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/04/2025                      Reimbursable Meal Total 3000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002678 BURGER, CHEESE                | EACH         | 1000      | 339                      | 6.50                   | 559                    | 3                | *N/A*            | 15.50     | 0.00       | 47          | 29.00    | 5.00      | 22.00     | *N/A*       | 63.0       | 0.00       | 2.00      | \$0.000 |
| 001036 BURGER, VEGGIE CHEESE         | EACH         | 1000      | 420                      | 5.00                   | 840                    | 5                | *0               | 16.50     | 0.00       | 20          | 42.00    | 10.00     | 26.00     | *N/A*       | 52.0       | 0.00       | 9.00      | \$0.000 |
| 003084 BREAKFAST BURGER              | SANWICHES    | 1000      | 394                      | 10.49                  | 786                    | *2               | *0               | 26.71     | *0.00      | 196         | 16.77    | 1.00      | 25.29     | *N/A*       | 179.6      | 0.00       | 2.80      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY | SERVINGS     | 3000      | 120                      | 0.50                   | 35                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*       | 10.0       | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000042 VEG, PICKLES DILL              | 8 each       | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH              | 4 SLICES     | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*       | 7.4        | 11.51      | 0.27      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 2000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 1500      | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0        | 3.80       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS            | #8 SCOOP     | 1500      | 27                       | 0.01                   | 10                     | *2               | *0               | 0.05      | *0.00      | 0           | 6.45     | 0.57      | 0.55      | *44         | 5.7        | 16.74      | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 739                      | 8.81                   | 1265                   | *29              | *0               | 28.98     | *0.00      | *96         | 87.92    | 8.88      | 36.18     | *81         | *469.7     | *23.93     | *6.03     | \$0.000 |
| % of Calories                         |              |           |                          | 10.73 %                |                        | *15.7%           | *0%              | 35.3%     | *0.0%      |             | 47.6%    |           | 19.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/05/2025                      Reimbursable Meal Total 3000

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002856 CORN DOG, MINI CHICK TYSON | SERVING (6)  | 1000      | 315                      | 3.64                   | 570                    | 6                | *N/A*            | 16.98     | *N/A*      | 49          | 27.89    | 2.42      | 14.55     | *N/A*       | 24.3       | 0.00       | 1.75      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002993 MAC & CHEESE PREMIUM JTM       | 6oz          | 1000      | 317                      | 8.90                   | 781                    | 3                | *N/A*            | 16.00     | 0.00       | 46          | 28.00    | 2.00      | 15.00     | *N/A*       | 368.0      | 0.00       | 1.00      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ        | EACH         | 1000      | 85                       | 0.00                   | 23                     | *N/A*            | *N/A*            | 1.50      | *N/A*      | 9           | 15.00    | 0.60      | 3.10      | *N/A*       | 19.0       | 0.00       | 0.80      | \$0.000 |
| 000613 SANDWICH, RIB A QUE            | EACH         | 1000      | 330                      | 4.00                   | 630                    | 8                | *N/A*            | 11.50     | 0.00       | 40          | 35.00    | 4.00      | 21.00     | *N/A*       | 98.0       | 0.00       | 4.00      | \$0.000 |
| 000424 VEG, GREEN BEANS               | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0       | 4.94       | 0.31      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS    | SERVING      | 2000      | 33                       | 0.00                   | 68                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*       | 17.0       | 3.40       | 0.20      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO     | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*       | 9.2        | 0.00       | 0.66      | \$0.000 |
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 2000      | 24                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*       | 0.0        | 80.76      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 750       | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0        | 3.80       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 750       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 674                      | 6.51                   | 1049                   | *36              | *0               | 19.90     | *0.00      | *57         | 92.68    | 12.06     | 32.47     | *1          | 547.5      | 85.78      | 3.77      | \$0.000 |
| % of Calories                 |              |           |                          | 8.69%                  |                        | *21.4%           | *0%              | 26.6%     | *0.0%      |             | 55.0%    |           | 19.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/08/2025

Reimbursable Meal Total 3000

|                                                   | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003074 Homestyle Chicken Nugget (GK)              | 5 Each         | 1000      | 182                      | 1.62                   | 328                    | 0                | *N/A*            | 9.90      | 0.00       | 34          | 9.50     | 0.00      | 13.50     | *N/A*       | 22.0       | 87.00      | 1.00      | \$0.000 |
| 000392 SANDWICH, GRILLED CHEESE                   | EACH           | 1000      | 537                      | 16.33                  | 1038                   | *4               | *N/A*            | 31.83     | *0.00      | 80          | 36.00    | 4.00      | 28.00     | *N/A*       | 70.0       | 0.00       | 1.80      | \$0.000 |
| 002368 CHICKEN, SPICY NUGGETS 5 EACH              | SERVING 5 EACH | 500       | 177                      | 2.00                   | 470                    | 1                | *N/A*            | 9.00      | 0.00       | 28          | 11.00    | 3.00      | 13.00     | *N/A*       | 40.0       | 0.00       | 1.62      | \$0.000 |
| 003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE | SERVING 2 EACH | 500       | 200                      | 1.00                   | 710                    | *N/A*            | *N/A*            | 7.00      | 0.00       | 35          | 16.00    | 0.00      | 17.00     | *N/A*       | 0.0        | 0.00       | 1.08      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO                | 10 BARRELS     | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS                  | 1/2 CUP        | 2000      | 110                      | 0.00                   | 140                    | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 20.00    | 5.00      | 7.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                         | 1/2 cup        | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |
| 002408 VEG, CARROTS RANCH                         | BAG            | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME                    | BAG            | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 000097 FRUIT, RAISINS                             | BOX            | 1500      | 129                      | 0.04                   | 11                     | 28               | 0                | 0.11      | 0.00       | 0           | 34.11    | 1.94      | 1.42      | 0           | 26.7       | 0.99       | 0.77      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES                   | SERVING        | 1500      | 92                       | 0.00                   | 2                      | 22               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002669 FRUIT, APPLES                  | #8 SCOOP     | 750       | 58                       | 0.00                   | 2                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.84    | 1.13      | 0.00      | *N/A*       | 0.0        | 2.71       | 2.04      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000064 FRUIT, APPLE FRESH             | 1/2 APPLE    | 750       | 50                       | 0.00                   | 1                      | 10               | *N/A*            | 0.00      | 0.00       | 0           | 12.65    | 2.02      | 0.01      | *N/A*       | 10.2       | 4.58       | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 890                      | 8.80                   | 1485                   | *55              | *0               | 30.43     | *0.00      | *55         | 124.63   | 12.71     | 36.07     | *60         | 372.0      | 64.36      | 3.57      | \$0.000 |
| % of Calories                         |              |           |                          | 8.90%                  |                        | *24.7%           | *0%              | 30.8%     | *0.0%      |             | 56.0%    |           | 16.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/09/2025                      Reimbursable Meal Total 3000

