

MENU

LMHS lunch menu

MARCH

| | | | | |
|---|---|--|---|--|
| <p>02</p> <p>Cheeseburger Curly fries Cucumber slices Fresh fruit</p> | <p>03</p> <p>Carne asada street tacos Tortilla chips Beans Corn Fresh fruit</p> | <p>04</p> <p>Turkey BLT on a croissant Chips Carrot sticks Fresh fruit</p> | <p>05</p> <p>Hot wings Waffle fries Texas toast Carrot sticks Fresh fruit</p> | <p>06</p> <p>Papa Murphey's pizza Caesar salad Fresh fruit</p> |
| <p>09</p> <p>Spicy chicken sandwich Curly fries Cucumber slices Fresh fruit</p> | <p>10</p> <p>Chicken tinga tostadas Refried beans Fresh fruit ice cream and cookies</p> | <p>11</p> <p>BBQ ribs Potato salad Hawaiian roll Carrot sticks Fresh fruit</p> | <p>12</p> <p>Popcorn chicken bowl Texas toast Fresh fruit</p> | <p>13</p> <p>Lasagna Caesar salad Fresh fruit</p> |
| <p>16</p> <p>BBQ pork rib sandwich Curly fries Cucumber slices Fresh fruit</p> | <p>17</p> <p>Beef, cheese, and rice burrito Refried beans Corn Fresh fruit</p> | <p>18</p> <p>Hot Italian sub Chips Carrot sticks Fresh fruit</p> | <p>19</p> <p>Teriyaki chicken Rice Dumplings Steamed broccoli Carrot sticks Fresh fruit</p> | <p>20</p> <p>Papa Murphey's pizza Caesar salad Fresh fruit</p> |
| <p>23</p> <p>Crispy chicken sandwich Curly fries Cucumber slices Fresh fruit</p> | <p>24</p> <p>Posole Tortilla chips Refried beans Fresh fruit</p> | <p>25</p> <p>Philly cheesesteak Grilled peppers and onions Carrot sticks Chips Fresh fruit</p> | <p>26</p> <p>Chicken tenders Fries Texas toast Carrot sticks Fresh fruit</p> | <p>27</p> <p>Meatball sub Caesar salad Fresh fruit</p> |
| <p>30</p> <p>BBQ pulled pork sandwich Curly fries Cucumber slices Fresh fruit</p> | <p>31</p> <p>Tamales Red rice Refried beans Corn Fresh fruit</p> | <p>00</p> | <p>00</p> | <p>00</p> |

Whole, 1%, 2%,
and non-fat flavored
milk offered at
lunch.

Alternative options offered daily:

Chicken drumstick and garlic knot

Bosco's pizza sticks

Salad bar

Whole grain cookies served with all lunches
on Fridays.

Students must take
at least ½ cup of
fruit or veggies with
lunch



MENU

LMHS breakfast menu

MARCH

| | | | | | | | | | |
|--|----|---|----|--|----|---|----|--|----|
| Muffin String cheese Fresh fruit | 02 | Pancakes Sausage Fresh fruit | 03 | Benefit bar Yogurt Fresh fruit | 04 | Yogurt parfait | 05 | Sausage mcmuffin sandwich Fresh fruit | 06 |
| Banana bread String cheese Fresh fruit | 09 | Waffle Sausage Fresh fruit | 10 | Mini cream cheese filled bagels Fresh fruit | 11 | Country potatoes Sausage Fresh fruit | 12 | Bacon, egg, and cheese pancake sandwich Fresh fruit | 13 |
| Apple frudel String cheese Fresh fruit | 16 | Hashbrowns Sausage Biscuit Fresh fruit | 17 | Breakfast taquitos Fresh fruit | 18 | Chocolate croissant Sausage Fresh fruit | 19 | Bagel sandwich Fresh fruit | 20 |
| Muffin top String cheese Fresh fruit | 23 | French toast sticks Sausage Fresh fruit | 24 | Cereal Yogurt Fresh fruit | 25 | Cinnamon rolls Sausage Fresh fruit | 26 | Breakfast pizza String cheese Fresh fruit | 27 |
| Concha String cheese Fresh fruit | 30 | Omelet Country potatoes Fresh fruit | 31 | | 00 | | 00 | | 00 |

1% and non-fat flavored milk offered at breakfast.

