

Menu Name:

PRE-SCHOOL LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 08/03/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003364 CHICKEN & CHEESE MINI TACOS (4 COUNT)	SERVING (4 EA)	300	240	3.00	360	1.00	0.00	7.00	0.00	50	30.00	5.00	18.00	*N/A*	150.0	*N/A*	1.50	\$16.918
003429 CORN SALSA	#8 SCOOP	300	41	0.00	359	*2.71	*N/A*	0.27	0.00	0	8.25	0.54	0.54	*N/A*	15.8	0.00	0.42	\$68.219
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			498	4.51	879	*29.05	*0.35	9.96	0.00	64	76.14	8.95	29.42	*1	*580.6	*34.55	*2.18	\$91.876
% of Calories				8.15%		*23.33 %	*0.28%	18.0%	0.0%		61.2%		23.6%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 08/04/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	300	293	3.00	487	0.00	*N/A*	17.00	0.00	81	17.00	3.00	18.00	*N/A*	18.0	0.00	2.00	\$263.934

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	300	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			639	5.51	686	*25.34	*0.35	24.69	0.00	96	74.89	7.41	30.88	*1	*432.8	*34.55	*2.62	\$437.563
% of Calories				7.76%		*15.86 %	*0.22%	34.8%	0.0%		46.9%		19.3%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 08/05/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003333 CHICKEN DOUBLE DOGS IW	SERVING	300	251	2.51	713	4.01	4.01	9.03	0.00	20	32.11	2.01	12.04	*N/A*	80.3	*N/A*	1.71	\$25.000
003434 VEG, GREEN BEANS (SYSCO)	#8 SCOOP	300	20	0.00	290	0.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	30.0	*N/A*	0.80	\$167.156
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			487	4.01	1162	*29.35	*4.37	11.72	0.00	35	73.00	6.42	23.92	*1	*525.1	*34.55	*2.76	\$198.895
% of Calories				7.41%		*24.11 %	*3.59%	21.7%	0.0%		60.0%		19.6%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 08/06/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003394 SANDWICH, GRILLED HAM & CHEESE	SERVING	300	503	12.24	1947	6.24	*0.00	25.48	0.00	111	44.24	6.00	35.69	*N/A*	332.0	*0.00	*2.20	\$114.018
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			890	15.25	2467	*31.58	*0.35	37.17	0.00	125	101.13	10.41	48.57	*1	*746.8	*38.15	*2.82	\$239.870
% of Calories				15.42 %		*14.19 %	*0.16%	37.6%	0.0%		45.5%		21.8%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Friday - 08/07/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002943 CHICKEN TAQUITO	SERVINGS	300	11	0.08	24	0.00	0.00	0.48	0.00	1	1.42	0.15	0.36	*N/A*	2.4	0.00	0.06	\$11.719
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	300	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$136.438
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			282	1.58	335	*30.76	*0.35	3.71	0.00	15	50.14	4.65	12.33	*1	*420.4	*34.55	*0.31	\$154.896
% of Calories				5.04%		*43.63 %	*0.50%	11.8%	0.0%		71.1%		17.5%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 08/11/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003428 CHEESE BITES WILD MIKES	SERVINGS	300	247	3.53	476	0.00	0.00	10.58	0.00	18	24.70	3.53	14.11	*N/A*	21.2	0.00	7.06	\$207.682
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	300	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			593	6.03	676	*25.34	*0.35	18.27	0.00	32	82.58	7.94	26.99	*1	*436.0	*34.55	*7.67	\$381.310
% of Calories				9.15%		*17.09 %	*0.24%	27.7%	0.0%		55.7%		18.2%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 08/12/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003206 CHICKEN, TENDERS FULLY COOKED BREADED-2 PER SVG	2 PIECES	300	220	2.00	400	2.00	2.00	12.00	0.00	40	12.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.925
002947 SALAD, SPINACH & ROMAINE 1CUP	2EA#8 SCOOP	300	119	0.59	257	*N/A*	*N/A*	5.20	*0.00	*0	14.05	7.70	6.85	*N/A*	220.5	98.69	6.16	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			556	4.10	817	*27.34	*2.35	19.89	*0.00	*54	63.94	13.11	37.73	*1	*635.3	*133.24	*8.42	\$14.664
% of Calories				6.64%		*19.67 %	*1.69%	32.2%	*0.0%		46.0%		27.1%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 08/13/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	300	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$154.572
003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED	#8 SCOOP	300	27	0.00	43	3.00	*N/A*	0.00	0.00	0	6.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$7.339
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.371
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			592	2.84	893	*38.98	*9.35	11.06	*0.00	84	93.15	8.86	33.21	*1	*442.8	*34.62	*3.32	\$169.021
% of Calories				4.32%		*26.34 %	*6.32%	16.8%	*0.0%		62.9%		22.4%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Friday - 08/14/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	300	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$309.840
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	300	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
003434 VEG, GREEN BEANS (SYSCO)	#8 SCOOP	300	20	0.00	290	0.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	30.0	*N/A*	0.80	\$167.156
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			623	10.41	1320	*29.34	*0.35	19.19	0.00	60	81.89	7.41	29.88	*1	*826.8	*34.55	*3.06	\$483.735
% of Calories				15.04 %		*18.84 %	*0.22%	27.7%	0.0%		52.6%		19.2%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Monday - 08/17/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001930 SANDWICH, TURKEY & CHEESE	EACH	300	256	6.00	959	2.00	*0.00	12.50	0.00	53	22.00	3.00	19.00	*N/A*	174.0	*2.60	1.58	\$56.702
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113
003373 POTATO CHIPS 0.5 OZ (LAYS)	BAG	300	81	0.51	71	0.00	0.00	5.06	*N/A*	0	8.10	*N/A*	0.00	*N/A*	0.0	*N/A*	0.30	\$10.140
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			723	9.51	1549	*27.34	*0.35	29.25	*0.00	68	86.99	*7.41	31.88	*1	*588.8	*40.75	*2.50	\$192.694
% of Calories				11.84 %		*15.13 %	*0.19%	36.4%	*0.0%		48.1%		17.6%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