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA) | SERVINGS     | 1000      | 229                      | 3.53                   | 335                    | *0               | *0               | 7.74      | *0.00      | 53          | 16.50    | 2.12      | 22.36     | *0          | 65.1       | 1.00       | 1.54      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003075 BURRITO BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 1000      | 321                      | 3.54                   | 475                    | 2                | 0                | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*       | 171.1      | 1.64       | 3.85      | \$0.000 |
| 002730 QUESADILLA CHICKEN 10" WG         | EACH         | 1000      | 430                      | 10.40                  | 922                    | *0               | *N/A*            | 22.06     | 0.00       | 82          | 31.54    | 6.00      | 25.08     | *N/A*       | 36.0       | 9.84       | 3.25      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA           | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED                | .5           | 2000      | 5                        | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.00     | 0.33      | 0.33      | *N/A*       | 6.7        | 1.00       | 0.12      | \$0.000 |
| 001051 SALSA, COMMODITY                  | #8 SCOOP     | 2000      | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                 | .25 CUP      | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*            | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD)      | #8 SCOOP     | 1500      | 111                      | 0.00                   | 334                    | *1               | *1               | 0.00      | *0.00      | 0           | 20.60    | 8.02      | 7.02      | *0          | 35.4       | 2.69       | 1.92      | \$0.000 |
| 003137 CUCUMBER RAW                      | 1/2C SERVING | 1500      | 8                        | 0.00                   | 1                      | 1                | 0                | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR                   | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN      | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 003138 PINEAPPLE RAW                     | 1/2C SERVING | 1500      | 60                       | 0.00                   | 1                      | 11               | 0                | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*       | 12.0       | 5806.00    | 0.05      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN            | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                   |              |           | 777                      | 10.34                  | 1377                   | *25              | *0               | 23.39     | *0.00      | 78          | 97.12    | 16.20     | 43.85     | *0          | 461.5      | 2936.79    | 4.45      | \$0.000 |
| % of Calories                            |              |           |                          | 11.98 %                |                        | *12.9%           | *0%              | 27.1%     | *0.0%      |             | 50.0%    |           | 22.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/10/2025

Reimbursable Meal Total 3000



# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002917 SPAGHETTI W/BEEF CRUMBLES      | 1 CUP           | 1000      | 331                      | 3.49                   | 923                    | *3               | *2               | 8.68      | *0.00      | 38          | 47.79    | 5.67      | 18.44     | *0          | 38.5                   | 10.71      | 2.88      | \$0.000 |
| 002497 SPAGHETTI W/CHEESE SCRATCH CC  | HEAPING # 6 SCP | 1000      | 235                      | 3.04                   | 930                    | *2               | *N/A*            | 5.40      | *0.00      | 15          | 32.09    | 4.07      | 16.19     | *N/A*       | 219.0                  | 10.17      | 1.43      | \$0.000 |
| 002906 SANDWICH CHICKEN PARMESAN      | SANDWICHE S     | 1000      | 456                      | 5.46                   | 1023                   | *8               | *0               | 19.53     | *0.00      | 46          | 45.95    | 4.80      | 26.28     | *0          | 212.6                  | 0.30       | 1.75      | \$0.000 |
| 000433 VEG, MIXED FROZEN              | .5 CUP          | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002886 FRUIT SNACK BY THE FOOT        | EA              | 3000      | 80                       | 0.50                   | 50                     | 10               | *N/A*            | 1.00      | 0.00       | 0           | 17.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP    | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0                   | 4.94       | 0.31      | \$0.000 |
| 000941 NOODLE, CHOW MEIN              | SERVING         | 2000      | 105                      | 0.00                   | 35                     | *N/A*            | *N/A*            | 1.51      | 0.00       | 0           | 20.57    | 2.01      | 4.01      | *N/A*       | 10.0                   | 0.00       | 1.36      | \$0.000 |
| 002197 VEG, KIDNEY BEANS              | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC COLLEGE TOM         | .5 CUP          | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*            | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*       | 15.0                   | 43.56      | 0.45      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA        | #8 SCOOP        | 1000      | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0                    | 2.50       | 0.24      | \$0.000 |
| 001355 FRUIT, STRAWBERRY              | 1/2 cup         | 2000      | 23                       | 0.01                   | 1                      | 4                | 0                | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1           | 11.5                   | 42.34      | 0.30      | \$0.000 |
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup             | 2000      | 99                       | 0.15                   | 2                      | 23               | 0                | 0.63      | 0.00       | 0           | 24.72    | 2.64      | 1.35      | 89          | 18.2                   | 60.06      | 0.26      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ            | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6                    | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS     | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON          | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 900                      | 5.57                   | 1369                   | *58              | *1               | 18.49     | *0.00      | *42         | 147.52   | 17.91     | 41.37     | *60         | 533.5      | 108.88     | 4.16      | \$0.000 |
| % of Calories                 |              |           |                          | 5.57%                  |                        | *25.8%           | *0.4%            | 18.5%     | *0.0%      |             | 65.6%    |           | 18.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/11/2025

