

Nuestro Breakfast October 2026

Menus are subject to change. This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Offered with each choice: Non-Fat Chocolate Milk or 1% White Milk or Non - Fat Strawberry Milk			1 Buttermilk Bar w/ Trix Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	2 Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice
5 Chicken Waffle Sandwich or Cereal <u>Offered with each choice</u> Chilled Peaches & Juice	6 Cheese Egg Bacon Croissant w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	7 Breakfast Pizza or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	8 Scone w/ Greek Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	9 
12 	13 Cheese Egg English Muffin w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	14 Loaded Breakfast Burrito or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	15 Muffin Bread & Raspberry Peach Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	16 Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice
19 Trix French Toast w/ Trix Yogurt or Cereal <u>Offered with each choice</u> Chilled Peaches & Juice	20 Sausage & Cheese Bagel w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	21 Breakfast Stuffed Sandwich or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	22 Strawberry Bagel w/ Danimal Yogurt Cup or Cereal <u>Offered with each choice</u> Bananas & Juice	23 Cinnamon Buns or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice
26 Chicken Waffle Sandwich or Cereal <u>Offered with each choice</u> Chilled Peaches & Juice	27 Cheese Egg Bacon Croissant w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	28 Breakfast Pizza or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	29 Scone w/ Greek Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	30 Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice

Nuestro After School Snack October 2026

Menus are subject to change. This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheetos Puffs 1(WG) Juice 3/4c (F)	2 Garden Salsa Sun Chips 2(WG) Juice 3/4c (F)
5 Chex Mix Cheddar Cheese 1(WG) Juice 3/4c (F)	6 Wheat Thin Crackers 2(WG) Juice 3/4c (F)	7 Multigrain Sun Chips 2 (WG) Whole Apple 1c (F)	8 Chocolate Chip Waffle Crackers 2(WG) Whole Banana 1c (F)	9 
12 	13 Sports Bite Crackers 1(WG) Whole Banana 1c (F)	14 Cheddar Popcorn 1(WG) Juice 3/4c (F)	15 Pretzel Sticks 1(WG) Whole Apple 1c (F)	16 Garden Salsa Sun Chips 2(WG) Juice 3/4c (F)
19 Animal Crackers Berry 1(WG) Juice 3/4c (F)	20 Cheddar Sun Chips 2 (WG) Juice 3/4c (F)	21 Cheetos Puffs 1(WG) Juice 3/4c (F)	22 Blueberry Lemon Crispy Bites 1(WG) Apple Slices 1c (F)	23 Multigrain Sun Chips 2 (WG) Whole Apple 1c (F)
26 Cheeze-It's 1(WG) Juice 3/4c (F)	27 Chocolate Chip Waffle Crackers 2(WG) Whole Banana 1c (F)	28 Multigrain Sun Chips 2 (WG) Whole Apple 1c (F)	29 Wheat Thin Crackers 2(WG) Juice 3/4c (F)	30 Chex Mix Cheddar Cheese 1(WG) Juice 3/4c (F)

Nuestro Supper October 2026



Menus are subject to change. This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Minimum Meal Components Offered Daily: Milk 1 Cup (F) Fruit 1/4C (V) Veggies 1/2C (WG) Grains/Bread 1WG (MMA) Meat/Meat Alternate 2M/MA C= Cup * Garden Salad 1C Serving Equivalent to 1/2C V * Box Raisins/dried mixed fruit 1/4C serving Equivalent to 1/2C F * Choose 3 out of the 5 Components to make a complete meal!			1 Chicken Tenders 2(MMA) 2(WG) Dinner Roll 1 (WG) Potato Smiles 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	2 Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Sliced Cucumbers 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c
5 Chicken Wrap (2 MMA) 2(WG) Crinkle Cut Fries 1/2c (V) Apple Slices 1/2c (F) Milk 1c	6 Hot Dog 2(WG) 2(MMA) Potato Salad 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c *Lays Potato Chip	7 Chicken Nuggets 2(MMA) 2(WG) Dinner Roll 1 (WG) Green Salad 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	8 Mozzarella Cheese Quesadilla (2 MMA) 2(WG) Salsa 1/2c (V) Jalapeño Peppers 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	9
12 	13 Chicken Sandwich (2 MMA) 2(WG) Dinner Roll 1(WG) French Fries 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	14 Cheese Pull A Part 2(MMA) 2(WG) Green Salad 1/2c (V) Oranges 1/2c (F) Milk 1c	15 Grilled Cheese Sandwich 2(MMA) 2(WG) Potato Smiles 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	16 P.J or Sun Butter Sandwich w/ Cheese 1(WG) 2(MMA) Baby Carrots 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c
19 Taquitos (2 MMA) 2(WG) Cucumber Slices 1/2c (V) Pineapple w/ Tajin 1/2c (F) Milk 1c	20 Nachos w/ Beans & Cheese 2(MMA) 2(WG) Garden Salad 1/2c(V) Bananas 1/2c (F) Milk 1c	21 Cheese Tamale 2(MMA) 2(WG) Steamed Corn 1/2c(V) Fresh Pineapple 1/2c (F) Milk 1c	22 Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Baby Carrots 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	23 Assorted Muffin 2 (WG) Greek Yogurt Cup & Cheese Sticks 2 (MMA) Baby Carrots 1/2c(V) Frozen Fruit Cup 1/2c (F) Milk 1c
26 Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Sliced Cucumbers 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	27 Bean & Cheese Burrito (2 MMA) 2(WG) Steamed Corn 1/2c (V) Pineapple w/ Tajin 1/2c (F) Milk 1c	28 Brisket Tacos 2(WG) 2 (MMA) Corn Salsa 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	29 Pepperoni Hot Pocket 3(MMA) 2(WG) Green Salad 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c	30 Pizza (2 MMA) 2(WG) Tater Tots 1/2c(V) Fresh Fruit 1/2c (F) Milk 1c *Rice Crispy Treat