Tuesday - 08/18/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003055 TAMALE CHEESE WG (SYSCO)	SERVINGS	300	379	7.99	469	0.00	0.00	26.95	0.00	35	28.95	0.00	11.98	*N/A*	265.5	0.00	1.00	\$17.844
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	300	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$136.438
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			650	9.49	780	*30.76	*0.35	30.18	0.00	49	77.67	4.49	23.94	*1	*683.6	*34.55	*1.26	\$161.020
% of Calories				13.14 %		*18.93 %	*0.22%	41.8%	0.0%		47.8%		14.7%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 08/19/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003413 BREADSTICK CHEESE FILLED (SYSCO)	2 PIECES	300	440	7.00	620	2.00	2.00	14.00	0.00	30	54.00	2.00	24.00	*N/A*	428.0	*N/A*	4.00	\$336.893
003414 SAUCE MARINARA DIPPING CUP (SYSCO)	CONTAINER	300	30	0.00	260	1.00	1.00	0.50	0.00	0	6.00	1.00	1.00	*N/A*	*N/A*	*N/A*	0.40	\$2.799
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	300	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			852	9.33	1504	*28.34	*3.35	23.82	0.00	44	124.43	8.07	37.54	*1	*842.8	*34.55	*5.49	\$500.007
% of Calories				9.86%		*13.31 %	*1.57%	25.2%	0.0%		58.4%		17.6%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 08/20/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	300	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$144.202
003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED	#8 SCOOP	300	27	0.00	43	3.00	*N/A*	0.00	0.00	0	6.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$7.339
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.371
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			612	2.34	693	*29.98	*0.35	10.56	*0.00	54	102.15	8.86	29.21	*1	*432.8	*35.82	*3.34	\$158.651
% of Calories				3.44%		*19.59 %	*0.23%	15.5%	*0.0%		66.8%		19.1%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Friday - 08/21/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003415 BACON CHEESE BURGER	EACH	300	334	6.00	719	3.00	*0.00	15.50	0.00	50	29.00	5.00	22.50	*N/A*	129.0	*0.00	*2.05	\$45.029
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$155.926
003434 VEG, GREEN BEANS (SYSCO)	#8 SCOOP	300	20	0.00	290	0.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	30.0	*N/A*	0.80	\$167.156
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			700	8.01	1348	*28.34	*0.35	22.69	0.00	64	89.89	11.41	36.38	*1	*573.8	*36.95	*3.47	\$374.850
% of Calories				10.30 %		*16.19 %	*0.20%	29.2%	0.0%		51.4%		20.8%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Monday - 08/24/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002033 CHICKEN, NUGGETS 5 EACH	SERVING 6 EACH	300	200	2.00	401	*N/A*	*N/A*	10.02	0.00	35	13.03	2.00	15.03	*N/A*	0.0	0.00	0.00	\$11.062
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			587	5.01	920	*25.34	*0.35	21.71	0.00	50	69.91	6.41	27.91	*1	*414.8	*38.15	*0.62	\$136.914
% of Calories				7.68%		*17.27 %	*0.24%	33.3%	0.0%		47.6%		19.0%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 08/25/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	300	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$26.052
