

Menu Name:YCUSD - SUPPER

Include Cost:Yes

Site:

Use Alternate Menu Name:No

Wednesday - 10/01/2025

Reimbursable Meal Total 2000

|                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003010 CORN DOG MINI CHICKEN SYSCO | SERVINGS 4EA | 2000      | 179                      | 2.49                   | 318                    | 3.98             | *N/A*                         | 7.96      | 0.00       | 30          | 19.89    | 1.00      | 5.97      | *N/A*       | 49.7                   | 0.00       | 1.49      | \$0.000 |
| 003008 HS SALAD POTATO SYSCO       | 1/2C         | 2000      | 207                      | 2.07                   | 581                    | 7.26             | *N/A*                         | 12.44     | 0.00       | 10          | 21.77    | 2.07      | 3.11      | *N/A*       | 10.4                   | 0.00       | 0.37      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE    | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH        | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH        | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE               | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE      | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN      | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET             | PACKET       | 1000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 000223 MUSTARD, PACKET             | Pkt          | 1000      | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*                         | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| Weighted Daily Average             |              |           | 607                      | 5.34                   | 1126                   | *41.78           | *0.00                         | 21.83     | 0.00       | 50          | 84.84    | 6.69      | 19.42     | *2          | 438.6                  | 28.00      | 2.40      | \$0.000 |
| % of Calories                      |              |           |                          | 7.92%                  |                        | *27.53 %         | *N/A*                         | 32.4%     | 0.0%       |             | 55.9%    |           | 12.8%     |             |                        |            |           |         |
| Weekly Nutrient Guideline          |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |                        |            |           |         |

Thursday - 10/02/2025

Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002951 BEEF TAQUITO                  | SERVINGS     | 2000      | 200                      | 1.00                   | 410                    | 0.00             | *N/A*                         | 4.00      | 0.00       | 15          | 33.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 7.20      | \$0.000 |
| 003219 Sour Cream Stick Pack (Sysco) | EACH         | 2000      | 60                       | 3.50                   | 10                     | *N/A*            | *N/A*                         | 5.00      | *N/A*      | 20          | 1.00     | *N/A*     | 1.00      | *N/A*       | 30.0       | *N/A*      | *N/A*     | \$0.000 |
| 003137 CUCUMBER RAW                  | 1/2C SERVING | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN  | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0.00            | *N/A*                         | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 000942 FRUIT, PINEAPPLE FRESH        | #8 SCOOP     | 500       | 37                       | 0.00                   | 1                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 9.69     | 1.38      | 0.00      | *N/A*       | 13.8       | 28.23      | 0.25      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average               |              |           | 454                      | 5.24                   | 633                    | *17.90           | *0.00                         | 10.36     | *0.00      | 45          | 70.62    | *7.56     | 19.79     | *0          | 481.9      | *48.54     | *7.79     | \$0.000 |
| % of Calories                        |              |           |                          | 10.39 %                |                        | *15.77 %         | *N/A*                         | 20.5%     | *0.0%      |             | 62.2%    |           | 17.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 10/07/2025