Alternative options offered daily:
Bagel with string cheese or yogurt
Oatmeal station

Students must take at least ½ cup of fruit or veggies with Breakfast.



MENU

LMUSD Elementary lunch menu

MARCH

| | | | | |
|--|---|--|--|---|
| <p>Hamburger Curly fries Cucumber slices Fresh fruit</p> <p>02</p> | <p>Carne asada street tacos Beans Corn Fresh fruit</p> <p>03</p> | <p>Ham and cheese croissant Chips Carrot sticks Fresh fruit</p> <p>04</p> | <p>Chicken drumstick Waffle fries biscuit Carrot sticks Fresh fruit</p> <p>05</p> | <p>Papa Murphey's pizza Caesar salad Fresh fruit</p> <p>06</p> |
| <p>Crispy chicken sandwich Curly fries Cucumber slices Fresh fruit</p> <p>09</p> | <p>Beef tostadas Refried beans Fresh fruit</p> <p>10</p> | <p>BBQ bites Potato salad Hawaiian roll Carrot sticks Fresh fruit</p> <p>11</p> | <p>Popcorn chicken bowl Fresh fruit</p> <p>12</p> | <p>Beef ravioli Caesar salad Fresh fruit</p> <p>13</p> |
| <p>BBQ pork rib sandwich Curly fries Cucumber slices Fresh fruit</p> <p>16</p> | <p>Beef crunchy tacos Refried beans Corn Fresh fruit</p> <p>17</p> | <p>Turkey sub sandwich Chips Carrot sticks Fresh fruit</p> <p>18</p> | <p>Teriyaki chicken Rice Steamed broccoli Carrot sticks Fresh fruit</p> <p>19</p> | <p>Papa Murphey's pizza Caesar salad Fresh fruit</p> <p>20</p> |
| <p>Grilled chicken sandwich Curly fries Cucumber slices Fresh fruit</p> <p>23</p> | <p>Posole Tortilla chips Refried beans Fresh fruit</p> <p>24</p> | <p>Hot dog Carrot sticks Chips Fresh fruit</p> <p>25</p> | <p>Chicken tenders Fries Texas toast Carrot sticks Fresh fruit</p> <p>26</p> | <p>Meatball sub Caesar salad Fresh fruit</p> <p>27</p> |
| <p>BBQ pulled pork sandwich Curly fries Cucumber slices Fresh fruit</p> <p>30</p> | <p>Tamales Red rice Refried beans Corn Fresh fruit</p> <p>31</p> | <p>00</p> | <p>00</p> | <p>00</p> |

Whole, 1%, 2%,
and non-fat flavored
milk offered at
lunch.

Alternative options offered daily:

Salad bar

Whole grain cookies served with all lunches
on Fridays.

Students must take
at least ½ cup of
fruit or veggies with
lunch



MENU

LMUSD Elementary breakfast menu

MARCH

| | | | | | | | | | |
|--|----|---|----|--|----|---|----|--|----|
| Muffin String cheese Fresh fruit | 02 | Pancakes Sausage Fresh fruit | 03 | Benefit bar Yogurt Fresh fruit | 04 | Yogurt parfait | 05 | Sausage mcmuffin sandwich Fresh fruit | 06 |
| Banana bread String cheese Fresh fruit | 09 | Waffle Sausage Fresh fruit | 10 | Mini cream cheese filled bagels Fresh fruit | 11 | Country potatoes Sausage Fresh fruit | 12 | Bacon, egg, and cheese pancake sandwich Fresh fruit | 13 |
| Apple frudel String cheese Fresh fruit | 16 | Hashbrowns Sausage Biscuit Fresh fruit | 17 | Breakfast taquitos Fresh fruit | 18 | Chocolate croissant Sausage Fresh fruit | 19 | Bagel sandwich Fresh fruit | 20 |
| Muffin top String cheese Fresh fruit | 23 | French toast sticks Sausage Fresh fruit | 24 | Cereal Yogurt Fresh fruit | 25 | Cinnamon rolls Sausage Fresh fruit | 26 | Breakfast pizza Fresh fruit | 27 |
| Concha String cheese Fresh fruit | 30 | Omelet Country potatoes Fresh fruit | 31 | | 00 | | 00 | | 00 |

1% and non-fat flavored milk offered at breakfast.

Students must take at least ½ cup of fruit or veggies with Breakfast.

