

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Menu Name:

PRE-SCHOOL LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 07/01/2026Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	290	339	6.50	559	3.00	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
003392 VEGGIE BURGER WITH CHEESE, BLACK BEAN	EACH	10	390	3.50	970	6.00	*1.00	14.00	0.00	12	53.00	10.00	19.50	*N/A*	*113.0	*0.00	*1.05	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	300	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			566	7.90	736	*28.42	*0.37	18.13	*0.00	60	69.78	9.09	33.29	*6	*496.8	*39.73	*2.45	\$0.000
% of Calories				12.56 %		*20.08 %	*0.26%	28.8%	*0.0%		49.3%		23.5%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 07/02/2026Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	300	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	300	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			626	6.50	739	*25.32	*0.33	19.68	0.00	34	85.86	8.41	28.87	6	664.8	34.55	2.10	\$0.000
% of Calories				9.35%		*16.18 %	*0.21%	28.3%	0.0%		54.9%		18.4%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Monday - 07/06/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003055 TAMALE CHEESE WHOLE GRAIN	SERVINGS	300	379	7.99	469	0.00	0.00	26.95	0.00	35	28.95	0.00	11.98	*N/A*	265.5	0.00	1.00	\$0.000
001449 RICE, SPANISH BROWN	.5 CUP SERVING	300	150	0.16	234	*0.20	*0.19	2.01	*0.00	0	30.33	1.94	3.47	*0	6.1	1.68	0.84	\$0.000
000723 VEG, CORN MEXICALI	.5 CUP	300	104	0.00	34	*N/A*	*N/A*	1.56	0.00	0	23.93	3.41	3.11	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			850	9.65	896	*25.51	*0.52	33.20	*0.00	49	121.07	8.75	29.42	*6	696.4	36.23	2.13	\$0.000
% of Calories				10.22 %		*12.00 %	*0.24%	35.2%	*0.0%		57.0%		13.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 07/07/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	300	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			586	4.50	729	*25.32	*0.33	15.18	0.00	54	87.86	10.41	21.87	*6	504.8	36.95	2.46	\$0.000
% of Calories				6.91%		*17.28 %	*0.23%	23.3%	0.0%		60.0%		14.9%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 07/08/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ	EACH	300	300	5.00	590	5.00	1.00	12.00	0.00	30	31.00	3.00	19.00	70	240.0	0.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			532	6.50	889	*31.32	*1.33	14.68	0.00	44	71.86	8.41	30.87	76	664.8	34.55	3.00	\$0.000
% of Calories				11.00 %		*23.55 %	*1.00%	24.8%	0.0%		54.0%		23.2%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Thursday - 07/09/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002285 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	100	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	100	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
002286 SANDWICH, PB & STRAW WG 2.8OZ	EACH	100	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003383 CHEESE STICK COLBY JACK (LAND O LAKES)	SERVING	100	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			726	7.67	876	*30.32	*4.67	30.68	0.00	23	90.53	8.41	24.87	*6	538.1	38.15	1.74	\$0.000
% of Calories				9.51%		*16.71 %	*2.57%	38.0%	0.0%		49.9%		13.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 07/10/2026 Reimbursable Meal Total 300

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	150	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
002947 SALAD, SPINACH & ROMAINE 1CUP	2EA#8 SCOOP	300	119	0.59	257	*N/A*	*N/A*	5.20	*0.00	*0	14.05	7.70	6.85	*N/A*	220.5	98.69	6.16	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			724	10.16	992	*29.86	*0.33	25.02	*0.00	*52	87.21	13.11	37.37	*6	1057.3	139.29	8.83	\$0.000