Reimbursable Meal Total 3000

|                                   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000162 TURKEY, HOT DOG ON A BUN   | EACH            | 1000      | 280                      | 3.00                   | 730                    | 5                | *N/A*            | 13.50     | 0.00       | 55          | 32.00    | 3.00      | 13.00     | *N/A*       | 64.0       | 0.00       | 3.08      | \$0.000 |
| 002189 BREADSTICK, CHEESE 4 BITES | 4 EACH          | 1000      | 280                      | 4.00                   | 540                    | 0                | *N/A*            | 12.00     | 0.00       | 20          | 28.00    | 4.00      | 16.00     | *N/A*       | 240.0      | 0.00       | 1.44      | \$0.000 |
| 003152 1/4# Hot Dog on a bun      | 1 Hot Dog w/bun | 1000      | 507                      | 12.93                  | 1269                   | *3               | *N/A*            | 32.68     | 0.00       | 64          | 34.24    | 3.00      | 18.25     | *N/A*       | 210.4      | 0.01       | 19.55     | \$0.000 |
| 002378 CHILI, SAUCE HOT DOG       | #20 SCOOP 1.5OZ | 1000      | 76                       | 1.24                   | 272                    | *0               | *0               | 4.06      | *0.60      | 16          | 5.70     | 1.07      | 4.98      | *0          | 14.2       | 3.25       | 0.66      | \$0.000 |
| 002984 POTATO MCCAIN SPIRAL FRIES | 1/2 cup         | 3000      | 188                      | 1.25                   | 450                    | 0                | *N/A*            | 10.01     | 0.00       | 0           | 25.01    | 1.25      | 2.50      | *N/A*       | 12.5       | 0.00       | 0.50      | \$0.000 |
| 003064 LETTUCE GREEN LEAF         | 1/2 cup         | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL          | 8 each          | 1500      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH          | 4 SLICES        | 1500      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*       | 7.4        | 11.51      | 0.27      | \$0.000 |
| 000450 VEG, CARROTS BABY          | BAG             | 1500      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA    | #8 SCOOP        | 1500      | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0        | 3.80       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS        | #8 SCOOP        | 1500      | 27                       | 0.01                   | 10                     | *2               | *0               | 0.05      | *0.00      | 0           | 6.45     | 0.57      | 0.55      | *44         | 5.7        | 16.74      | 0.18      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 795                      | 9.28                   | 1814                   | *28              | *0               | 35.16     | *0.20      | *60         | 95.22    | 7.11      | 30.41     | *81         | *545.3     | *22.07     | *9.72     | \$0.000 |
| % of Calories                         |              |           |                          | 10.51 %                |                        | *14.1%           | *0%              | 39.8%     | *0.2%      |             | 47.9%    |           | 15.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/12/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002928 SANDWICH CHICKEN BBQ GRILLED | EA           | 1000      | 280                      | 0.00                   | 690                    | *3               | *N/A*            | 5.10      | *0.00      | 65          | 34.00    | 4.18      | 27.40     | *N/A*       | *48.0      | *1.20      | *1.29     | \$0.000 |
| 002763 SANDWICH, VEGGIE STACKER     | SANDWICH     | 1000      | 518                      | 16.00                  | 994                    | *3               | *N/A*            | 30.50     | *0.00      | 80          | 32.75    | 4.46      | 27.46     | *N/A*       | 55.3       | 3.70       | 1.16      | \$0.000 |
| 002401 CHICKEN, OVEN ROASTED        | SERVING      | 1000      | 100                      | 2.00                   | 200                    | 0                | *N/A*            | 6.60      | 0.00       | 37          | 0.00     | 0.00      | 9.30      | *N/A*       | 0.0        | 0.00       | 0.47      | \$0.000 |
| 000424 VEG, GREEN BEANS             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE     | 1EA #8 SCOOP | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0       | 4.94       | 0.31      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS  | SERVING      | 2000      | 33                       | 0.00                   | 68                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*       | 17.0       | 3.40       | 0.20      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003165 BAR VEG, PEAS FROZEN SYSCO     | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*       | 9.2                    | 0.00       | 0.66      | \$0.000 |
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 2000      | 24                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*       | 0.0                    | 80.76      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 2000      | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0                    | 3.80       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 500       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6                    | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 644                      | 6.99                   | 1011                   | *38              | *0               | 18.62     | *0.00      | *69         | 84.14    | 12.18     | 35.74     | *1          | *411.0                 | *82.05     | *2.23     | \$0.000 |
| % of Calories                         |              |           |                          | 9.77%                  |                        | *23.6%           | *0%              | 26.0%     | *0.0%      |             | 52.3%    |           | 22.2%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Monday - 09/15/2025                      Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001137 SANDWICH, HAM & CHEESE        | SERVING      | 1000      | 483                      | 10.24                  | 1307                   | 6                | *N/A*            | 21.48     | 0.00       | 101         | 42.24    | 6.00      | 35.69     | *N/A*       | 72.0                   | 0.00       | *2.00     | \$0.000 |
| 002777 SANDWICH, PB & GRAPE WG 2.6OZ | EACH         | 250       | 300                      | 3.00                   | 280                    | 14               | *N/A*            | 17.00     | 0.00       | 0           | 32.00    | 4.00      | 8.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002778 SANDWICH, PB & STRAWWG 2.6OZ  | EACH         | 250       | 300                      | 3.50                   | 370                    | 15               | 13               | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*       | 44.0                   | 0.00       | 1.00      | \$0.000 |
| 002277 SANDWICH, SB & GRAPE WG 2.8OZ | EACH         | 500       | 310                      | 2.00                   | 250                    | *N/A*            | *N/A*            | 17.00     | 0.00       | 0           | 33.00    | 5.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 2.70      | \$0.000 |
| 002791 CHEESE, MOZZARELLA STRING     | EACH         | 1000      | 80                       | 3.00                   | 200                    | 0                | *N/A*            | 6.00      | 0.00       | 20          | 1.00     | 0.00      | 6.00      | *N/A*       | 220.0                  | 0.00       | 0.00      | \$0.000 |
| 002313 CHICKEN, BONLES WINGS 5 EACH  | SERVING      | 1000      | 250                      | 2.00                   | 400                    | 1                | *N/A*            | 11.00     | 0.00       | 55          | 15.00    | 2.00      | 23.00     | *N/A*       | 20.0                   | 0.00       | 1.80      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000598 POTATO, CHIP .5 OZ LAYS       | BAG          | 3000      | 75                       | 0.48                   | 75                     | 0                | *N/A*            | 4.82      | 0.01       | 0           | 7.63     | 0.44      | 0.91      | 0           | 3.0                    | 3.06       | 0.18      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS     | 1/2 CUP      | 2000      | 110                      | 0.00                   | 140                    | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 20.00    | 5.00      | 7.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6                    | 2.21       | 0.21      | \$0.000 |
| 002408 VEG, CARROTS RANCH            | BAG          | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0                   | 4.80       | 0.36      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME       | BAG          | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 1.00      | *N/A*       | 20.0                   | 4.80       | 0.36      | \$0.000 |
| 000097 FRUIT, RAISINS                | BOX          | 1500      | 129                      | 0.04                   | 11                     | 28               | 0                | 0.11      | 0.00       | 0           | 34.11    | 1.94      | 1.42      | 0           | 26.7                   | 0.99       | 0.77      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES      | SERVING      | 1500      | 92                       | 0.00                   | 2                      | 22               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA        | #8 SCOOP     | 750       | 58                       | 0.00                   | 2                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.84    | 1.13      | 0.00      | *N/A*       | 0.0                    | 2.71       | 2.04      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000064 FRUIT, APPLE FRESH            | 1/2 APPLE    | 750       | 50                       | 0.00                   | 1                      | 10               | *N/A*            | 0.00      | 0.00       | 0           | 12.65    | 2.02      | 0.01      | *N/A*       | 10.2                   | 4.58       | 0.18      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6                    | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 1054                     | 8.96                   | 1660                   | *61              | *1               | 37.41     | *0.01      | *67         | 144.98   | 15.48     | 44.13     | *60         | 507.0                  | 38.58      | *4.28     | \$0.000 |
| % of Calories                         |              |           |                          | 7.65%                  |                        | *23.1%           | *0.4%            | 31.9%     | *0.0%      |             | 55.0%    |           | 16.7%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Tuesday - 09/16/2025