Reimbursable Meal Total 2000

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001946 CHICKEN PATTY ON BUN (RC)  | EACH         | 2000      | 182                      | 2.00                   | 423                    | 0.03             | *N/A*                         | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ    | EACH         | 2000      | 85                       | 0.00                   | 23                     | *N/A*            | *N/A*                         | 1.50      | *N/A*      | 9           | 15.00    | 0.60      | 3.10      | *N/A*       | 19.0       | 0.00       | 0.80      | \$0.000 |
| 002984 POTATO MCCAIN SPIRAL FRIES | 1/2 cup      | 2000      | 188                      | 1.25                   | 450                    | 0.00             | *N/A*                         | 10.01     | 0.00       | 0           | 25.01    | 1.25      | 2.50      | *N/A*       | 12.5       | 0.00       | 0.50      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE   | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000068 FRUIT, BANANAS FRESH   | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH   | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 1000      | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET        | PACKET       | 1000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 000223 MUSTARD, PACKET        | Pkt          | 1000      | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*                         | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| Weighted Daily Average        |              |           | 676                      | 4.04                   | 1124                   | *30.65           | *0.00                         | 21.98     | *0.00      | 39          | 95.54    | 8.51      | 28.07     | *2          | 412.5      | 28.01      | 3.65      | \$0.000 |
| % of Calories                 |              |           |                          | 5.38%                  |                        | *18.14 %         | *N/A*                         | 29.3%     | *0.0%      |             | 56.5%    |           | 16.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/08/2025      Reimbursable Meal Total 2000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002847 PULL-APART ITALIAN GARLIC      | PACKAGES     | 2000      | 304                      | 6.08                   | 527                    | 5.06             | *N/A*                         | 13.16     | 0.00       | 30          | 32.40    | 2.02      | 14.18     | *N/A*       | 344.3      | 0.00       | 1.82      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*       | 22.0       | 9.87       | 0.62      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 2000      | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*                         | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 2000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 550                      | 7.33                   | 817                    | *22.06           | *N/A*                         | 18.99     | *0.00      | *40         | 71.53    | 6.20      | 26.05     | *0          | 775.2                  | 93.44      | 2.78      | \$0.000 |
| % of Calories                 |              |           |                          | 11.99 %                |                        | *16.04 %         | *N/A*                         | 31.1%     | *0.0%      |             | 52.0%    |           | 18.9%     |             |                        |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |                        |            |           |         |

Thursday - 10/09/2025

Reimbursable Meal Total 2000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003074 Homestyle Chicken Nugget (GK) | 5 Each       | 2000      | 182                      | 1.62                   | 328                    | 0.00             | *N/A*                         | 9.90      | 0.00       | 34          | 9.50     | 0.00      | 13.50     | *N/A*       | 22.0                   | 87.00      | 1.00      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY | SERVINGS     | 2000      | 120                      | 0.50                   | 35                     | 0.00             | *N/A*                         | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*       | 10.0                   | 0.00       | 0.30      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 500       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET               | PACKET       | 1000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000223 MUSTARD, PACKET    | Pkt          | 1000      | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*                         | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| Weighted Daily Average    |              |           | 515                      | 2.90                   | 590                    | *25.80           | *0.00                         | 16.34     | 0.00       | 44          | 70.89    | 4.47      | 25.27     | *2          | 420.3      | 133.64     | 1.79      | \$0.000 |
| % of Calories             |              |           |                          | 5.07%                  |                        | *20.04 %         | *N/A*                         | 28.6%     | 0.0%       |             | 55.1%    |           | 19.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/10/2025                      Reimbursable Meal Total 2000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002889 SANDWICH UNCRUST PB&GRP 5.3   | EA           | 800       | 600                      | 6.00                   | 540                    | 29.00            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*       | 78.0       | 0.00       | 3.00      | \$0.000 |
| 002890 SANDWICH UNCRUST PB&STRW 5.3  | EA           | 800       | 590                      | 7.00                   | 540                    | 30.00            | 27.00                         | 32.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*       | 84.0       | 0.00       | 2.00      | \$0.000 |
| 002277 SANDWICH, SB & GRAPE WG 2.8OZ | EACH         | 400       | 310                      | 2.00                   | 250                    | *N/A*            | *N/A*                         | 17.00     | 0.00       | 0           | 33.00    | 5.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 2.70      | \$0.000 |
| 001917 CHEESE, MOZZARELLA STRING     | EACH         | 400       | 60                       | 2.00                   | 210                    | *N/A*            | *N/A*                         | 2.50      | 0.00       | 10          | 1.00     | 0.00      | 8.00      | *N/A*       | 200.0      | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC CHERRY TOM         | .5 CUP       | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*                         | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*       | 15.0       | 43.56      | 0.45      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 792                      | 6.77                   | 691                    | *53.19           | *10.80                        | 32.15     | *0.00      | 12          | 105.25   | 10.62     | 29.69     | *1          | 503.4      | 71.30      | 3.46      | \$0.000 |
| % of Calories                 |              |           |                          | 7.69%                  |                        | *26.86 %         | *N/A*                         | 36.5%     | *0.0%      |             | 53.2%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/13/2025