% of Calories				12.63 %		*16.50 %	*0.18%	31.1%	*0.0%		48.2%		20.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Monday - 07/13/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003364 CHICKEN & CHEESE MINI TACOS (4 COUNT)	SERVING (4 EA)	300	240	3.00	360	1.00	0.00	7.00	0.00	50	30.00	5.00	18.00	*N/A*	150.0	*N/A*	1.50	\$0.000
002221 HS CORN SALSA	#8 SCOOP	300	86	0.01	239	*8.43	*N/A*	0.89	*0.00	0	17.27	1.83	1.75	*N/A*	6.5	2.30	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			543	4.51	758	*34.74	*0.33	10.57	*0.00	64	85.13	10.23	30.62	*6	581.3	*36.85	1.85	\$0.000
% of Calories				7.48%		*25.59 %	*0.24%	17.5%	*0.0%		62.7%		22.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 07/14/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002475 CHICKEN, POPCORN WG 10 EACH RC	SERVING (10)	300	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	300	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			526	4.50	619	*25.32	*0.33	16.68	0.00	34	69.86	7.41	24.87	*6	464.8	34.55	2.46	\$0.000
% of Calories				7.70%		*19.25 %	*0.25%	28.5%	0.0%		53.1%		18.9%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Wednesday - 07/15/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003333 CHICKEN DOUBLE DOGS IW	SERVING	300	251	2.51	713	4.01	4.01	9.03	0.00	20	32.11	2.01	12.04	*N/A*	80.3	*N/A*	1.71	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			483	4.01	1012	*30.33	*4.35	11.71	0.00	35	72.97	7.41	23.91	*6	505.1	*34.55	2.00	\$0.000
% of Calories				7.47%		*25.12 %	*3.60%	21.8%	0.0%		60.4%		19.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 07/16/2026 Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003394 SANDWICH, GRILLED HAM & CHEESE	SERVING	300	483	10.24	1307	6.24	*N/A*	21.48	0.00	101	42.24	6.00	35.69	*N/A*	72.0	0.00	*2.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			869	13.25	1826	*31.56	*0.33	33.16	0.00	115	99.10	10.41	48.56	*6	496.8	38.15	*2.66	\$0.000
% of Calories				13.72 %		*14.53 %	*0.15%	34.3%	0.0%		45.6%		22.4%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 07/17/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002943 CHICKEN TAQUITO	SERVINGS	300	213	1.01	162	0.00	*N/A*	5.06	0.00	20	33.42	5.06	8.10	*N/A*	60.8	0.00	7.29	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			494	2.52	336	*25.32	*0.33	8.74	0.00	35	86.28	10.47	20.97	*6	485.6	34.55	7.59	\$0.000
% of Calories				4.59%		*20.50 %	*0.27%	15.9%	0.0%		69.9%		17.0%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Monday - 07/20/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			518	3.62	522	*25.32	*0.33	17.58	0.00	48	67.37	4.41	25.37	*6	456.8	121.55	1.60	\$0.000
% of Calories				6.29%		*19.55 %	*0.25%	30.5%	0.0%		52.0%		19.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 07/21/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003351 HOT DOG PORK & BEEF 6" ON A BUN (K-5)	SERVING	300	290	4.00	680	5.00	*N/A*	12.50	0.00	34	30.00	3.00	13.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	300	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			636	6.50	879	*30.32	*0.33	20.18	0.00	48	87.86	7.41	25.87	*6	*487.8	*34.55	*2.66	\$0.000
% of Calories				9.20%		*19.07 %	*0.21%	28.6%	0.0%		55.3%		16.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Wednesday - 07/22/2026		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	290	339	6.50	559	3.00	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
003392 VEGGIE BURGER WITH CHEESE, BLACK BEAN	EACH	10	390	3.50	970	6.00	*1.00	14.00	0.00	12	53.00	10.00	19.50	*N/A*	*113.0	*0.00	*1.05	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	300	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			566	7.90	736	*28.42	*0.37	18.13	*0.00	60	69.78	9.09	33.29	*6	*496.8	*39.73	*2.45	\$0.000