Reimbursable Meal Total 3000

|                                                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003079 TAMALES SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS | 1 TAMALES    | 1000      | 342                      | 7.68                   | 640                    | 2                | 0                | 16.29     | 0.00       | 45          | 29.96    | 3.17      | 18.93     | *N/A*       | 210.2                  | 1.35       | 2.27      | \$0.000 |
| 003055 TAMALES CHEESE WHOLE GRAIN                          | SERVINGS     | 1000      | 379                      | 7.99                   | 469                    | 0                | 0                | 26.95     | 0.00       | 35          | 28.95    | 0.00      | 11.98     | *N/A*       | 265.5                  | 0.00       | 1.00      | \$0.000 |
| 000352 POCKET, TACO 4.5 OZ                                 | POCKET       | 1000      | 260                      | 2.50                   | 390                    | 1                | *N/A*            | 8.00      | 0.00       | 35          | 31.00    | 4.00      | 17.00     | *N/A*       | 80.0                   | 1.20       | 2.70      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA                             | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED                                  | .5           | 2000      | 5                        | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.00     | 0.33      | 0.33      | *N/A*       | 6.7                    | 1.00       | 0.12      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*            | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 111                      | 0.00                   | 334                    | *1               | *1               | 0.00      | *0.00      | 0           | 20.60    | 8.02      | 7.02      | *0          | 35.4       | 2.69       | 1.92      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 8                        | 0.00                   | 1                      | 1                | 0                | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 60                       | 0.00                   | 1                      | 11               | 0                | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*       | 12.0       | 5806.00    | 0.05      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average              |              |           | 778                      | 10.57                  | 1300                   | *25              | *0               | 27.61     | *0.00      | 67          | 96.35    | 13.16     | 38.43     | *0          | 556.1      | 2933.48    | 3.56      | \$0.000 |
| % of Calories                       |              |           |                          | 12.23 %                |                        | *12.9%           | *0%              | 31.9%     | *0.0%      |             | 49.5%    |           | 19.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/17/2025      Reimbursable Meal Total 3000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001488 CHICKEN, ORANGE MANDARIN nood | SERVING      | 1000      | 348                      | 0.83                   | 488                    | *N/A*            | *N/A*            | 7.85      | *0.00      | 40          | 53.78    | 3.42      | 17.92     | *N/A*       | 17.8       | 1.28       | 3.05      | \$0.000 |
| 002979 TOFU TERI WITH NOODLES        | HEAPING #16  | 1000      | 215                      | 0.43                   | 388                    | *2               | *2               | 5.55      | *0.00      | 0           | 37.42    | 3.44      | 7.12      | *0          | 18.5       | 0.08       | 2.40      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001930 SANDWICH, TURKEY & CHEESE      | EACH            | 1000      | 396                      | 9.00                   | 929                    | 4                | *N/A*            | 18.00     | 0.00       | 68          | 35.00    | 4.00      | 27.00     | *N/A*       | 78.0                   | 2.60       | 2.28      | \$0.000 |
| 000607 COOKIE, FORTUNE                | COOKIE          | 3000      | 30                       | 0.06                   | 7                      | *N/A*            | *N/A*            | 0.20      | *N/A*      | 1           | 6.67     | 0.18      | 0.42      | *N/A*       | 1.5                    | 0.12       | 0.18      | \$0.000 |
| 000433 VEG, MIXED FROZEN              | .5 CUP          | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP    | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0                   | 4.94       | 0.31      | \$0.000 |
| 000941 NOODLE, CHOW MEIN              | SERVING         | 2000      | 105                      | 0.00                   | 35                     | *N/A*            | *N/A*            | 1.51      | 0.00       | 0           | 20.57    | 2.01      | 4.01      | *N/A*       | 10.0                   | 0.00       | 1.36      | \$0.000 |
| 002197 VEG, KIDNEY BEANS              | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC COL                 | .5 CUP          | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*            | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*       | 15.0                   | 43.56      | 0.45      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA        | #8 SCOOP        | 1500      | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0                    | 2.50       | 0.24      | \$0.000 |
| 001355 FRUIT, STRAWBERRY              | 1/2 cup         | 1500      | 23                       | 0.01                   | 1                      | 4                | 0                | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1           | 11.5                   | 42.34      | 0.30      | \$0.000 |
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup             | 1500      | 99                       | 0.15                   | 2                      | 23               | 0                | 0.63      | 0.00       | 0           | 24.72    | 2.64      | 1.35      | 89          | 18.2                   | 60.06      | 0.26      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ            | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6                    | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS     | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON          | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 819                      | 4.53                   | 970                    | *43              | *1               | 16.81     | *0.00      | *46         | 134.77   | 16.51     | 38.53     | *45         | 412.7      | 86.61      | 4.84      | \$0.000 |
