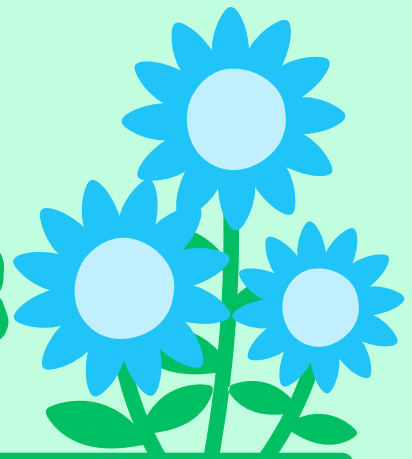


KOHLER EXLP NEWSLETTER



MARCH 2026

A Little About Us

Our Mission

In Expanded Learning at Kohler, we provide youth with a safe and supportive space to grow, learn, and thrive. From hands-on science activities and exciting project-based learning, to teamwork through sports and recreation, students are encouraged to explore their interests and build new skills. Each month, we come together around our community campfire to celebrate birthdays and foster friendships, creating lasting memories alongside meaningful learning.

What We Do

- Homework Help
- Structured Physical Activities
- Reading and Writing
- Clubs and Tutoring
- Art, Science and Technology Activities and Projects
- Athletics



Reminders

Spring Break is here! We return back to school on **Tuesday, April 7th**.

Upcoming Events

- March 25th - TRUSD Math Bowl (**cancelled**)
- March 30th - April 6th - Spring Break!!
- May 6th - Chopped Challenge!!
- May 7th - Open House

Program Manager Contact Info

Phone:

(916) 949-9095

Email:

brianna.chambers@trusd.net

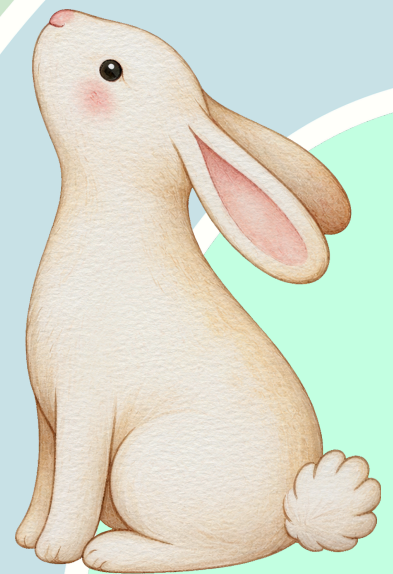
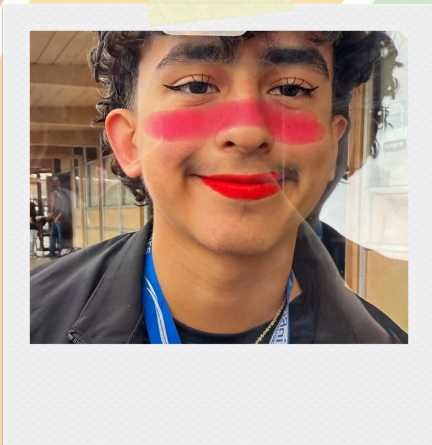
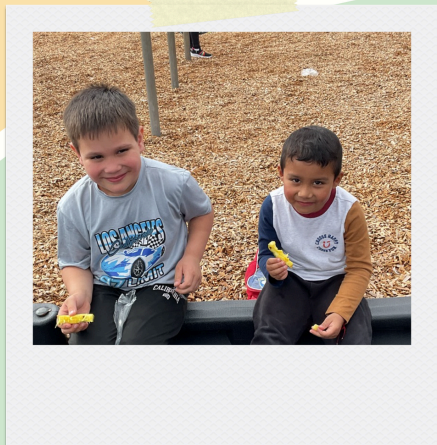
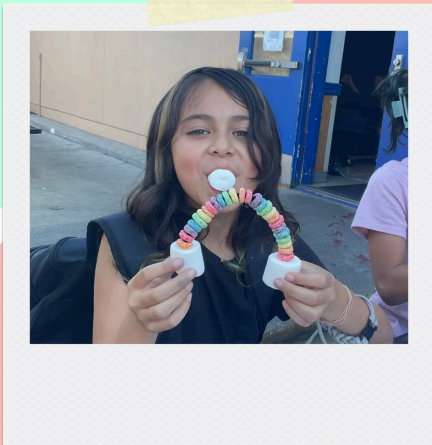
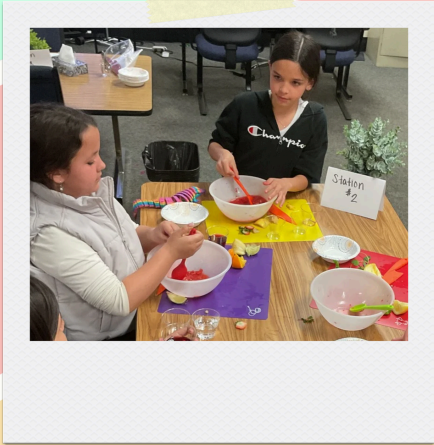
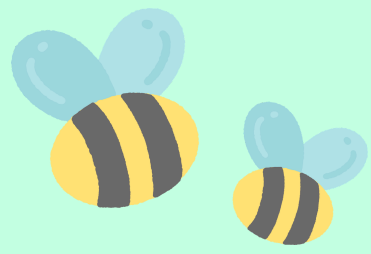
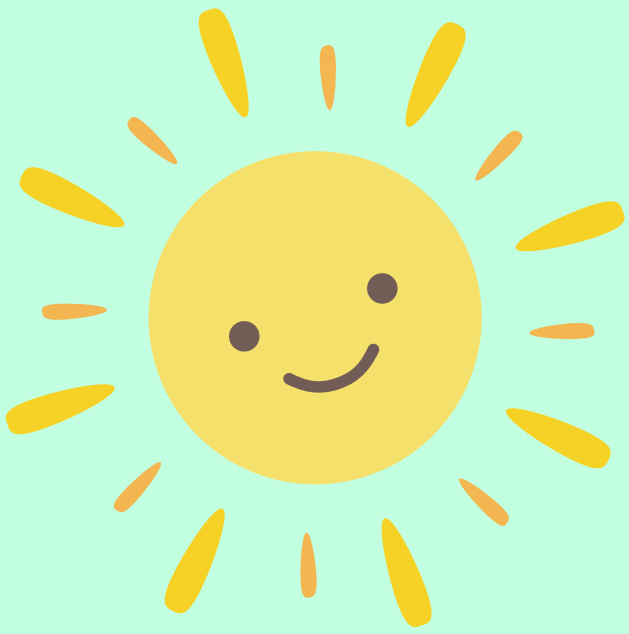
Office Hours :