Reimbursable Meal Total 2000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001834 BRKFST, WG MUFFIN ASSORTED 2G | #8 SCOOP     | 2000      | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ       | SERVING      | 2000      | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0      | 0.00       | 0.00      | \$0.000 |
| 001917 CHEESE, MOZZARELLA STRING     | EACH         | 2000      | 60                       | 2.00                   | 210                    | *N/A*            | *N/A*                         | 2.50      | 0.00       | 10          | 1.00     | 0.00      | 8.00      | *N/A*       | 200.0      | 0.00       | 0.00      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME       | BAG          | 1000      | 25                       | 0.00                   | 200                    | 4.00             | *N/A*                         | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002408 VEG, CARROTS RANCH            | BAG          | 1000      | 25                       | 0.00                   | 200                    | 4.00             | *N/A*                         | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 743                      | 5.27                   | 829                    | *62.59           | *0.00                         | 15.58     | *0.00      | 58          | 127.99   | 8.98      | 28.36     | *1          | 812.3      | 32.54      | 2.81      | \$0.000 |
| % of Calories                 |              |           |                          | 6.38%                  |                        | *33.70 %         | *N/A*                         | 18.9%     | *0.0%      |             | 68.9%    |           | 15.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 10/14/2025                      Reimbursable Meal Total 2000