| % of Calories                 |              |           |                          | 4.98%                  |                        | *21.0%           | *0.5%            | 18.5%     | *0.0%      |             | 65.8%    |           | 18.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/18/2025                      Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001583 CHICK ON BUN SPICY TYSON       | EACH         | 1000      | 232                      | 2.50                   | 343                    | 1                | *1               | 13.02     | 0.00       | 20          | 15.27    | 2.04      | 13.07     | *N/A*       | 30.5       | 0.00       | 2.01      | \$0.000 |
| 002071 WRAP, VEGETARIAN 2/2           | EACH         | 1000      | 612                      | 17.51                  | 1165                   | *0               | *0               | 35.57     | *0.00      | 80          | 42.58    | 6.74      | 28.70     | *0          | 63.8       | 113.45     | 3.93      | \$0.000 |
| 002968 SANDWICH CHICKEN BUFFALO GRLD  | EA           | 1000      | 106                      | 0.00                   | 768                    | 0                | *N/A*            | 2.60      | 0.00       | 65          | 1.08     | 0.16      | 20.28     | *N/A*       | *1.9       | *0.00      | *0.04     | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT | 1/2 CUP      | 3000      | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0        | 0.00       | 0.83      | \$0.000 |
| 003064 LETTUCE GREEN LEAF             | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL              | 8 each       | 1500      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH              | 4 SLICES     | 1500      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*       | 7.4        | 11.51      | 0.27      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 1500      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 1500      | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0        | 3.80       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS            | #8 SCOOP     | 1500      | 27                       | 0.01                   | 10                     | *2               | *0               | 0.05      | *0.00      | 0           | 6.45     | 0.57      | 0.55      | *44         | 5.7        | 16.74      | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002265 DRESSING, ITALIAN LOW SODIUM | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND         | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average              |              |           | 709                      | 8.48                   | 1650                   | *26              | *0               | 28.11     | *0.00      | *64         | 83.08    | 6.81      | 32.85     | *81         | *388.7     | *58.80     | *3.79     | \$0.000 |
| % of Calories                       |              |           |                          | 10.76 %                |                        | *14.7%           | *0%              | 35.7%     | *0.0%      |             | 46.9%    |           | 18.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/19/2025

Reimbursable Meal Total 3000

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000912 CORN DOG, CHICKEN WG 4 OZ                     | SERVING      | 1000      | 240                      | 2.50                   | 390                    | *N/A*            | *N/A*            | 8.00      | 0.00       | 40          | 30.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 1.80      | \$0.000 |
| 003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS | SERVINGS     | 1000      | 323                      | 6.94                   | 405                    | 1                | 0                | 14.03     | 0.00       | 40          | 32.31    | 4.45      | 16.89     | *N/A*       | 25.1       | 2.01       | 10.04     | \$0.000 |
| 002949 HOT POCKET SANDWICH PEPPERONI                 | EACH         | 1000      | 291                      | 6.02                   | 572                    | 3                | *N/A*            | 12.04     | 0.00       | 25          | 36.13    | 1.00      | 9.03      | *N/A*       | 100.4      | 0.00       | 2.71      | \$0.000 |
| 000424 VEG, GREEN BEANS                              | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE                      | 1EA #8 SCOOP | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0       | 4.94       | 0.31      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS                   | SERVING      | 1500      | 33                       | 0.00                   | 68                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*       | 17.0       | 3.40       | 0.20      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO                    | .5 CUP       | 1500      | 46                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*       | 9.2        | 0.00       | 0.66      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 1500      | 24                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*       | 0.0        | 80.76      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 750       | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0        | 3.80       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 750       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 592                      | 6.15                   | 825                    | *31              | *0               | 15.91     | *0.00      | *44         | 86.93    | 11.55     | 25.38     | *1          | 441.8      | 72.42      | 5.96      | \$0.000 |
| % of Calories                         |              |           |                          | 9.35%                  |                        | *20.9%           | *0%              | 24.2%     | *0.0%      |             | 58.7%    |           | 17.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/22/2025

Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002475 CHICKEN, POPCORN WG 10 EACH RC | SERVING (10) | 1500      | 180                      | 2.00                   | 420                    | 0                | *N/A*            | 9.00      | 0.00       | 20          | 12.00    | 3.00      | 12.00     | *N/A*       | 40.0       | 0.00       | 1.80      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002763 SANDWICH, VEGGIE STACKER          | SANDWICH     | 500       | 518                      | 16.00                  | 994                    | *3               | *N/A*            | 30.50     | *0.00      | 80          | 32.75    | 4.46      | 27.46     | *N/A*       | 55.3       | 3.70       | 1.16      | \$0.000 |
| 003075 BURRITO BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 1000      | 321                      | 3.54                   | 475                    | 2                | 0                | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*       | 171.1      | 1.64       | 3.85      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO       | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000598 POTATO, CHIP .5 OZ LAYS           | BAG          | 3000      | 75                       | 0.48                   | 75                     | 0                | *N/A*            | 4.82      | 0.01       | 0           | 7.63     | 0.44      | 0.91      | 0           | 3.0        | 3.06       | 0.18      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS         | 1/2 CUP      | 2000      | 110                      | 0.00                   | 140                    | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 20.00    | 5.00      | 7.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |
| 002408 VEG, CARROTS RANCH                | BAG          | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME           | BAG          | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 000097 FRUIT, RAISINS                    | BOX          | 1500      | 129                      | 0.04                   | 11                     | 28               | 0                | 0.11      | 0.00       | 0           | 34.11    | 1.94      | 1.42      | 0           | 26.7       | 0.99       | 0.77      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES          | SERVING      | 1500      | 92                       | 0.00                   | 2                      | 22               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA            | #8 SCOOP     | 750       | 58                       | 0.00                   | 2                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.84    | 1.13      | 0.00      | *N/A*       | 0.0        | 2.71       | 2.04      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000064 FRUIT, APPLE FRESH                | 1/2 APPLE    | 750       | 50                       | 0.00                   | 1                      | 10               | *N/A*            | 0.00      | 0.00       | 0           | 12.65    | 2.02      | 0.01      | *N/A*       | 10.2       | 4.58       | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS    | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM      | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND              | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 964                      | 7.85                   | 1463                   | *57              | *0               | 31.52     | *0.01      | *37         | 140.91   | 16.28     | 35.62     | *60         | 477.3      | 39.74      | 4.74      | \$0.000 |
| % of Calories                 |              |           |                          | 7.33%                  |                        | *23.7%           | *0%              | 29.4%     | *0.0%      |             | 58.5%    |           | 14.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/23/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002706 NACHOS, BEEF&CHEESE (K-8)    | SERVING      | 1000      | 452                      | 9.76                   | 735                    | *2               | *N/A*            | 23.19     | *0.00      | 68          | 37.77    | 5.60      | 21.77     | *N/A*       | 250.6      | 4.07       | 1.29      | \$0.000 |
| 002304 NACHOS, BEAN & CHEESE (K-8)  | SERVING      | 1000      | 374                      | 6.12                   | 608                    | *1               | *N/A*            | 15.64     | *0.00      | 28          | 42.20    | 6.10      | 13.65     | *N/A*       | 236.0      | 2.49       | 0.86      | \$0.000 |
| 002943 CHICKEN TAQUITO              | SERVINGS     | 1000      | 213                      | 1.01                   | 162                    | 0                | *N/A*            | 5.06      | 0.00       | 20          | 33.42    | 5.06      | 8.10      | *N/A*       | 60.8       | 0.00       | 7.29      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA      | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED           | .5           | 2000      | 5                        | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.00     | 0.33      | 0.33      | *N/A*       | 6.7        | 1.00       | 0.12      | \$0.000 |
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*            | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 111                      | 0.00                   | 334                    | *1               | *1               | 0.00      | *0.00      | 0           | 20.60    | 8.02      | 7.02      | *0          | 35.4       | 2.69       | 1.92      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 8                        | 0.00                   | 1                      | 1                | 0                | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 60                       | 0.00                   | 1                      | 11               | 0                | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*       | 12.0       | 5806.00    | 0.05      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average              |              |           | 797                      | 10.15                  | 1302                   | *25              | *0               | 25.16     | *0.00      | 67          | 104.18   | 16.36     | 36.97     | *0          | 553.3      | 2934.82    | 4.71      | \$0.000 |
| % of Calories                       |              |           |                          | 11.46 %                |                        | *12.5%           | *0%              | 28.4%     | *0.0%      |             | 52.3%    |           | 18.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/24/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001862 PIZZA, WG PEP 5"             | EACH         | 1000      | 360                      | 7.00                   | 570                    | 4                | *N/A*            | 16.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*       | 400.0      | 9.00       | 1.80      | \$0.000 |
| 001861 PIZZA, WG CHEESE 5"          | EACH         | 1000      | 360                      | 8.00                   | 510                    | 4                | *N/A*            | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*       | 450.0      | 6.00       | 2.70      | \$0.000 |
| 003102 PIZZA VEGGIE COMBONATION     | SERVINGS     | 1000      | 364                      | 8.06                   | 531                    | *4               | *0               | 17.32     | *0.00      | 35          | 34.41    | 3.11      | 20.11     | *0          | 452.5      | 8.69       | 2.88      | \$0.000 |
| 000433 VEG, MIXED FROZEN            | .5 CUP       | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000943 ICE CREAM, RASPBERRY SHERBET | SERVING      | 3000      | 80                       | 0.50                   | 12                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 18.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE     | 1EA #8 SCOOP | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0       | 4.94       | 0.31      | \$0.000 |
| 000941 NOODLE, CHOW MEIN            | SERVING      | 2000      | 105                      | 0.00                   | 35                     | *N/A*            | *N/A*            | 1.51      | 0.00       | 0           | 20.57    | 2.01      | 4.01      | *N/A*       | 10.0       | 0.00       | 1.36      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002197 VEG, KIDNEY BEANS              | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROC CHERRY TOM           | .5 CUP          | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*            | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*       | 15.0       | 43.56      | 0.45      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA        | #8 SCOOP        | 1000      | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0        | 2.50       | 0.24      | \$0.000 |
| 001355 FRUIT, STRAWBERRY              | 1/2 cup         | 1000      | 23                       | 0.01                   | 1                      | 4                | 0                | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1           | 11.5       | 42.34      | 0.30      | \$0.000 |
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup             | 1000      | 99                       | 0.15                   | 2                      | 23               | 0                | 0.63      | 0.00       | 0           | 24.72    | 2.64      | 1.35      | 89          | 18.2       | 60.06      | 0.26      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET          | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ            | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS     | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON          | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING         | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |                 |           | 880                      | 9.21                   | 908                    | *39              | *0               | 23.77     | *0.00      | *44         | 130.63   | 14.74     | 40.50     | *30         | 821.0      | 75.58      | 4.42      | \$0.000 |
| % of Calories                         |                 |           |                          | 9.42%                  |                        | *17.7%           | *0%              | 24.3%     | *0.0%      |             | 59.4%    |           | 18.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |                 |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/25/2025                      Reimbursable Meal Total 3000