10:00 AM - 6:30 PM

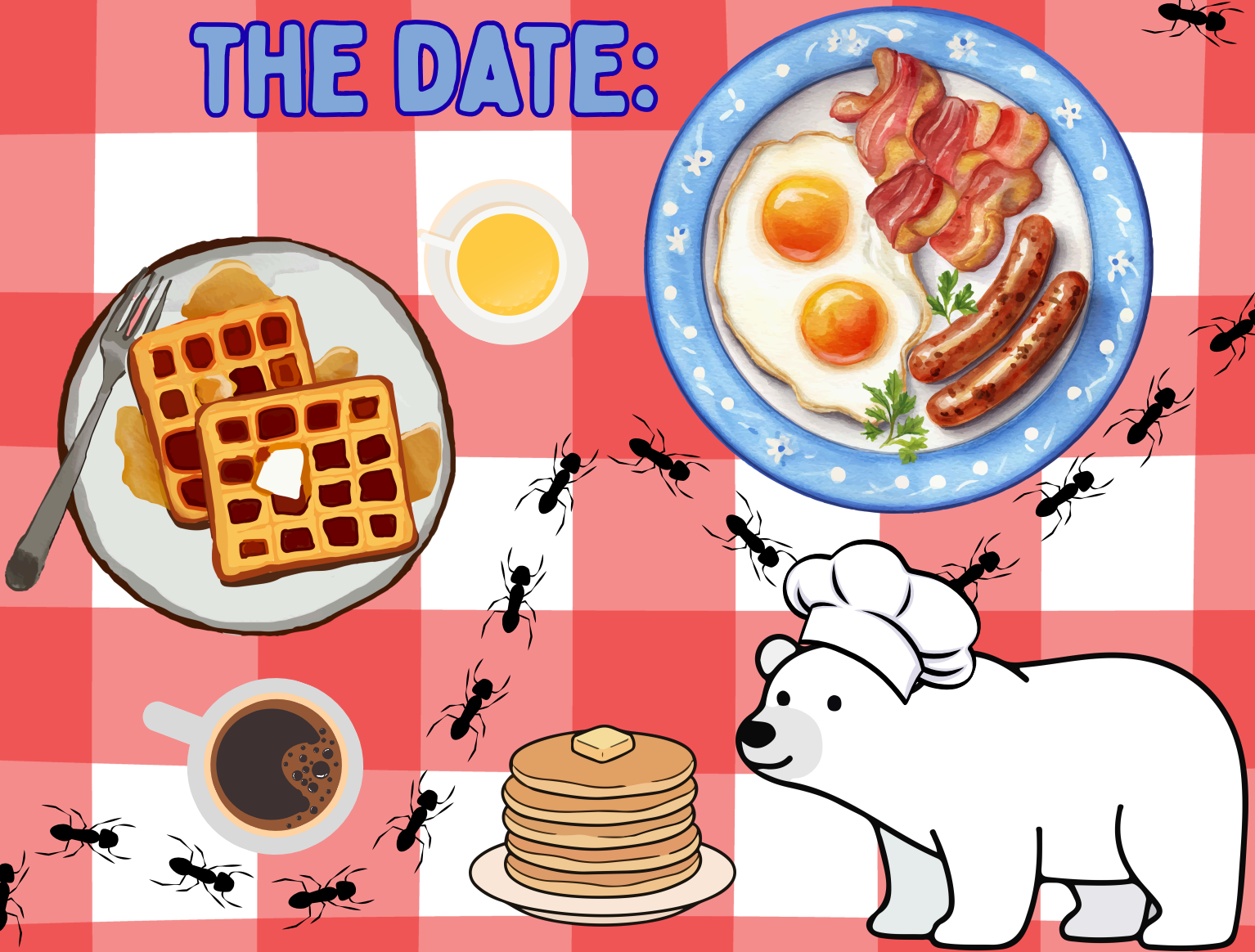


≡ International Women's Day ≡





IT'S TIME TO SAVE THE DATE:



**CHOPPED CHALLENGE IS
WEDNESDAY, MAY 6TH!**

**Our theme for 2026 is
Breakfast for Dinner!**

****More details to follow**

March Vendors!

Mon	Tue	Wed	Thu	Fri
AI - Gaming Pokemon Digital Animation	Chop It Up	Household Science Environmental Science	Chop It Up	

Chop It Up:
In this course, our students learn knife skills, recipe following, and other essential cooking skills with the end goal of making a full meal on their own

Household Science:
A course designed to introduce our students to the exciting world of science through hands-on experiments

CONCORDE

Digital Animation:
In this course our students will learn the basics of digital animation and story building

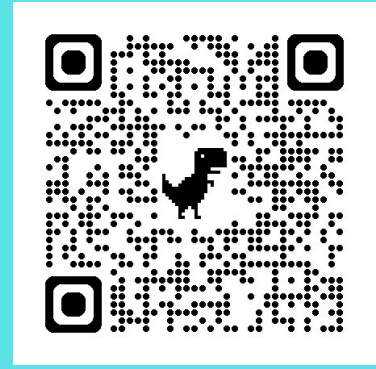
Pokemon:
A course for our Pokemon lovers to learn the ins and outs of the competitive card game, and work on their team skills

AI Gaming:
A course designed to teach our students the basics of AI generation

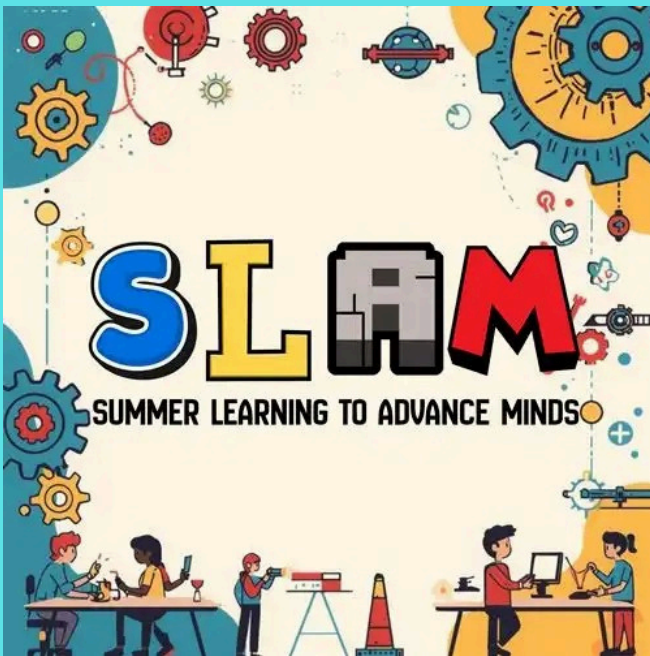
Environmental Science:
A program focused on outdoor-based learning experiences designed to enhance education through adventure and experiential activities



