December

Savor the Flavor Menu

MIDDLE SCHOOL MENU CHOICES

BREAKFAST: Entrée, Fruit, Juice, Milk | **LUNCH**: Entrée, Veggie (Pick 2), Fruit, Milk

∗ Indicates pork product
+ Possible trace of sesame due to manufacturer
++ Possible trace of tree nuts due to manufacturer

Choice of milk with breakfast & lunch
- 1% White
- Fat-Free Chocolate
- Lactose-Free
- Soy Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**1** Chorizo & Egg Taco OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Spaghetti w/Meat Sauce or Marinara & Cheesy Bread Crispy Chicken Salad Hummus & Cheese Bento Box Breaded Chicken Wrap w/Boss Sauce Savory Green Beans Tossed Salad w/Ranch Cucumber Slices w/Tajin Fresh Watermelon OR Fruit Cocktail	**2** National Biscuits & Gravy Day! **Biscuit & Sausage*** OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Frito Pie w/Cheese & Cornbread Italian Salad* Yogurt Combo WOW Sandwich Combo+ Ranchero Beans Mixed Green Salad w/Ranch Raw Veggie Medley w/Dip Seedless Grapes OR Natural Applesauce	**3** Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Chicken & Dumpling Ramen Bowl Spicy Chicken Salad WOW Sandwich Combo+ Spicy Chicken Wrap w/Ranch Stir Fry Veggies Red Bell Peppers & Grape Tomatoes Cucumber & Jicama Sticks w/Tajin Fresh Banana OR Blueberries w/Cream	**4** Waffle Breakfast Sandwich OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Beef & Cheese Nachos Asian Chicken Salad Yogurt Combo Nacho Box Mexican Street Corn Zesty Tomatoes & Cucumbers Crispy Carrots w/Dip Sliced Apples OR Sour Watermelon Raisins
7 National Comfort Food Day! Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk **Steak Fingers w/Homemade Roll** Italian Salad* Yogurt Combo Nacho Box Mashed Potatoes w/Gravy Raw Veggie Medley w/Dip Celery Sticks & Grape Tomatoes Orange Smiles OR Fruit Cocktail	**8** Ham & Cheese Croissant* OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Meatzza Pizza* or Cheese Pizza Crispy Chicken Salad Hummus & Cheese Bento Box Breaded Chicken Wrap w/Boss Sauce Savory Green Beans Mixed Green Salad w/Ranch Hummus & Carrots Granny Smith Apple OR Natural Applesauce	**9** Chicken & Waffles OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Cheese Enchiladas w/Spanish Rice Italian Salad* Yogurt Combo WOW Sandwich Combo+ Ranchero Beans Cucumber & Jicama Sticks w/Tajin Red Bell Peppers & Grape Tomatoes Sliced Apples OR Sour Watermelon Raisins	**10** Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Sweet Asian Chicken w/Fried Rice Spicy Chicken Salad WOW Sandwich Combo+ Spicy Chicken Wrap w/Ranch Savory Green Peas Tossed Salad w/Ranch Red Bell Pepper & Crispy Carrots Fresh Banana OR Strawberries w/Cream	**11** Dutch Waffle OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk BYO Stuffed Baked Potato w/Breadstick Asian Chicken Salad Yogurt Combo Nacho Box Buffalo Cauliflower Celery Sticks & Crispy Carrots Cucumber Slices w/Tajin Fresh Pear OR Sliced Peaches
14 Slush Day! Pancake Sausage Bites OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/Cornbread Italian Salad* Yogurt Combo Nacho Box Baked Beans Broccoli Salad* Crispy Carrots w/Dip Gala Apple OR **Kiwi Strawberry Slush**	**15** Holiday Feast! NEW NEW NEW Sausage* Potato & Egg Taco OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk **Pork & Cheese Tamales*** Crispy Chicken Salad WOW Sandwich Combo+ Breaded Chicken Wrap w/Boss Sauce *Veggie Pozole* Mixed Green Salad w/Ranch Red Bell Peppers & Crispy Carrots Fresh Watermelon OR Strawberries w/Cream	**16** Biscuit & Chicken OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Beef & Cheese or Cheese Nachos Italian Salad* Yogurt Combo WOW Sandwich Combo+ Ranchero Beans Variety of Fresh Veggies Variety of Fresh Fruit	**17** Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice Spicy Chicken Salad WOW Sandwich Combo+ Spicy Chicken Wrap w/Ranch Savory Green Peas Variety of Fresh Veggies Variety of Fresh Fruit	**18** Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Pepperoni Stuffed Crust Pizza* Cheese Stuffed Crust Pizza Corn Dog Spicy Hashbrowns Variety of Fresh Veggies Variety of Fresh Fruit

School Nutrition Services is hiring $14.11 hour starting

Visit: schoolcafe.com/NorthEastISD or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.

Menu subject to change

No fees for cash or checks paid directly to the cafeteria

Happy Holidays!



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