



SEPTEMBER



PRE-K MENU



MENU CHOICES

BREAKFAST:
Entree
Fruit or Juice
Milk

LUNCH:
Entree
Veggie
Fruit
Milk

NATIONAL FRUIT & VEGGIES MONTH!



BETTER BREAKFAST MONTH!

*Indicates pork product
+Possible trace of sesame due to manufacturer
++Possible trace of tree nuts due to manufacturer

MILK CHOICES

- 1% White
- Lactose-Free
- Soy Milk



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

School Nutrition Services is hiring \$14.11 hour starting



Menu subject to change

No fees for cash or checks paid directly to the cafeteria

Visit: schoolcafe.com/NorthEastSD or download the School Café App to access meal account information, make payments & apply for free reduced-price meals.



1

Ham & Cheese Croissant*
OR Cereal
Juice & Milk

Pepperoni Pizza*
Cheese Pizza

Savory Green Beans
Seedless Grapes

2

Mini Waffles
OR Cereal
Fruit & Milk

Cheese Enchiladas w/Spanish Rice
Corn Dog

Ranchero Beans
Sliced Apples

3

Blueberry Muffin
OR Cereal
Juice & Milk

BBQ Boneless Wings & Mac N Chz
Macaroni & Cheese

Buttered Corn
Strawberries w/Cream

4

Yogurt
OR Cereal
Fruit & Milk

Sausage Dog+
Yogurt & Cheese Stick Combo

Crispy Carrots w/Dip
Orange Smiles



8

French Toast Sticks
OR Cereal
Juice & Milk

Chicken Nuggets w/Roll
Baked Potato w/Cheese & Roll

Broccoli w/Cheese
Fruit Cocktail

9

Biscuit & Jelly
OR Cereal
Fruit & Milk

Frito Pie w/Cheese
Yogurt & Cheese Stick Combo

Ranchero Beans
Natural Applesauce

10

Banana Muffin
OR Cereal
Juice & Milk

Spaghetti w/Meat Sauce
Cheesy Bread

Cucumber Slices w/Tajin
Blueberries w/Cream

11

Waffle w/Sausage Patty*
OR Cereal
Fruit & Milk

Breaded Chicken Sandwich++
Pizza Cheese Sticks w/Marinara

Crispy Carrots w/Dip
Orange Smiles

14

Sausage & Cheese Flatbread
OR Cereal
Fruit & Milk

Chicken & Waffles
Wowbutter Sandwich+ w/Cheese Stick

Cucumber Slices w/Tajin
Fresh Watermelon

15

Scrambled Eggs & Hashbrowns
OR Cereal
Juice & Milk

Fettuccine Chicken Alfredo
Yogurt & Cheese Stick Combo

Savory Green Beans
Sliced Pears

16

Biscuit & Jelly
OR Cereal
Fruit & Milk

Crispy Beef Tacos
Wowbutter Sandwich+ w/Cheese Stick

Ranchero Beans
Sliced Apples

17

Pumpkin Bread
OR Cereal
Juice & Milk

Chicken Drumstick w/Mac N Chz
Macaroni & Cheese

Baked Beans
Strawberry Applesauce

18

National Cheeseburger Day!

Sausage Kolache*
OR Cereal
Fruit & Milk

Hamburger++ or
++Cheeseburger
Toasted Cheese Sandwich

Tater Tots
Gala Apple



21

Pancake Sausage Wrap
OR Cereal
Fruit & Milk

Chicken Tenders w/Cornbread
Baked Potato w/Cheese

Mashed Potatoes w/Gravy
Orange Smiles

22

Sausage* Potato & Egg Taco
OR Cereal
Juice & Milk

Breaded Cheese Sticks w/Marinara
Pepperoni Pizza*

Savory Green Beans
Strawberries w/Cream

23

Biscuit & Jelly
OR Cereal
Fruit & Milk

Beef & Cheese Nachos
Cheese Nachos

Ranchero Beans
Natural Applesauce

24

Banana Muffin
OR Cereal
Juice & Milk

General Tso Chicken+ w/Fried Rice
Toasted Cheese Sandwich

Savory Green Peas
Fresh Banana

25

National Service Worker Day!

Yogurt
OR Cereal
Fruit & Milk

Corn Dog
Pizza Cheese Sticks w/Marinara

Celery Sticks & Crispy Carrots
Sliced Peaches

28

Confetti Pancakes
OR Cereal
Fruit & Milk

Steak Fingers w/Homemade Roll
Wowbutter Sandwich+ w/Cheese Stick

Mashed Potatoes w/Gravy
Fruit Cocktail

29

Ham & Cheese Croissant*
OR Cereal
Juice & Milk

Pepperoni Pizza*
Cheese Pizza

Savory Green Beans
Seedless Grapes

30

Mini Waffles
OR Cereal
Fruit & Milk

Cheese Enchiladas w/Chili
Corn Dog

Ranchero Beans
Sliced Apples

CELEBRATE FOOD SERVICE WORKERS SEPT. 25TH!