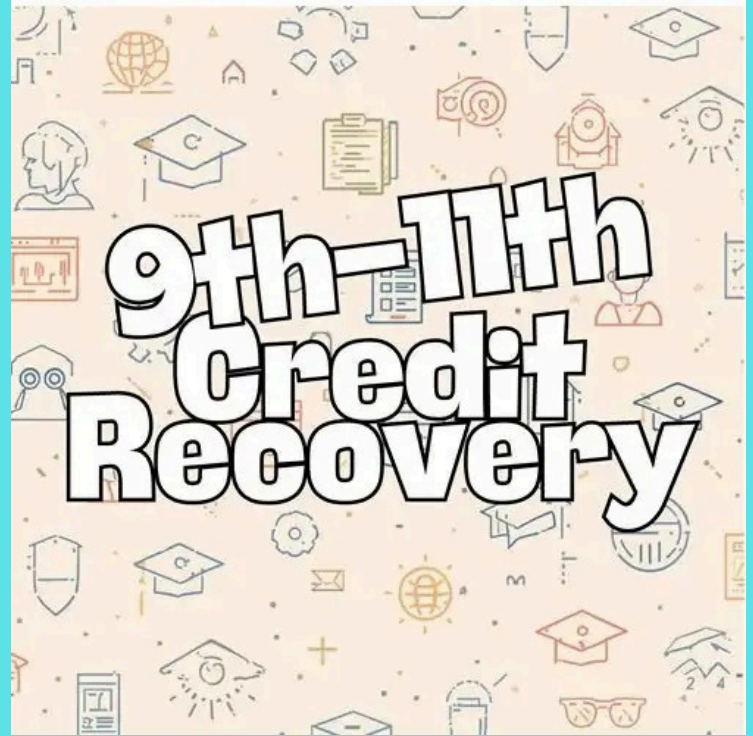
TWIN RIVERS SUMMER PROGRAMS



<https://www.trusd.net/StudentsFamilies/Special-Projects/Summer-School-Programs/>

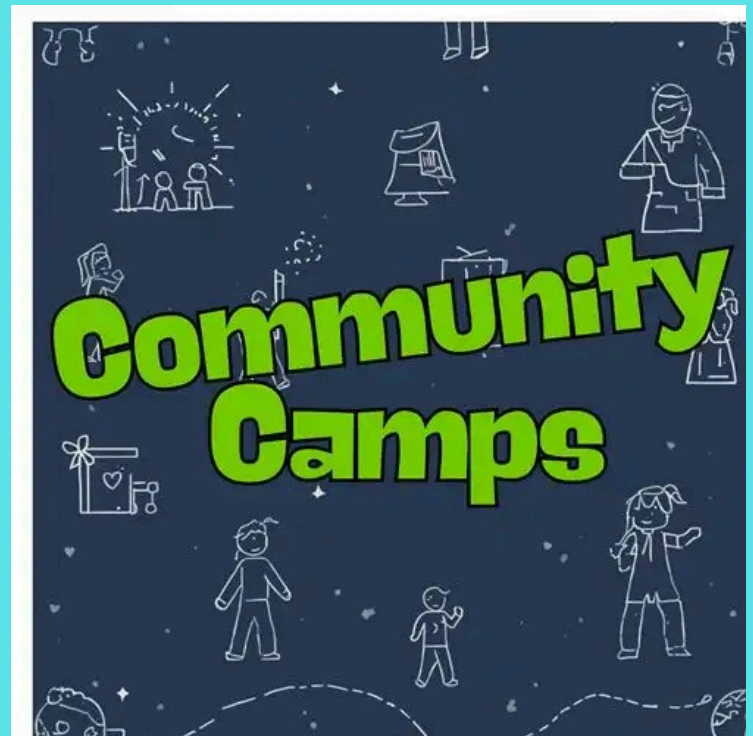


TWIN RIVERS SUMMER PROGRAMS



Scan the QR Code for more info!

