

**Job Title: CHILD NUTRITION WORKER III**

**Definition:**

Under general supervision of the Director of Child Nutrition Services and Supervisor of Child Nutrition and direction of a Cook Manager, prepares a variety of foods in the school cafeteria.

**Essential Job Duties:**

The following tasks are essential for this position. Incumbents in this classification may not perform all of these tasks, or may perform similar related tasks not listed here. They may bake and prepare other foods.

1. Plans advance work schedules.
2. Assumes the responsibilities of the Cook Manager in their absence.
3. Assists in all food preparation and service.
4. Assists in conducting daily, monthly and annual inventory.
5. Collects money for meals and foods and beverages and keep accurate records of same.
6. Assist in operating and cleaning kitchen equipment.
7. Operate a computer and related software.
8. May transport food to another site.
9. Performs other related duties as assigned.

**Minimum Knowledge, Skill and Ability:**

**Knowledge of:**

- Quantity food preparation
- Principles and practices of sanitation and safety in relation to food service
- Operation of kitchen equipment and computers

**Skill and Ability to:**

- Bake in quantity according to prepared menus
- Prepare a variety of foods
- Assist in the training of other cafeteria personnel
- Follow oral and written instructions
- Work harmoniously with fellow workers, school personnel and children
- Performs heavy lifting and work for long periods of time on one's feet
- Maintain professional confidentiality

**Training and Experience**

Any combination equivalent to training and experience that could likely provide the required knowledge, skills and abilities would be qualifying. A typical way to obtain the knowledge, skills and abilities would be: high school diploma or equivalent and one year paid experience in preparing foods in a commercial or institutional operation. Must be serve safe certified within six (6) months and renew certification every five (5) years.

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**Physical Requirements and Working Conditions**

- Require the mobility to stand, stoop, reach and bend. Require mobility of arms to reach and dexterity of hands to grasp and manipulate small objects.
- Require the ability to stand for long periods.
- Require the ability to walk for long periods.
- Perform work which involves the frequent lifting, pushing, and/or pulling of objects which weigh approximately 50 pounds.
- Infrequent pushing and/or pulling of objects which may weigh approximately 100 pounds with appropriate lifting techniques required.
- May be required to wear protective apparel including goggles, face protector, aprons, and shoes.
- May be required to work around loud noise.
- May be required to work in a heated and cold environment.
- May be required to work around moving mechanical parts.
- May be required to work around electrical current.
- May be required to take and pass a physical examination.
- Will be required to have a live scan fingerprinting completed and cleared prior to beginning work.

Range: 20

**PHYSICAL REQUIREMENT INFORMATION**

| <b>Physical Demands</b> |   |                     |   |
|-------------------------|---|---------------------|---|
| Sitting                 | I | Pushing             | O |
| Standing                | C | Pulling             | O |
| Walking                 | O | Twisting at waist   | O |
| Bending                 | O | Reaching:           |   |
| Stooping                | O | Above Shoulders     | I |
| Squatting               | I | At/Below Shoulders  | F |
| Kneeling                | I | Neck Extension (up) | I |
| Crawling                | I | Neck Flexion (down) | F |
| Climbing                | I | Neck Rotation       | F |

| <b>Lifting</b> |             |             |                |  |
|----------------|-------------|-------------|----------------|--|
| Weight/Pounds  | Below Waist | Waist/Chest | Above Shoulder | Examples of Objects Lifted                   |
| Up to 10 lbs.  | O           | F           | I              | Trays of food, supplies, equipment, utensils |
| 11 – 25 lbs.   | O           | F           | I              | Cases of food, supplies, pots with food      |
| 26 – 50 lbs.   | O           | O           | O              | Cases of food and supplies                   |
| Above 50 lbs.  | N           | N           | N              | Cases of food and supplies                   |

| <b>Carrying</b> |           |          |                                      |
|-----------------|-----------|----------|--------------------------------------|
| Pounds          | Frequency | Distance | Examples of Objects Lifted           |
| Up to 10 lbs.   | O         | 50 feet  | Food, supplies, equipment, beverages |
| 11 – 25 lbs.    | O         | 50 feet  | Food, supplies, equipment, beverages |
| 26 – 50 lbs.    | I         | 25 feet  | Food, supplies, equipment, beverages |
| Above 50 lbs.   | N         | 10 feet  | Food, supplies, equipment, beverages |

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| <b>Object Manipulation</b> |           |  |
|----------------------------|-----------|--|
|                            | Frequency | Tools and Materials Handled  |
| Fine Grasp                 | O         | Food, coins, utensils, paper, foil, wrap   |
| Fine Manipulation          | O         | Food, coins, utensils, paper, foil, wrap   |
| Gross Grasp                | I         | Food, trays, platters, dishes, supplies, equipment, utensils                       |
| Gross Manipulation         | N         | Food, trays, platters, dishes, supplies, equipment, utensils                       |
| Power Grip                 | O         | Food, trays, platters, dishes, supplies, equipment, utensils, carts, and beverages |

| <b>Mental and Psychological Demands</b> |  | Frequency |           |
|---|--|-----------|-----------|
| <b>Basic Work Abilities:</b>            |  | Essential | Non-Essen |
| 1                                       | Follow verbal and written instructions                       | C         | n/a       |
| 2                                       | Maintain the established work pace                           | C         | n/a       |
| 3                                       | Adhere to established work and safety procedures             | C         | n/a       |
| 4                                       | Respond appropriately to direction, evaluation, or criticism | C         | n/a       |
| 5                                       | Respond appropriately to changes in the work setting         | C         | n/a       |
| <b>Attention to Task/Details:</b>       |  |           |           |
| 6                                       | Perform simple/repetitive tasks                              | C         | n/a       |
| 7                                       | Perform complex/varied tasks                                 | C         | n/a       |
| 8                                       | Organize tasks and set priorities                            | C         | n/a       |
| 9                                       | Manage multiple tasks simultaneously                         | C         | n/a       |
| <b>Interaction with Others:</b>         |  |           |           |
| 10                                      | Work cooperatively with coworkers                            | C         | n/a       |
| 11                                      | Interact with customers or the public                        | C         | n/a       |
| <b>Decision Making:</b>                 |  |           |           |
| 12                                      | Use basic problem-solving techniques                         | C         | n/a       |
| 13                                      | Work autonomously, or with minimal supervision               | C         | n/a       |
| 14                                      | Make independent decisions based on data/circumstances       | C         | n/a       |

**Frequency Key:** The following abbreviations denote the frequency an activity is performed daily.  
 N = Never  
 I = Infrequently (less than once per day)  
 O = Occasionally (less than 2 ½ hours per day)  
 F = Frequently (2 ½ to 5 hours per day)  
 C = Continuously (more than 5 hours per day)