

Buena Vista Middle School Breakfast and Lunch Menu

Week of January 12th-16th (Free for Students)

Menu created by Ordo - Made fresh daily - Main Street Bakery

Monday, January 12th

 Lunch Grilled Cheese with Baked Beans & Apple (K-8) <div style="display: flex; justify-content: space-around;"> Vegetarian Tree-nut free </div> <div style="display: flex; justify-content: space-around;"> Peanut free Seafood free </div> <div style="display: flex; justify-content: space-around;"> Whole Grain Sesame free </div>	 Lunch BBQ Pork Sandwich with Baked Beans & Apple (K-8) <div style="display: flex; justify-content: space-around;"> Tree-nut free Peanut free </div> <div style="display: flex; justify-content: space-around;"> Dairy free Egg free </div> <div style="display: flex; justify-content: space-around;"> Seafood free Whole Grain </div> <div style="display: flex; justify-content: space-around;"> Sesame free </div>	 Lunch Ham & Cheese Sub with Baked Beans & Apple (K-8) <div style="display: flex; justify-content: space-around;"> Tree-nut free Peanut free </div> <div style="display: flex; justify-content: space-around;"> Seafood free Whole Grain </div> <div style="display: flex; justify-content: space-around;"> Sesame free </div>	 Breakfast Cinnamon Toast Crunch & String Cheese with Applesauce <div style="display: flex; justify-content: space-around;"> Vegetarian Tree-nut free </div> <div style="display: flex; justify-content: space-around;"> Peanut free Egg free </div> <div style="display: flex; justify-content: space-around;"> Seafood free Whole Grain </div> <div style="display: flex; justify-content: space-around;"> Sesame free </div>
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Tuesday, January 13th

 Lunch Chicken & Veggie Fried Rice with Fresh Green Beans & Orange Wedges (K-8) <div style="display: flex; justify-content: space-around;"> Tree-nut free Peanut free </div> <div style="display: flex; justify-content: space-around;"> Dairy free Egg free </div> <div style="display: flex; justify-content: space-around;"> Seafood free Whole Grain </div> <div style="display: flex; justify-content: space-around;"> Sesame free </div>	 Lunch Edamame & Veggie Fried Rice with Fresh Green Beans & Orange Wedges (K-8) <div style="display: flex; justify-content: space-around;"> Vegetarian Tree-nut free </div> <div style="display: flex; justify-content: space-around;"> Peanut free Dairy free </div> <div style="display: flex; justify-content: space-around;"> Egg free Seafood free </div> <div style="display: flex; justify-content: space-around;"> Whole Grain Sesame free </div>	 Lunch Ham & Cheese Sub with Fresh Green Beans & Orange Wedges (K-8) <div style="display: flex; justify-content: space-around;"> Tree-nut free Peanut free </div> <div style="display: flex; justify-content: space-around;"> Seafood free Whole Grain </div> <div style="display: flex; justify-content: space-around;"> Sesame free </div>	 Breakfast Housemade Blueberry Granola Bar with Pear <div style="display: flex; justify-content: space-around;"> Vegetarian Tree-nut free </div> <div style="display: flex; justify-content: space-around;"> Peanut free Soy free </div> <div style="display: flex; justify-content: space-around;"> Seafood free Whole Grain </div> <div style="display: flex; justify-content: space-around;"> Sesame free </div>
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Wednesday, January 14th



Lunch

Cheesy Baked Pasta with Steamed Broccoli & Apple (K-8)

Vegetarian Tree-nut free
Peanut free Egg free
Seafood free Whole Grain
Sesame free



Lunch

Italian Meat Sauce over Penne with Steamed Broccoli & Apple (K-8)

Tree-nut free Peanut free
Dairy free Egg free
Seafood free Whole Grain
Sesame free



Lunch

Ham & Cheese Sub with Steamed Broccoli & Apple (K-8)

Tree-nut free Peanut free
Seafood free Whole Grain
Sesame free



Breakfast

Whole Grain Snickerdoodle Muffin with Orange Wedges

Vegetarian Tree-nut free
Peanut free Soy free
Seafood free Whole Grain
Sesame free

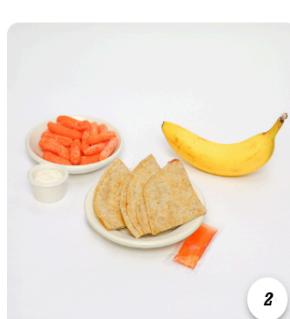
Thursday, January 15th



Lunch

Chicken Nuggets & Breadstick with Baby Carrots & Banana (K-8)

Tree-nut free Peanut free
Seafood free Whole Grain



Lunch

Cheese Quesadilla with Baby Carrots & Banana (K-8)

Vegetarian Tree-nut free
Peanut free Egg free
Seafood free Whole Grain
Sesame free



Lunch

Ham & Cheese Sub with Baby Carrots & Banana (K-8)

Tree-nut free Peanut free
Seafood free Whole Grain
Sesame free



Breakfast

Housemade Maple Oat Bar with Apple

Vegetarian Tree-nut free
Peanut free Soy free
Seafood free Whole Grain
Sesame free

Friday, January 16th



Lunch

Cheese Pizza Calzone with Seasoned Corn & Pear (K-8)

Vegetarian Tree-nut free
Peanut free Seafood free
Whole Grain



Lunch

Pepperoni Pizza Calzone with Seasoned Corn & Pear (K-8)

Tree-nut free Peanut free
Seafood free Whole Grain
Sesame free



Lunch

Ham & Cheese Sub with Seasoned Corn & Pear (K-8)

Tree-nut free Peanut free
Seafood free Whole Grain
Sesame free



Breakfast

Protein Choco Chip Mini Muffins with Banana

Vegetarian Tree-nut free
Peanut free Seafood free
Whole Grain Sesame free

All breakfast and lunches include a choice of white or chocolate milk



Drinks

Lowfat Plain Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free



Drinks

Lowfat Chocolate Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.