TWIN RIVERS SUMMER PROGRAMS



Scan the QR Code for more info!

MARCH
2026

RECIPE OF THE MONTH



Very Berry Muffins

- 1.) PREHEAT OVEN TO 375°F.
- 2.) PLACE THE DRY INGREDIENTS IN A BOWL AND COMBINE.
- 3.) COMBINE THE EGG, VANILLA EXTRACT, MILK AND OIL IN A SEPARATE BOWL.
- 4.) SLOWLY COMBINE THE DRY INGREDIENTS WITH THE WET INGREDIENTS.
- 5.) GENTLY MIX THE FROZEN BERRIES INTO THE BATTER,
- 6.) DO NOT OVER MIX OR THE BERRIES WILL BLEED.
- 7.) POUR BATTER INTO GREASED OR MUFFIN LINED REGULAR SIZED TINS.
- 8.) FOR 20-22 MINUTES.
- 9.) ALLOW MUFFINS TO COOL FOR 5 MINUTES THEN REMOVE TO A COOLING RACK.

Ingredients

- 1/2 CUP ALL PURPOSE FLOUR
- 3/4 CUP WHOLE WHEAT FLOUR
- 3/4 CUP OLD FASHIONED OATS
- 2 TEASPOONS BAKING POWDER
- 1/2 TEASPOON KOSHER SALT
- 1/3 CUP BROWN SUGAR
- 1 LARGE EGG, WHISKED
- 1 TEASPOON VANILLA EXTRACT
- 3/4 CUP MILK
- 1/3 CUP VEGETABLE OR CANOLA OIL
- 2 CUPS FROZEN BERRIES



Twin Rivers Enrollment Support

Transitional Kindergarten–12th Grade

Connect with Twin Rivers staff to enroll your child for the upcoming school year. We will support families with the Aeries Online Enrollment process, answer questions, and provide school and community resources.



Location, Date & Time:

Twin Rivers Unified School District Office
5115 Dudley Blvd, McClellan Park, CA 95652

Monday, January 5, 2026	3:00-6:00 pm
Monday, February 2, 2026	8:00-11:00 am
Monday, March 2, 2026	3:00-6:00 pm
Monday, April 6, 2026	8:00-11:00 am
Monday, May 4, 2026	3:00-6:00 pm
Monday, June 1, 2026	8:00-11:00 am



What Documents Should You Bring?

Please bring the following:

- Proof of Address
- Proof of Age
- Proof of Immunizations

If applicable:

- Court Order or Restraining Order documents.
- Transcripts or Report Cards for students in grades 9–12.
- Documents such as a 504 Plan, Medical 540, or an Individualized Education Program (IEP)



Scan the QR code to visit the Twin Rivers Enrollment website or visit <https://www.trusd.net/Enrollment>



For more information:

Heriberto Soto- FACE Coordinator
Email: heriberto.soto@trusd.net
Phone: (916) 566-1600 Ext. 32240
Cell: (916) 621-9832

Apoyo para la Inscripción de Twin Rivers

Spanish

Kinder de Transición–Grado 12

Conéctese con el personal de Twin Rivers para inscribir a su hijo(a) para el próximo año escolar. Apoyaremos a las familias con el proceso de Inscripción en Línea de Aeries, responderemos preguntas y brindaremos recursos escolares y comunitarios.



Ubicación, Fecha y Horario

Oficina del Distrito Escolar Unificado de Twin Rivers
5115 Dudley Blvd, McClellan Park, CA 95652

lunes, 5 de enero de 2026	3:00–6:00 p.m.
lunes, 2 de febrero de 2026	8:00–11:00 a.m.
lunes, 2 de marzo de 2026	3:00–6:00 p.m.
lunes, 6 de abril de 2026	8:00–11:00 a.m.
lunes, 4 de mayo de 2026	3:00–6:00 p.m.
lunes, 1 de junio de 2026	8:00–11:00 a.m.



¿Qué documentos debe traer?

