



Glide Middle School 2026

<p>Students must choose 3 of 4 Breakfast Items 1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup</p>	<p>Everyday Lunch Choices Peanut or Sun Butter & Jelly Sandwich</p> <p>Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable</p>
<p>Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk. All grains offered are whole grain.</p> <p>Breakfast and lunch are available at No Charge to Students</p>	

4	5	6	7	8
<p>Breakfast: Ultimate Breakfast Cookie or Breakfast Banana Split</p> <p>Lunch: Cheese/Hamburger w/ Fries or Ham & Cheddar Sandwich</p>	<p>Breakfast: Breakfast Burrito or Bagel w/CC</p> <p>Lunch: Cinco de Mayo Nuggets or Chef Salad w/WG Roll</p>	<p>Breakfast: Apple Frudel or Ham, Egg, & Cheese Bagel Sandwich</p> <p>Lunch: Meatball Sub w/Fries or Turkey & Cheddar Wrap</p>	<p>Breakfast: Blueberry Muffin or PNW Pear & Orange Smoothie</p> <p>Lunch: Chicken Tenders w/Fries or American Sub</p>	<p>No School on Friday</p>
11	12	13	14	15
<p>Breakfast: Ultimate Breakfast Cookie or Strawberry Parfait</p> <p>Lunch: Cheese/Hamburger w/ Fries or Ham & Cheddar Sandwich</p>	<p>Breakfast: Pancake on a Stick or Bagel w/CC</p> <p>Lunch: Bean & Cheese Burrito or Chef Salad w/WG Roll</p>	<p>Breakfast: Apple Frudel or Ham, Egg, & Cheese Bagel Sandwich</p> <p>Lunch: Texas Chili w/Cornbread Muffin or Turkey & Cheddar Wrap</p>	<p>Breakfast: Blueberry Muffin or Wild Blueberry Smoothie</p> <p>Lunch: Pepperoni or Cheese Pizza or American Sub</p>	<p>No School on Friday</p>
18	19	20	21	22
<p>Breakfast: Ultimate Breakfast Cookie or Banana Split Parfait</p> <p>Lunch: Cheese/Hamburger w/ Fries or Ham & Cheddar Sandwich</p>	<p>Breakfast: Breakfast Burrito or Bagel w/CC</p> <p>Lunch: Chicken Burrito or Taco Salad w/WG Tortilla Chips</p>	<p>Breakfast: Ham, Egg, & Cheese Bagel Sandwich or Apple Frudel</p> <p>Lunch: Frito Pie or Turkey & Cheddar Wrap</p>	<p>Breakfast: Blueberry Muffin or Strawberry Banana Smoothie</p> <p>Lunch: Chicken Tenders w/Fries or American Sub</p>	<p>No School on Friday</p>
25	26	27	28	29
<p>No School</p>	<p>Breakfast: Sausage Pancake on a Stick or Bagel w/CC</p> <p>Lunch: Fiesta Chicken Burrito or Chef Salad w/WG Roll</p>	<p>Breakfast: Ham, Egg, & Cheese Bagel Sandwich or Apple Frudel</p> <p>Lunch: Sloppy Joe w/French Fries or Turkey & Cheddar Wrap</p>	<p>Breakfast: Blueberry Muffin or Food Court Smoothie</p> <p>Lunch: Fish Tacos Or American Sub</p>	<p>No School on Friday</p>

This institution is an equal opportunity provider.

Menu subject to change