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003075 BURRITO BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 2000      | 321                      | 3.54                   | 475                    | 1.75             | 0.00                          | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*       | 171.1      | 1.64       | 3.85      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO          | #8 SCOOP     | 2000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*       | 3.2        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN      | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0.00            | *N/A*                         | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 000942 FRUIT, PINEAPPLE FRESH            | #8 SCOOP     | 500       | 37                       | 0.00                   | 1                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 9.69     | 1.38      | 0.00      | *N/A*       | 13.8       | 28.23      | 0.25      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN            | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                   |              |           | 562                      | 4.28                   | 839                    | *24.17           | *0.00                         | 10.59     | *0.00      | 25          | 89.72    | 11.51     | 27.28     | *0          | 546.3      | 50.18      | 4.44      | \$0.000 |
| % of Calories                            |              |           |                          | 6.85%                  |                        | *17.20 %         | *0.00%                        | 17.0%     | *0.0%      |             | 63.9%    |           | 19.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/15/2025                      Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                             | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|---------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|--------------|---------------|--------------|---------|
| 001861 PIZZA, WG<br>CHEESE 5"               | EACH            | 1000         | 360                         | 8.00                      | 510                       | 4.00                   | *N/A*                               | 17.00        | 0.00          | 35             | 34.00       | 3.00         | 20.00        | *N/A*          | 450.0        | 6.00          | 2.70         | \$0.000 |
| 001862 PIZZA, WG PEP<br>5"                  | EACH            | 1000         | 360                         | 7.00                      | 570                       | 4.00                   | *N/A*                               | 16.00        | 0.00          | 35             | 34.00       | 3.00         | 20.00        | *N/A*          | 400.0        | 9.00          | 1.80         | \$0.000 |
| 002481 SALAD, SPINACH<br>& ROMAINE          | 1EA #8<br>SCOOP | 2000         | 7                           | 0.01                      | 14                        | *N/A*                  | *N/A*                               | 0.07         | *0.00         | 0              | 1.30        | 0.77         | 0.68         | *N/A*          | 22.0         | 9.87          | 0.62         | \$0.000 |
| 001975 DRESSING,<br>RANCH PACKET<br>12GRAMS | PACKET          | 2000         | 45                          | 0.50                      | 120                       | *N/A*                  | *N/A*                               | 4.50         | 0.00          | *N/A*          | 1.00        | 0.00         | 0.00         | *N/A*          | 0.0          | 0.00          | 0.00         | \$0.000 |
| 002058 FRUIT, APPLE<br>FRESH WHOLE          | 1 EACH          | 1000         | 100                         | 0.00                      | 0                         | 19.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 25.00       | 4.00         | 0.00         | *N/A*          | 20.0         | 8.40          | 0.36         | \$0.000 |
| 000068 FRUIT, BANANAS<br>FRESH              | EACH            | 500          | 90                          | 0.11                      | 1                         | 12.35                  | 0.00                                | 0.33         | 0.00          | 0              | 23.07       | 2.63         | 1.10         | 3              | 5.0          | 8.79          | 0.26         | \$0.000 |
| 000086 FRUIT, ORANGES<br>FRESH              | EACH            | 500          | 69                          | 0.00                      | 2                         | *N/A*                  | *N/A*                               | 0.00         | 0.00          | 0              | 17.82       | 3.39         | 1.70         | *N/A*          | 59.4         | 82.98         | 0.15         | \$0.000 |
| 000230 MILK,1% WHITE                        | CARTON          | 990          | 130                         | 1.50                      | 160                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 15             | 16.00       | 0.00         | 10.00        | *N/A*          | 400.0        | 1.20          | 0.00         | \$0.000 |
| 000228 MILK, NONFAT<br>CHOCOLATE            | CARTON          | 1000         | 120                         | 0.00                      | 150                       | 19.00                  | *N/A*                               | 0.00         | 0.00          | 5              | 22.00       | 0.00         | 9.00         | *N/A*          | 300.0        | 0.00          | 0.36         | \$0.000 |
| 000129 MILK, SOYMILK<br>KIKKOMAN            | SERVING         | 10           | 140                         | 0.50                      | 110                       | 15.00                  | *N/A*                               | 4.50         | 0.00          | 0              | 17.00       | 2.00         | 8.00         | *N/A*          | 300.0        | 0.00          | 1.08         | \$0.000 |
| 003061 RICE CRISPY<br>TREATS                | SERVINGS        | 2000         | 263                         | 2.28                      | 300                       | *15.66                 | *N/A*                               | 12.53        | *N/A*         | 0              | 35.87       | 0.03         | 1.47         | *0             | 0.8          | 3.83          | 1.04         | \$0.000 |
| Weighted Daily Average                      |                 |              | 890                         | 11.07                     | 1129                      | *49.25                 | *0.00                               | 34.94        | *0.00         | *45            | 113.90      | 7.31         | 32.35        | *1             | 823.5        | 48.93         | 4.37         | \$0.000 |
| % of Calories                               |                 |              |                             | 11.19<br>%                |                           | *22.13<br>%            | *N/A*                               | 35.3%        | *0.0%         |                | 51.2%       |              | 14.5%        |                |              |               |              |         |
| Weekly Nutrient Guideline                   |                 |              | 0 - 0                       | <10                       |                           |                        | <0                                  | <=0          |               |                |             |              |              |                |              |               |              |         |

Thursday - 10/16/2025

Reimbursable Meal Total 2000



Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002993 MAC & CHEESE PREMIUM JTM    | 6oz          | 2000      | 317                      | 8.90                   | 781                    | 3.00             | *N/A*                         | 16.00     | 0.00       | 46          | 28.00    | 2.00      | 15.00     | *N/A*       | 368.0      | 0.00       | 1.00      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ     | EACH         | 2000      | 85                       | 0.00                   | 23                     | *N/A*            | *N/A*                         | 1.50      | *N/A*      | 9           | 15.00    | 0.60      | 3.10      | *N/A*       | 19.0       | 0.00       | 0.80      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO | 10 BARRELS   | 2000      | 170                      | 1.50                   | 360                    | 0.00             | *N/A*                         | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE    | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH        | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH        | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE               | CARTON       | 1000      | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE      | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN      | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET             | PACKET       | 2000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average             |              |           | 796                      | 11.18                  | 1402                   | *34.58           | *0.00                         | 27.86     | *0.00      | 65          | 106.27   | 7.14      | 30.43     | *3          | 766.0      | 31.71      | 2.66      | \$0.000 |
| % of Calories                      |              |           |                          | 12.64 %                |                        | *17.38 %         | *N/A*                         | 31.5%     | *0.0%      |             | 53.4%    |           | 15.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline          |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/17/2025