Requeridos:

- Comprobante de domicilio
- Comprobante de edad
- Comprobante de vacunas

Si aplica:

- Documentos de orden judicial o orden de restricción
- Transcripciones o boletas de calificaciones para estudiantes de grados 9–12
- Documentos como un Plan 504, Medical 540 o un Programa de Educación Individualizado (IEP)



Escanee el código QR para visitar el sitio web de inscripción de Twin Rivers o visite: <https://www.trusd.net/Enrollment>



Para más información:

Heriberto Soto-Coordinador
Email: heriberto.soto@trusd.net
Teléfono: (916) 566-1600 Ext. 32240
Celular: (916) 621-9832

care solace

Calming the Mind. Mental Health Care.

CHAOS TO CALM

Care Solace makes it easier for families and staff to connect with mental healthcare resources and providers in their communities.

OUR PURPOSE

To connect communities to reliable, ethical and high-quality mental healthcare services.

Care Solace makes it easier for families and staff to connect with mental healthcare resources and providers in their communities. This service is completely confidential and anonymous.

CARE CONCIERGE BY CARE SOLACE

The Care Concierge takes the stress off families by breaking down the barriers to mental healthcare. Care Solace is a resource available to district families and staff for free.

This 24/7 team of care coordinating experts guides and supports families throughout the entire process. We only refer to trusted and ethical providers.

PERSONAL CONCIERGE ASSISTANCE WITH:

- ♦ Accessing vetted mental health providers
- ♦ Discovering virtual therapy options
- ♦ Assessing provider availability
- ♦ Reducing wait times into care
- ♦ Navigating Insurance or no insurance
- ♦ Scheduling an appointment(s)
- ♦ Phone, email, video chat
- ♦ Response time is typically within 15-minutes or less

TALK TO US

1-888-515-0595

weserve@caresolace.org

caresolace.com/trusd

Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life-threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273-8255.

<https://www.twinriversusd.org/mentalhealth>

CAOS A LA CALMA

Care Solace facilita que las familias y el personal se conecten con los recursos y proveedores de atención de la salud mental en sus comunidades.

NUESTRO PROPÓSITO

Conectar a las comunidades con servicios de salud mental confiables, éticos y de alta calidad.

Care Solace facilita que las familias y el personal se conecten con los recursos y proveedores de atención de la salud mental en sus comunidades. Este servicio es completamente confidencial y anónimo.

CARE CONCIERGE (conserje de atención) de CARE SOLACE

El Care ConciERGE elimina el estrés de las familias al derribar las barreras de la atención de la salud mental. Care Solace es un recurso disponible para las familias y el personal del distrito de forma gratuita.

Este equipo de expertos coordinadores de atención de todos los días, todas las horas (24/7), guía y apoya a las familias durante todo el proceso. Solo referimos a proveedores confiables y éticos.

ASISTENCIA PERSONAL DE CONSERJERÍA PARA:

- Acceder a proveedores de salud mental examinados
- Descubrir opciones de terapia virtual
- Evaluar la disponibilidad de proveedores
- Reducción del tiempo de espera para la atención
- Navegar con Seguro o sin seguro
- Programar una(s) cita(s)
- Teléfono, correo electrónico, chat de video
- El tiempo de respuesta suele ser 15 minutos o menos

HABLE CON NOSOTROS

1-888-515-0595

weserve@caresolace.org

[caresolace.com/trusd](https://www.caresolace.com/trusd)

Tenga en cuenta: Care Solace no es un servicio de respuesta a emergencias ni un proveedor de servicios de salud mental. En caso de una emergencia que ponga en peligro la vida, llame al 9-1-1 o a la Línea Directa Nacional de Suicidio al 1-800-273-8255.

<https://www.twinriversusd.org/mentalhealth>



<https://bit.ly/LCAP-2026>

“What programs or resources should be prioritized for a successful school year?”





SCCSC IS HIRING FOR

TRUSD TEAM LEADERS

EMPOWER THE YOUTH!

**STARTING AT
\$18 AN HOUR**



**APPLY
NOW!**

**OR TEXT "APPLY"
TO
(916) 442-4228**

**LOOKING FOR
INDIVIDUALS THAT
WANT TO WORK
WITH STUDENTS
IN KINDER - 8TH**

WHAT WILL YOU DO?

- Help with Academic Support
- Plan Enrichment Activities
- Plan Sport Activities
- And More!

PART-TIME HOURS

AFTER SCHOOL

MONDAY - FRIDAY SHIFT

1:30PM TO 6PM

WEDNESDAY'S @12:30PM

BEFORE SCHOOL

MONDAY - FRIDAY SHIFT

6:45AM - 8:45AM

FLEXIBLE SHIFTS

