

OCTOBER 2025

Questions or concerns Contact Nutrition Services (530) 743-4428 ext. 1770 or mdelong@plusd.org

RIO DEL ORO TK

	Monday	Tuesday	Wednesday	Thursday	Friday
t			Benefit Bar Banana Grape Juice 1% White Milk	Concha Craisins Apple Juice 1% White Milk	Mini Cinni Apple Slices Orange Juice 1% White Milk
	Cereal Oranges Apple Juice 1% White Milk	7 Bagel w/ Cream Cheese Apple Slices Orange Juice 1% White Milk	Benefit Bar Banana Grape Juice 1% White Milk	Concha Craisins Apple Juice 1% White Milk	Mini Cinni Apple Slices Orange Juice 1% White Milk
	NO SCHOOL	Bagel w/ Cream Cheese Apple Slices Orange Juice 1% White Milk	Benefit Bar Banana Grape Juice 1% White Milk	Concha Craisins Apple Juice 1% White Milk	Mini Cinni Apple Slices Orange Juice 1% White Milk
A 35 C	Cereal Oranges Apple Juice 1% White Milk	Bagel w/ Cream Cheese Apple Slices Orange Juice 1% White Milk	Benefit Bar Banana Grape Juice 1% White Milk	Concha Craisins Apple Juice 1% White Milk	Mini Cinni Apple Slices Orange Juice 1% White Milk
	Cereal Oranges Apple Juice 1% White Milk	Bagel w/ Cream Cheese Apple Slices Orange Juice 1% White Milk	Benefit Bar Banana Grape Juice 1% White Milk	Concha Craisins Apple Juice 1% White Milk	Mini Cinni Apple Slices Orange Juice 1% White Milk

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue to make every effort to provide our students with the best products available.

Thank you for your patience and understanding as we work with our distributors to navigate these shortages.