Reimbursable Meal Total 2000

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002800 CHICKEN ORANGE NOODLE BOWL | SERVINGS     | 2000      | 294                      | 2.33                   | 422                    | *1.20            | *N/A*                         | 8.87      | *0.00      | 46          | 37.56    | 3.45      | 19.00     | *N/A*       | 19.0       | 1.48       | 2.36      | \$0.000 |
| 003126 HS NOODLE, STIR FRY        | SERVING      | 100       | 238                      | 0.40                   | 250                    | *N/A*            | *N/A*                         | 5.82      | *0.00      | 0           | 41.73    | 4.10      | 8.31      | *N/A*       | 21.3       | 0.09       | 2.80      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*       | 22.0       | 9.87       | 0.62      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 2000      | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*                         | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 2000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 573                      | 3.72                   | 724                    | *30.55           | *0.00                         | 15.33     | *0.00      | *56         | 84.02    | 7.06      | 30.69     | *3          | 396.6      | 20.73      | 3.56      | \$0.000 |
| % of Calories                         |              |           |                          | 5.84%                  |                        | *21.33 %         | *N/A*                         | 24.1%     | *0.0%      |             | 58.7%    |           | 21.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/20/2025                      Reimbursable Meal Total 2000

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA) | SERVINGS     | 2000      | 229                      | 3.53                   | 335                    | *0.33            | *0.00                         | 7.74      | *0.00      | 53          | 16.50    | 2.12      | 22.36     | *0          | 65.1       | 1.00       | 1.54      | \$0.000 |
| 003092 CHIP TORTILLA SCOOPS BAKED               | SERVINGS     | 2000      | 110                      | 0.00                   | 95                     | 0.00             | 0.00                          | 3.00      | 0.00       | 0           | 19.01    | 2.00      | 2.00      | *N/A*       | 30.0       | 0.00       | 0.30      | \$0.000 |
| 001051 SALSA, COMMODITY                         | #8 SCOOP     | 1000      | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                 | 1 EACH       | 500       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                     | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                     | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE          | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 569                      | 4.33                   | 648                    | *28.25           | *0.00                         | 12.17     | *0.00      | 63          | 80.30    | 9.06      | 34.82     | *2          | 467.0      | 28.83      | 2.28      | \$0.000 |
| % of Calories                 |              |           |                          | 6.85%                  |                        | *19.86 %         | *0.00%                        | 19.2%     | *0.0%      |             | 56.4%    |           | 24.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 10/21/2025

Reimbursable Meal Total 2000

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002677 SANDWICH, GRILLED CHEESE | EACH         | 2000      | 477                      | 16.33                  | 928                    | *2.00            | *N/A*                         | 31.33     | *0.00      | 80          | 23.00    | 3.00      | 25.00     | *N/A*       | 36.0       | 0.00       | 1.00      | \$0.000 |
| 000391 POTATO, SMILES           | SERVINGS (6) | 2000      | 130                      | 0.50                   | 180                    | 0.00             | *N/A*                         | 4.50      | 0.00       | 0           | 20.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 2.40       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE   | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN   | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 2000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 830                      | 17.61                  | 1345                   | *33.50           | *0.00                         | 37.19     | *0.00      | 90          | 87.19    | 8.54      | 37.28     | *3          | 413.0      | 30.50      | 1.86      | \$0.000 |
| % of Calories             |              |           |                          | 19.10 %                |                        | *16.14 %         | *N/A*                         | 40.3%     | *0.0%      |             | 42.0%    |           | 18.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/22/2025                      Reimbursable Meal Total 2000

