				-86
Monday	Tuesday	Wednesday	Thursday	Friday
1-Sep	•	3-Sep		
Grilled Cheese Sandwich (K)	Chicken Patties x2 no waffles	Cheese Enchiladas w/ Chili & Spanish Rice		Stuffed Baked Potato No garlic Knot
OR Italian Salad*	w/ Cheez it or Savory Cracker		Burger toppings ok NO Boss Sauce	w/Cheez it or Savory Cracker
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
Bacon Cheeseburger+ (K,M,M)	Meatsauce OR Marinara	Frito Pie (S,J) w/ Pita Chips	Sweet Asian Chicken w/ Fried Rice	Chicken Tenders (k) No Roll
OR Italian Salad*	w/ GF Pasta	No cornbread		Cheez it or Savory Cracker
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
Meatball Sub	Stuffed Baked Potato No garlic Knot	Crispy Beef Tacos	Chicken Nuggets (k, BBQ) No roll	Beef & Cheese Nachos
OR Italian Salad*	w/Cheez it or Savory Cracker	w/ Spanish Rice (S/J)	Cheez it or Savory Cracker	or Cheese Nachos (S/J)
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
				Buff or BBQ Boneless Wings No Mac & Chz No
Sloppy Joe +	Steak Fingers - No Roll	Beef & Cheese Nachos	Gen Tso Chicken w/ Fried Rice	cornbread
OR Italian Salad*	w/ Cheez it or Savory Cracker	or Cheese Nachos (S/J)		w/ Cheez it or Savory Cracker
			Slush OK!!	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Grilled Cheese Sandwich (K)	Chicken Patties x2 no waffles	Cheese Enchiladas w/ Chili & Spanish Rice	Cheese Pizza	Stuffed Baked Potato No garlic Knot
OR Italian Salad*	w/ Cheez it or Savory Cracker		Burger toppings ok NO Boss Sauce	w/Cheez it or Savory Cracker
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)		Fruit (1)
Milk	Milk	Milk	` '	Milk

Do not serve: ranch, mayonnaise, gravy, noodles, pasta, anything listed in red

Egg-Free Items: Savory green beans, mashed potatoes (no gravy), savory peas, pinto beans, baked beans, corn, cheesy garlic mashed potatoes, tater tots, spicy hashbrowns, sweet potato fries, wedge fries, emoji fries, broccoli w/ cheese, stir-fry vegetables, celery sticks, raw vegetable medley, cucumber slices, lettuce, crispy carrots, tomatoes, red bell peppers, cucumber, jicama, Raisins, Craisins, strawberries & cream, BBQ/catsup/mustard packets, tajin, jialapenos, salsa, pico de gallo

)						
EGG FREE GRILL:						
Breaded Chicken Sandwich+	Cheeseburger or Hamburger+	Sausage Dog+	Spicy Breaded Chicken Sandwich+	Stuffed Crust Cheese & Pepperoni Pizza*		
Pepperoni Calzone w Marinara	Breaded Mozz Sticks & Ravioli	Stuffed Crust Cheese & Pepperoni Pizza*	Pork & Cheese Tamales*	Asian Dumplings & Egg Roll		
Egg Free Cold Combos:						
Italian Salad		Yogurt Combo	Spicy Tender Salad	Italian salad*		

		5-2023 PIO EBBF		
BREAKFAST: Pick 3-4 items from the list 1 item must be a fruit or juice)		Item	Recipe or Stock #	
		Savory Crave Crackers	2906831	
1 Cereal*	*Egg-Free Cereal:	Tostito Chips	7811032	
Cinnamon Toast Crunch Bar	Cinnamon Chex, Cinnamon Toast Crunch,	Cheez It	1109031	
Strawberry Nutrigrain Bar	Honey Cheerios, Frosted Cinnamon Flakes,	Sausage Patty	1814830	
Pop Tart	Blueberry Chex, Trix,			
Yogurt	Honey Bunches of Oats			
Sausage Patty				
Juice				
Fruit				
Milk, (plain in PK sites)				