

Meridian Elementary School Breakfast/Lunch Menu January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1 	2 No School
5 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Chicken Chimichanga Mexican Rice	6 <u>Breakfast</u> Scrambled Eggs <u>Lunch</u> Nachos Refried Beans	7 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Chili with Beans Corn Bread	8 <u>Breakfast</u> Breakfast Burrito <u>Lunch</u> French Bread Pizza Graham Crackers	9 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> Chicken Noodle Soup Bread Sticks
12 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Hot Dogs Macaroni Salad	13 <u>Breakfast</u> Yogurt Parfait <u>Lunch</u> Chicken Nuggets Mashed Potatoes	14 <u>Breakfast</u> Bagels and Gogurt <u>Lunch</u> Macaroni and Cheese Bread Sticks	15 <u>Breakfast</u> Cowboy Bread <u>Lunch</u> Fish Sticks Pasta Salad	16 <u>Breakfast</u> Scrambled Eggs <u>Lunch</u> Turkey Tacos Mexican Rice
19 No School 	20 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Turkey Sandwich Doritos	21 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Corn Dogs French Fries	22 <u>Breakfast</u> Breakfast Burrito <u>Lunch</u> Chicken Alfredo Bread Sticks	23 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> Grilled Cheese Sandwich Tomato Soup
26 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Spaghetti Bread Sticks	27 <u>Breakfast</u> Yogurt Parfait <u>Lunch</u> Pizza Squares Graham Crackers	28 <u>Breakfast</u> Bagels and Gogurt <u>Lunch</u> Chicken Tortilla Soup Rolls	29 <u>Breakfast</u> Cowboy Bread <u>Lunch</u> Nachos Refried Beans	30 <u>Breakfast</u> Scrambled Eggs <u>Lunch</u> Hot Dogs Macaroni Salad

Breakfast is served daily starting at 7:45 a.m. and Lunch starting at 11:35 a.m. Cafeteria doors will always remain locked. Breakfast includes an entrée, fresh fruit, milk, and fruit juice. Lunch includes an entrée, fresh vegetable, fruit, and milk. Peanut butter and jelly sandwiches are available as a substitute daily. Tuesdays, Thursdays, and Fridays the salad bar is open. If you have any questions or concerns, please contact Ms. Amanda at (530) 696-2604 ext. 104.

El desayuno se sirve todos los días a partir de las 7:45 a.m. y el almuerzo a partir de las 11:35 a.m. Las puertas de la cafetería permanecerán cerradas hasta las 7:45 a.m. El desayuno incluye un plato principal, fruta fresca, leche y zumo de frutas. El almuerzo incluye un plato principal, verduras frescas, fruta y leche. Los sándwiches de mantequilla de maní y mermelada están disponibles como sustituto todos los días. Los martes, jueves y viernes está abierto el bar de ensaladas. Si tiene alguna pregunta o inquietud, comuníquese con la Sra. Amanda al (530) 696-2604 ext. 104.

ALL MEALS ARE FREE TO STUDENTS DAILY!

¡TODAS LAS COMIDAS SON GRATIS PARA LOS ESTUDIANTES TODOS LOS DÍAS!

This institution is an equal opportunity provider. Menu is subject to change

