



YCUSD K-5 SEPTEMBER MENU

Monday



Tuesday

Wednesday

Thursday

Friday



1 Breakfast
Grilled Breakfast
Sandwich or
Cereal
Offered with each choice
Orange Wedges/Juice
Lunch
Beef & Bean Burrito or
Cheese Quesadilla
Offered with each Choice
Steamed Corn

2 Breakfast
French Toast Bites
or Cereal
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Chicken Tenders or
Cheese Bites
Offered with each Choice
French Fries

3 Breakfast
Strawberry Parfait
w/ graham or Cereal
Offered with each choice
Bananas/Juice
Lunch
Teriyaki Chicken &
Noodles or Asian Tofu
Wrap
Offered with each Choice
Steamed Carrots
Fortune Cookie

4 Breakfast
Fresh Cinnamon Rolls
or Cereal
Offered with each choice
Fresh Fruit/Juice
Lunch
Corndog or
Mac & Cheese W/Roll
Offered with each Choice
Steamed Green Beans



8 Breakfast
Chicken Biscuit
Sandwich or Cereal
Offered with each choice
Orange Wedges/Juice
Lunch
Turkey Soft Taco or
Cheese Tamale
Offered with each Choice
Steamed Corn
Lucky Tray Day

9 Breakfast
Strawberry Puff
Pancakes or Cereal
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Chicken Wrap or Cheese
Bread Sticks w/ Dip Cup
Offered with each Choice
Sidewinder Fries

10 Breakfast
Buttermilk Bar with
Trix Yogurt or Cereal
Offered with each choice
Bananas/Juice
Lunch
Orange Chicken & Noodles
or Veggie Egg Roll w/Rice
Offered with each Choice
Steamed Carrots
Fortune Cookie

11 Breakfast
Pizza Puffs
or Cereal
Offered with each choice
Fresh Fruit/Juice
Lunch
Bacon Cheese Burger or
Black Bean Veggie
Burger
Offered with each Choice
Onion Rings



14 Breakfast
Cheese Omelet with
Toast or Cereal
Offered with each choice
Chilled Peaches/Juice
Lunch
Chicken Nuggets or
Italian Pull-A-Part
Offered with each Choice
Tater Tots

15 Breakfast
Ham & Cheese Croissant
or Cereal
Offered with each choice
Orange Wedges/Juice
Lunch
Chicken Tamale or Bean
& Cheese Burrito
Offered with each Choice
Steamed Corn

16 Breakfast
Raspberry Churro with
Raspberry Peach Yogurt
or Cereal
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Pepperoni Pizza or
Cheese Pizza
Offered with each Choice
French Fries

17 Breakfast
Peach Smoothie w/ Scooby
Grahams or Cereal
Offered with each choice
Bananas/Juice
Lunch
Chicken Fried Rice w/
Chicken Egg Roll or
Teryaki Tofu w/Noodles
Offered with each Choice
Steamed Carrots
Fortune Cookie

18 Breakfast
Fresh Cinnamon Rolls
or Cereal
Offered with each choice
Fresh Fruit/Juice
Lunch
Chicken Sandwich or
Veggie Spinach Wrap
Offered with each Choice
Potato Smiles



Monday

Veggie Beans
Leaf Lettuce
Baby Carrots
Dried Fruit
Applesauce
Fresh Fruit

Tuesday

Iceberg Lettuce
Salsa
Olives
Fiesta Black Beans
Cucumber Slices
Shredded Cheese
Fresh Pineapple

Wednesday

Green Lettuce
Pickles
Tomato Slices
Baby Carrots
Chilled Fruit
Fresh Melon
Dressing

Thursday

Leafy Green Salad
Dry Noodles Topper
Kidney Beans
Tomato & Broccoli
Chilled Pears
Fresh Strawberries
Fresh Mango
Dressing

Friday

Leafy Green Salad
Carrots & Celery
Fresh Peas
Bell Peppers
Chilled Peaches
Fresh Fruit
Dressing



Offered Daily
1% White Milk
Nonfat
Chocolate Milk
Nonfat
Strawberry Milk

Menus are subject to change.

This institution is an equal opportunity provider.



YCUSD K-5 SEPTEMBER MENU



Monday

21 **Breakfast**
Maple Chip Waffles or Cereal
Offered with each choice
Chilled Peaches/Juice
Lunch
Popcorn Chicken or Grilled Cheese Sandwich
Offered with each Choice
Tater Tots

Tuesday

22 **Breakfast**
Grilled Breakfast Sandwich or Cereal
Offered with each choice
Orange Wedges/Juice
Lunch
Beef & Bean Burrito or Cheese Quesadilla
Offered with each Choice
Steamed Corn

Wednesday

23 **Breakfast**
French Toast Bites or Cereal
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Chicken Tenders or Cheese Bites
Offered with each Choice
French Fries

Thursday

24 **Breakfast**
Strawberry Parfait w/ graham or Cereal
Offered with each choice
Bananas/Juice
Lunch
Teriyaki Chicken & Noodles or Asian Tofu Wrap
Offered with each Choice
Steamed Carrots
Fortune Cookie

Friday

25 **Breakfast**
Fresh Cinnamon Rolls or Cereal
Offered with each choice
Fresh Fruit/Juice
Lunch
Corndog or Mac & Cheese W/Roll
Offered with each Choice
Steamed Green Beans

28 **Breakfast**
Breakfast Pizza or Cereal
Offered with each choice
Chilled Peaches/Juice
Lunch
Turkey & Cheese Sandwich or PB&J or Wowbutter Sandwich w/ Cheese Stick
Offered with each Choice
Tater Tots

29 **Breakfast**
Chicken Biscuit Sandwich or Cereal
Offered with each choice
Orange Wedges/Juice
Lunch
Turkey Soft Taco or Cheese Tamale
Offered with each Choice
Steamed Corn
Lucky Tray Day

30 **Breakfast**
Strawberry Puff Pancakes or Cereal
Offered with each choice
Frozen Fruit Cup/Juice
Lunch
Chicken Wrap or Cheese Bread Sticks w/ Dip Cup
Offered with each Choice
Sidewinder Fries

Fun Dinosaur Facts!

The largest dinosaur eggs were about the size of a basketball.

The blue whale, the largest animal on earth today, is bigger than any dinosaur.

The bite of a T-rex is nearly twice as powerful of a lion's bite.

Many scientists believe that birds are related to dinosaurs.

Monday

Veggie Beans
Leaf Lettuce
Baby Carrots
Dried Fruit
Applesauce
Fresh Fruit

Tuesday

Iceberg Lettuce
Salsa
Olives
Fiesta Black Beans
Cucumber Slices
Shredded Cheese
Fresh Pineapple

Wednesday

Green Lettuce
Pickles
Tomato Slices
Baby Carrots
Chilled Fruit
Fresh Melon
Dressing

Thursday

Leafy Green Salad
Dry Noodles Topper
Kidney Beans
Tomato & Broccoli
Chilled Pears
Fresh Strawberries
Fresh Mango
Dressing

Friday

Leafy Green Salad
Carrots & Celery
Fresh Peas
Bell Peppers
Chilled Peaches
Fresh Fruit
Dressing

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1% White Milk
Nonfat
Chocolate Milk
Nonfat
Strawberry Milk