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	300	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$136.438
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			579	8.03	933	*31.82	*0.35	16.99	0.00	70	77.12	7.19	29.23	*1	*620.7	*38.14	*1.63	\$169.228
% of Calories				12.48 %		*21.98 %	*0.24%	26.4%	0.0%		53.3%		20.2%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 08/26/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$344.443
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	150	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$407.387
002947 SALAD, SPINACH & ROMAINE 1CUP	2EA#8 SCOOP	300	119	0.59	257	*N/A*	*N/A*	5.20	*0.00	*0	14.05	7.70	6.85	*N/A*	220.5	98.69	6.16	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			724	10.16	992	*29.88	*0.35	25.03	*0.00	*52	87.24	13.12	37.39	*1	*1047.3	*139.29	*8.79	\$382.654
% of Calories				12.63 %		*16.51 %	*0.19%	31.1%	*0.0%		48.2%		20.7%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 08/27/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003339 RICE CHICKEN FRIED	3/4 Cup	300	248	0.38	351	*0.88	*0.38	2.67	*0.00	17	47.24	2.91	9.36	*N/A*	17.4	3.60	1.11	\$9.417
003418 EGGROLL, CHICKEN	EACH	1	150	1.00	500	1.00	1.00	5.00	0.00	10	20.00	2.00	6.00	*N/A*	*N/A*	*N/A*	1.20	\$10.106
003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED	#8 SCOOP	300	27	0.00	43	3.00	*N/A*	0.00	0.00	0	6.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$7.339
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.371
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			510	1.88	557	*30.86	*0.73	5.37	*0.00	32	95.30	8.33	20.59	*1	*432.2	*38.15	*1.37	\$23.899
% of Calories				3.32%		*24.20 %	*0.57%	9.5%	*0.0%		74.7%		16.1%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Friday - 08/28/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003419 CHICKEN, BREADED WG SANDWICH	SERVING	300	350	2.00	670	*3.00	*N/A*	12.50	0.00	35	40.00	6.00	22.00	*N/A*	*48.0	*0.00	*1.00	\$181.073
000391 POTATO, SMILES (6)	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$155.926
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			696	4.01	1009	*28.34	*0.35	19.69	0.00	50	97.89	11.41	34.88	*1	*462.8	*36.95	*1.62	\$343.738
% of Calories				5.19%		*16.29 %	*0.20%	25.5%	0.0%		56.3%		20.0%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

Monday - 08/31/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
002677 SANDWICH, GRILLED CHEESE	EACH	300	317	10.33	1208	*2.00	*0.00	21.33	*0.00	50	23.00	3.00	15.00	*N/A*	296.0	*0.00	1.20	\$116.103
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$119.113
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			703	13.34	1728	*27.34	*0.35	33.02	*0.00	64	79.89	7.41	27.88	*1	*710.8	*38.15	*1.82	\$241.955
% of Calories				17.08 %		*15.56 %	*0.20%	42.3%	*0.0%		45.5%		15.9%					
Weekly Nutrient Guideline			739 - 0	<10	<=0		<0	<=30					12.74		338.62	16.68	3.95	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		625	6.77	1062	*29.27	*1.27	19.70	*0.00	*58	84.27	*8.46	30.49	*1	*592.8	*46.24	*3.25	\$242.872
% of Calories			9.75%		*18.73 %	*0.81%	28.4%	*0.0%		53.9%		19.5%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.