|                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003010 CORN DOG MINI CHICKEN SYSCO | SERVINGS 4EA | 2000      | 179                      | 2.49                   | 318                    | 3.98             | *N/A*                         | 7.96      | 0.00       | 30          | 19.89    | 1.00      | 5.97      | *N/A*       | 49.7       | 0.00       | 1.49      | \$0.000 |
| 003008 HS SALAD POTATO SYSCO       | 1/2C         | 2000      | 207                      | 2.07                   | 581                    | 7.26             | *N/A*                         | 12.44     | 0.00       | 10          | 21.77    | 2.07      | 3.11      | *N/A*       | 10.4       | 0.00       | 0.37      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE    | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH        | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH        | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE               | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE      | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN      | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET             | PACKET       | 1000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000223 MUSTARD, PACKET    | Pkt          | 1000      | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*                         | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| Weighted Daily Average    |              |           | 607                      | 5.34                   | 1126                   | *41.78           | *0.00                         | 21.83     | 0.00       | 50          | 84.84    | 6.69      | 19.42     | *2          | 438.6      | 28.00      | 2.40      | \$0.000 |
| % of Calories             |              |           |                          | 7.92%                  |                        | *27.53 %         | *N/A*                         | 32.4%     | 0.0%       |             | 55.9%    |           | 12.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/23/2025                      Reimbursable Meal Total 2000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002951 BEEF TAQUITO                  | SERVINGS     | 2000      | 200                      | 1.00                   | 410                    | 0.00             | *N/A*                         | 4.00      | 0.00       | 15          | 33.00    | 5.00      | 9.00      | *N/A*       | 80.0       | 0.00       | 7.20      | \$0.000 |
| 003219 Sour Cream Stick Pack (Sysco) | EACH         | 2000      | 60                       | 3.50                   | 10                     | *N/A*            | *N/A*                         | 5.00      | *N/A*      | 20          | 1.00     | *N/A*     | 1.00      | *N/A*       | 30.0       | *N/A*      | *N/A*     | \$0.000 |
| 003137 CUCUMBER RAW                  | 1/2C SERVING | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN  | #8 SCOOP     | 1500      | 69                       | 0.00                   | 76                     | *0.00            | *N/A*                         | 0.00      | *0.00      | 0           | 17.72    | 2.53      | 0.00      | *N/A*       | 25.3       | 54.52      | 0.46      | \$0.000 |
| 000942 FRUIT, PINEAPPLE FRESH        | #8 SCOOP     | 500       | 37                       | 0.00                   | 1                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 9.69     | 1.38      | 0.00      | *N/A*       | 13.8       | 28.23      | 0.25      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average               |              |           | 454                      | 5.24                   | 633                    | *17.90           | *0.00                         | 10.36     | *0.00      | 45          | 70.62    | *7.56     | 19.79     | *0          | 481.9      | *48.54     | *7.79     | \$0.000 |
| % of Calories                        |              |           |                          | 10.39 %                |                        | *15.77 %         | *N/A*                         | 20.5%     | *0.0%      |             | 62.2%    |           | 17.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

Friday - 10/24/2025 Reimbursable Meal Total 2000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002317 SCONES, ASSORTED WG 2 GRAINS | SERVINGS     | 2000      | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ      | SERVING      | 2000      | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0      | 0.00       | 0.00      | \$0.000 |
| 001917 CHEESE, MOZZARELLA STRING    | EACH         | 2000      | 60                       | 2.00                   | 210                    | *N/A*            | *N/A*                         | 2.50      | 0.00       | 10          | 1.00     | 0.00      | 8.00      | *N/A*       | 200.0      | 0.00       | 0.00      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO  | 10 BARRELS   | 2000      | 170                      | 1.50                   | 360                    | 0.00             | *N/A*                         | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 002244 FRUIT, APPLE SLICE BAG       | BAG          | 2000      | 50                       | 0.00                   | 0                      | 9.50             | *N/A*                         | 0.00      | 0.00       | 0           | 12.50    | 2.00      | 0.00      | *N/A*       | 10.0       | 4.20       | 0.18      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 1000      | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET              | PACKET       | 2000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average              |              |           | 805                      | 7.83                   | 1055                   | *49.71           | *N/A*                         | 21.53     | *0.02      | 35          | 126.55   | 6.56      | 27.68     | *2          | 782.8      | 11.32      | 2.51      | \$0.000 |
| % of Calories                       |              |           |                          | 8.75%                  |                        | *24.70 %         | *N/A*                         | 24.1%     | *0.0%      |             | 62.9%    |           | 13.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/27/2025 Reimbursable Meal Total 2000

