

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Menu Name:	Nutrient Summer Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Wednesday - 07/01/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
001036 .			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.30
% of Calories			67.9%
Weekly Nutrient Guideline			

Thursday - 07/02/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00

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001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.48
% of Calories			69.4%
Weekly Nutrient Guideline			

Monday - 07/06/2026Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990541 2-Muffin, Blueberry	each	1	38.20
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00

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Jul 1, 2026 thru Jul 31, 2026

Weighted Daily Average			17.47
% of Calories			69.2%
Weekly Nutrient Guideline			

Tuesday - 07/07/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.95
% of Calories			69.2%
Weekly Nutrient Guideline			

Wednesday - 07/08/2026 Reimbursable Meal Total 35

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
001036 .			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.30
% of Calories			67.9%
Weekly Nutrient Guideline			

Thursday - 07/09/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			

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Portion Values

Jul 1, 2026 thru Jul 31, 2026

001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.48
% of Calories			69.4%
Weekly Nutrient Guideline			

Friday - 07/10/2026Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.00
% of Calories			68.0%
Weekly Nutrient Guideline			

Monday - 07/13/2026Reimbursable Meal Total 35

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Carb (g)
990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990541 2-Muffin, Blueberry	each	1	38.20
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.47
% of Calories			69.2%
Weekly Nutrient Guideline			

Tuesday - 07/14/2026

Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00

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Portion Values

Jul 1, 2026 thru Jul 31, 2026

001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.95
% of Calories			69.2%
Weekly Nutrient Guideline			

Wednesday - 07/15/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
001036 .			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.30
% of Calories			67.9%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

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Jul 1, 2026 thru Jul 31, 2026

Thursday - 07/16/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.48
% of Calories			69.4%
Weekly Nutrient Guideline			

Friday - 07/17/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange	1/2 cup	1	13.00

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Portion Values

Jul 1, 2026 thru Jul 31, 2026

Tangerine, 100% (4oz.)			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.00
% of Calories			68.0%
Weekly Nutrient Guideline			

Monday - 07/20/2026

Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990541 2-Muffin, Blueberry	each	1	38.20
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.47
% of Calories			69.2%
Weekly Nutrient Guideline			

Tuesday - 07/21/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.95
% of Calories			69.2%
Weekly Nutrient Guideline			

Wednesday - 07/22/2026 Reimbursable Meal Total 35

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
001036 .			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.30
% of Calories			67.9%
Weekly Nutrient Guideline			

Thursday - 07/23/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.48
% of Calories			69.4%
Weekly Nutrient Guideline			

Friday - 07/24/2026Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.00
% of Calories			68.0%
Weekly Nutrient Guideline			

Monday - 07/27/2026Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990541 2-Muffin, Blueberry	each	1	38.20
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.47
% of Calories			69.2%
Weekly Nutrient Guideline			

Tuesday - 07/28/2026

Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange	1/2 cup	1	13.00

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Tangerine, 100% (4oz.)			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.95
% of Calories			69.2%
Weekly Nutrient Guideline			

Wednesday - 07/29/2026

Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
001036 .			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.30
% of Calories			67.9%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Thursday - 07/30/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
001036 .			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			16.48
% of Calories			69.4%
Weekly Nutrient Guideline			

Friday - 07/31/2026 Reimbursable Meal Total 35

	Portion Size	Reimb Qty	Carb (g)
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
001036 .			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange	1/2 cup	1	13.00

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Tangerine, 100% (4oz.)			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	5	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	20	22.00
Weighted Daily Average			17.00
% of Calories			68.0%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		16.80
% of Calories		68.6%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.