|                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002678 BURGER, CHEESE | EACH         | 1000      | 339                      | 6.50                   | 559                    | 3                | *N/A*            | 15.50     | 0.00       | 47          | 29.00    | 5.00      | 22.00     | *N/A*       | 63.0       | 0.00       | 2.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001036 BURGER, VEGGIE CHEESE          | EACH         | 1000      | 420                      | 5.00                   | 840                    | 5                | *0               | 16.50     | 0.00       | 20          | 42.00    | 10.00     | 26.00     | *N/A*       | 52.0       | 0.00       | 9.00      | \$0.000 |
| 003084 BREAKFAST BURGER               | SANWICHES    | 1000      | 394                      | 10.49                  | 786                    | *2               | *0               | 26.71     | *0.00      | 196         | 16.77    | 1.00      | 25.29     | *N/A*       | 179.6      | 0.00       | 2.80      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY  | SERVINGS     | 3000      | 120                      | 0.50                   | 35                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*       | 10.0       | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF             | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL              | 8 each       | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH              | 4 SLICES     | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*       | 7.4        | 11.51      | 0.27      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 2000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 1500      | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0        | 3.80       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS            | #8 SCOOP     | 1500      | 27                       | 0.01                   | 10                     | *2               | *0               | 0.05      | *0.00      | 0           | 6.45     | 0.57      | 0.55      | *44         | 5.7        | 16.74      | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6        | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 739                      | 8.81                   | 1265                   | *29              | *0               | 28.98     | *0.00      | *96         | 87.92    | 8.88      | 36.18     | *81         | *469.7     | *23.93     | *6.03     | \$0.000 |
| % of Calories                         |              |           |                          | 10.73 %                |                        | *15.7%           | *0%              | 35.3%     | *0.0%      |             | 47.6%    |           | 19.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |



Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Friday - 09/26/2025                      Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002856 CORN DOG, MINI CHICK TYSON     | SERVING (6)  | 1000      | 315                      | 3.64                   | 570                    | 6                | *N/A*            | 16.98     | *N/A*      | 49          | 27.89    | 2.42      | 14.55     | *N/A*       | 24.3                   | 0.00       | 1.75      | \$0.000 |
| 002993 MAC & CHEESE PREMIUM JTM       | 6oz          | 1000      | 317                      | 8.90                   | 781                    | 3                | *N/A*            | 16.00     | 0.00       | 46          | 28.00    | 2.00      | 15.00     | *N/A*       | 368.0                  | 0.00       | 1.00      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ        | EACH         | 1000      | 85                       | 0.00                   | 23                     | *N/A*            | *N/A*            | 1.50      | *N/A*      | 9           | 15.00    | 0.60      | 3.10      | *N/A*       | 19.0                   | 0.00       | 0.80      | \$0.000 |
| 000613 SANDWICH, RIB A QUE            | EACH         | 1000      | 330                      | 4.00                   | 630                    | 8                | *N/A*            | 11.50     | 0.00       | 40          | 35.00    | 4.00      | 21.00     | *N/A*       | 98.0                   | 0.00       | 4.00      | \$0.000 |
| 000424 VEG, GREEN BEANS               | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 4                        | 0.00                   | 7                      | *N/A*            | *N/A*            | 0.04      | *0.00      | 0           | 0.65     | 0.38      | 0.34      | *N/A*       | 11.0                   | 4.94       | 0.31      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS    | SERVING      | 2000      | 33                       | 0.00                   | 68                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*       | 17.0                   | 3.40       | 0.20      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO     | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*       | 9.2                    | 0.00       | 0.66      | \$0.000 |
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 2000      | 24                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*       | 0.0                    | 80.76      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 750       | 60                       | 0.00                   | 5                      | 13               | *N/A*            | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*       | 6.0                    | 3.80       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 750       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6                    | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE          | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 674                      | 6.51                   | 1049                   | *36              | *0               | 19.90     | *0.00      | *57         | 92.68    | 12.06     | 32.47     | *1          | 547.5      | 85.78      | 3.77      | \$0.000 |
| % of Calories                 |              |           |                          | 8.69%                  |                        | *21.4%           | *0%              | 26.6%     | *0.0%      |             | 55.0%    |           | 19.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/29/2025