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002839 CEREAL COCOA PUFFS 2OZ | EA           | 1000      | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002840 CEREAL LUCKY CHARMS 2OZ   | EA           | 1000      | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ   | SERVING      | 2000      | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0      | 0.00       | 0.00      | \$0.000 |
| 001917 CHEESE, MOZZARELLA STRING | EACH         | 2000      | 60                       | 2.00                   | 210                    | *N/A*            | *N/A*                         | 2.50      | 0.00       | 10          | 1.00     | 0.00      | 8.00      | *N/A*       | 200.0      | 0.00       | 0.00      | \$0.000 |
| 002408 VEG, CARROTS RANCH        | BAG          | 2000      | 25                       | 0.00                   | 200                    | 4.00             | *N/A*                         | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE  | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH      | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH      | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE             | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE    | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN    | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average           |              |           | 630                      | 3.27                   | 950                    | *47.09           | *0.00                         | 7.34      | *0.00      | 24          | 117.73   | 9.52      | 27.19     | *1          | 870.6      | 37.04      | 6.33      | \$0.000 |
| % of Calories                    |              |           |                          | 4.67%                  |                        | *29.90 %         | *N/A*                         | 10.5%     | *0.0%      |             | 74.7%    |           | 17.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline        |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 10/28/2025

Reimbursable Meal Total 2000

|                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001946 CHICKEN PATTY ON BUN (RC) | EACH         | 2000      | 182                      | 2.00                   | 423                    | 0.03             | *N/A*                         | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ   | EACH         | 2000      | 85                       | 0.00                   | 23                     | *N/A*            | *N/A*                         | 1.50      | *N/A*      | 9           | 15.00    | 0.60      | 3.10      | *N/A*       | 19.0       | 0.00       | 0.80      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002987 POTATO MCCAIN REG CRINKLE FRY | SERVINGS     | 2000      | 120                      | 0.50                   | 35                     | 0.00             | *N/A*                         | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*       | 10.0       | 0.00       | 0.30      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| 000222 KETCHUP, PACKET               | PACKET       | 1000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 000223 MUSTARD, PACKET               | Pkt          | 1000      | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*                         | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| Weighted Daily Average               |              |           | 608                      | 3.28                   | 708                    | *30.58           | *0.00                         | 16.96     | *0.00      | 39          | 90.45    | 8.26      | 26.52     | *2          | 408.0      | 28.00      | 3.45      | \$0.000 |
| % of Calories                        |              |           |                          | 4.86%                  |                        | *20.12 %         | *N/A*                         | 25.1%     | *0.0%      |             | 59.5%    |           | 17.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/29/2025                      Reimbursable Meal Total 2000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002847 PULL-APART ITALIAN GARLIC      | PACKAGES     | 2000      | 304                      | 6.08                   | 527                    | 5.06             | *N/A*                         | 13.16     | 0.00       | 30          | 32.40    | 2.02      | 14.18     | *N/A*       | 344.3      | 0.00       | 1.82      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*       | 22.0       | 9.87       | 0.62      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 2000      | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*                         | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH   | EACH         | 2000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 550                      | 7.33                   | 817                    | *22.06           | *N/A*                         | 18.99     | *0.00      | *40         | 71.53    | 6.20      | 26.05     | *0          | 775.2      | 93.44      | 2.78      | \$0.000 |
| % of Calories                 |              |           |                          | 11.99 %                |                        | *16.04 %         | *N/A*                         | 31.1%     | *0.0%      |             | 52.0%    |           | 18.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/30/2025