% of Calories				12.56 %		*20.08 %	*0.26%	28.8%	*0.0%		49.3%		23.5%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 07/23/2026		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	300	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	300	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			626	6.50	739	*25.32	*0.33	19.68	0.00	34	85.86	8.41	28.87	6	664.8	34.55	2.10	\$0.000
% of Calories				9.35%		*16.18 %	*0.21%	28.3%	0.0%		54.9%		18.4%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 07/24/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	150	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
002947 SALAD, SPINACH & ROMAINE 1CUP	2EA#8 SCOOP	300	119	0.59	257	*N/A*	*N/A*	5.20	*0.00	*0	14.05	7.70	6.85	*N/A*	220.5	98.69	6.16	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			724	10.16	992	*29.86	*0.33	25.02	*0.00	*52	87.21	13.11	37.37	*6	1057.3	139.29	8.83	\$0.000
% of Calories				12.63 %		*16.50 %	*0.18%	31.1%	*0.0%		48.2%		20.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Monday - 07/27/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	300	342	7.68	640	1.99	0.00	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
001449 RICE, SPANISH BROWN	.5 CUP SERVING	300	150	0.16	234	*0.20	*0.19	2.01	*0.00	0	30.33	1.94	3.47	*0	6.1	1.68	0.84	\$0.000
000723 VEG, CORN MEXICALI	.5 CUP	300	104	0.00	34	*N/A*	*N/A*	1.56	0.00	0	23.93	3.41	3.11	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			813	9.35	1067	*27.50	*0.52	22.53	*0.00	60	122.08	11.92	36.37	*6	641.1	37.58	3.40	\$0.000
% of Calories				10.35 %		*13.53 %	*0.26%	24.9%	*0.0%		60.1%		17.9%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 07/28/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	300	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			586	4.50	729	*25.32	*0.33	15.18	0.00	54	87.86	10.41	21.87	*6	504.8	36.95	2.46	\$0.000
% of Calories				6.91%		*17.28 %	*0.23%	23.3%	0.0%		60.0%		14.9%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

Wednesday - 07/29/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ	EACH	300	300	5.00	590	5.00	1.00	12.00	0.00	30	31.00	3.00	19.00	70	240.0	0.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			532	6.50	889	*31.32	*1.33	14.68	0.00	44	71.86	8.41	30.87	76	664.8	34.55	3.00	\$0.000
% of Calories				11.00 %		*23.55 %	*1.00%	24.8%	0.0%		54.0%		23.2%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Thursday - 07/30/2026 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003202 WRAP SPINACH, CHICKEN HONEY MUSTARD	EACH	300	684	14.26	1403	*11.00	*2.00	40.54	*0.00	100	48.79	3.40	36.39	*0	331.0	4.80	3.93	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			1070	17.26	1922	*36.32	*2.33	52.22	*0.00	114	105.65	7.81	49.26	*6	755.8	42.95	4.59	\$0.000
% of Calories				14.52 %		*13.58 %	*0.87%	43.9%	*0.0%		39.5%		18.4%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Friday - 07/31/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	150	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
002947 SALAD, SPINACH & ROMAINE 1CUP	2EA#8 SCOOP	300	119	0.59	257	*N/A*	*N/A*	5.20	*0.00	*0	14.05	7.70	6.85	*N/A*	220.5	98.69	6.16	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jul 1, 2026 thru Jul 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			724	10.16	992	*29.86	*0.33	25.02	*0.00	*52	87.21	13.11	37.37	*6	1057.3	139.29	8.83	\$0.000
% of Calories				12.63 %		*16.50 %	*0.18%	31.1%	*0.0%		48.2%		20.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		651	7.46	903	*28.77	*0.91	21.26	*0.00	*53	86.38	9.39	31.00	*12	*633.8	*54.50	*3.60	\$0.000
% of Calories			10.31%		*17.68 %	*0.56%	29.4%	*0.0%		53.1%		19.0%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.