Reimbursable Meal Total 3000

|                                                   | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003074 Homestyle Chicken Nugget (GK)              | 5 Each         | 1000      | 182                      | 1.62                   | 328                    | 0                | *N/A*            | 9.90      | 0.00       | 34          | 9.50     | 0.00      | 13.50     | *N/A*       | 22.0       | 87.00      | 1.00      | \$0.000 |
| 000392 SANDWICH, GRILLED CHEESE                   | EACH           | 1000      | 537                      | 16.33                  | 1038                   | *4               | *N/A*            | 31.83     | *0.00      | 80          | 36.00    | 4.00      | 28.00     | *N/A*       | 70.0       | 0.00       | 1.80      | \$0.000 |
| 002368 CHICKEN, SPICY NUGGETS 5 EACH              | SERVING 5 EACH | 500       | 177                      | 2.00                   | 470                    | 1                | *N/A*            | 9.00      | 0.00       | 28          | 11.00    | 3.00      | 13.00     | *N/A*       | 40.0       | 0.00       | 1.62      | \$0.000 |
| 003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE | SERVING 2 EACH | 500       | 200                      | 1.00                   | 710                    | *N/A*            | *N/A*            | 7.00      | 0.00       | 35          | 16.00    | 0.00      | 17.00     | *N/A*       | 0.0        | 0.00       | 1.08      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO                | 10 BARRELS     | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS                  | 1/2 CUP        | 2000      | 110                      | 0.00                   | 140                    | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 20.00    | 5.00      | 7.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                         | 1/2 cup        | 2000      | 4                        | 0.00                   | 7                      | 0                | 0                | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89          | 8.6        | 2.21       | 0.21      | \$0.000 |
| 002408 VEG, CARROTS RANCH                         | BAG            | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME                    | BAG            | 1500      | 25                       | 0.00                   | 200                    | 4                | *N/A*            | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 000097 FRUIT, RAISINS                 | BOX          | 1500      | 129                      | 0.04                   | 11                     | 28               | 0                | 0.11      | 0.00       | 0           | 34.11    | 1.94      | 1.42      | 0           | 26.7                   | 0.99       | 0.77      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES       | SERVING      | 1500      | 92                       | 0.00                   | 2                      | 22               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA         | #8 SCOOP     | 750       | 58                       | 0.00                   | 2                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.84    | 1.13      | 0.00      | *N/A*       | 0.0                    | 2.71       | 2.04      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000064 FRUIT, APPLE FRESH             | 1/2 APPLE    | 750       | 50                       | 0.00                   | 1                      | 10               | *N/A*            | 0.00      | 0.00       | 0           | 12.65    | 2.02      | 0.01      | *N/A*       | 10.2                   | 4.58       | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 109                      | 1.75                   | 1                      | *0               | *0               | 12.25     | *0.00      | 0           | 0.28     | 0.05      | 0.05      | *0          | 1.6                    | 0.16       | 0.03      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 50                       | 0.75                   | 100                    | 2                | *N/A*            | 4.00      | 0.00       | 5           | 4.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 500       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 890                      | 8.80                   | 1485                   | *55              | *0               | 30.43     | *0.00      | *55         | 124.63   | 12.71     | 36.07     | *60         | 372.0                  | 64.36      | 3.57      | \$0.000 |
| % of Calories                         |              |           |                          | 8.90%                  |                        | *24.7%           | *0%              | 30.8%     | *0.0%      |             | 56.0%    |           | 16.2%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Tuesday - 09/30/2025                      Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA) | SERVINGS     | 1000      | 229                      | 3.53                   | 335                    | *0               | *0               | 7.74      | *0.00      | 53          | 16.50    | 2.12      | 22.36     | *0          | 65.1       | 1.00       | 1.54      | \$0.000 |
| 003075 BURRITO BEAN AND CHEESE LOS CABOS        | 1 BURRITO    | 1000      | 321                      | 3.54                   | 475                    | 2                | 0                | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*       | 171.1      | 1.64       | 3.85      | \$0.000 |
| 002730 QUESADILLA CHICKEN 10" WG                | EACH         | 1000      | 430                      | 10.40                  | 922                    | *0               | *N/A*            | 22.06     | 0.00       | 82          | 31.54    | 6.00      | 25.08     | *N/A*       | 36.0       | 9.84       | 3.25      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA                  | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED                       | .5           | 2000      | 5                        | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.00     | 0.33      | 0.33      | *N/A*       | 6.7        | 1.00       | 0.12      | \$0.000 |
| 001051 SALSA, COMMODITY                         | #8 SCOOP     | 2000      | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                        | .25 CUP      | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*            | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD)             | #8 SCOOP     | 1500      | 111                      | 0.00                   | 334                    | *1               | *1               | 0.00      | *0.00      | 0           | 20.60    | 8.02      | 7.02      | *0          | 35.4       | 2.69       | 1.92      | \$0.000 |
| 003137 CUCUMBER RAW                             | 1/2C SERVING | 1500      | 8                        | 0.00                   | 1                      | 1                | 0                | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR                          | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN             | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 003138 PINEAPPLE RAW                            | 1/2C SERVING | 1500      | 60                       | 0.00                   | 1                      | 11               | 0                | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*       | 12.0       | 5806.00    | 0.05      | \$0.000 |
| 000230 MILK,1% WHITE                            | CARTON       | 900       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                   | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN                   | SERVING      | 100       | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                          |              |           | 777                      | 10.34                  | 1377                   | *25              | *0               | 23.39     | *0.00      | 78          | 97.12    | 16.20     | 43.85     | *0          | 461.5      | 2936.79    | 4.45      | \$0.000 |
| % of Calories                                   |              |           |                          | 11.98 %                |                        | *12.9%           | *0%              | 27.1%     | *0.0%      |             | 50.0%    |           | 22.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline                       |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

|                   |  | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|-------------------|--|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| Weighted Averages |  | 799                         | 8                         | 1278                      | *37                    | *0                     | 25.38        | *0.01         | *61            | 108.96      | 13.28        | 36.88        | *35            | *510.6        | *746.91       | *4.63        | \$0.000 |
| % of Calories     |  |                             | 9.44%                     |                           | *18.5%                 | *0%                    | 28.6%        | *0.0%         |                | 54.5%       |              | 18.5%        |                |               |               |              |         |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.