Reimbursable Meal Total 2000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003074 Homestyle Chicken Nugget (GK) | 5 Each       | 2000      | 182                      | 1.62                   | 328                    | 0.00             | *N/A*                         | 9.90      | 0.00       | 34          | 9.50     | 0.00      | 13.50     | *N/A*       | 22.0       | 87.00      | 1.00      | \$0.000 |
| 003144 POTATO FRY WAFFLE CUT MCCAIN  | SERVINGS     | 2000      | 173                      | 1.52                   | 346                    | 1.02             | 0.00                          | 10.16     | 0.00       | 0           | 20.33    | 1.02      | 2.03      | *N/A*       | 10.2       | 0.00       | 0.41      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 500       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 1000      | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| 000223 MUSTARD, PACKET    | Pkt          | 1000      | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*                         | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| Weighted Daily Average    |              |           | 568                      | 3.92                   | 901                    | *26.81           | *0.00                         | 21.50     | 0.00       | 44          | 71.20    | 4.48      | 26.30     | *2          | 420.5      | 133.64     | 1.89      | \$0.000 |
| % of Calories             |              |           |                          | 6.21%                  |                        | *18.88 %         | *N/A*                         | 34.1%     | 0.0%       |             | 50.1%    |           | 18.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/31/2025

Reimbursable Meal Total 2000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002889 SANDWICH UNCRUST PB&GRP 5.3   | EA           | 800       | 600                      | 6.00                   | 540                    | 29.00            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*       | 78.0       | 0.00       | 3.00      | \$0.000 |
| 002890 SANDWICH UNCRUST PB&STRW 5.3  | EA           | 800       | 590                      | 7.00                   | 540                    | 30.00            | 27.00                         | 32.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*       | 84.0       | 0.00       | 2.00      | \$0.000 |
| 002277 SANDWICH, SB & GRAPE WG 2.8OZ | EACH         | 400       | 310                      | 2.00                   | 250                    | *N/A*            | *N/A*                         | 17.00     | 0.00       | 0           | 33.00    | 5.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 2.70      | \$0.000 |
| 001917 CHEESE, MOZZARELLA STRING     | EACH         | 400       | 60                       | 2.00                   | 210                    | *N/A*            | *N/A*                         | 2.50      | 0.00       | 10          | 1.00     | 0.00      | 8.00      | *N/A*       | 200.0      | 0.00       | 0.00      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME       | BAG          | 1000      | 25                       | 0.00                   | 200                    | 4.00             | *N/A*                         | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002408 VEG, CARROTS RANCH            | BAG          | 1000      | 25                       | 0.00                   | 200                    | 4.00             | *N/A*                         | 0.00      | 0.00       | 0           | 7.00     | 2.00      | 1.00      | *N/A*       | 20.0       | 4.80       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 990       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 1000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15.00            | *N/A*                         | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 790                      | 6.77                   | 879                    | *57.19           | *10.80                        | 31.64     | 0.00       | 12          | 106.23   | 12.12     | 29.19     | *1          | 508.4      | 32.54      | 3.37      | \$0.000 |
| % of Calories                 |              |           |                          | 7.71%                  |                        | *28.96 %         | *N/A*                         | 36.0%     | 0.0%       |             | 53.8%    |           | 14.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 0 - 0                    | <10                    |                        |                  | <0                            | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages |  | 646                      | 6                      | 903                    | *35.59           | *1.03                         | 20.26     | *0.00      | *44         | 91.77    | *7.86     | 27.22     | *1          | 569        | *50.42     | *3.54     | \$0.000 |
| % of Calories     |  |                          | 8.76%                  |                        | *22.04 %         | *N/A*                         | 28.2%     | *0.0%      |             | 56.8%    |           | 16.9%     |             |            |            |           |         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.