

Menu Name:

YCUSD - SUPPER

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 01/05/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	500	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	500	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	500	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	500	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	2000	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002408 VEG, CARROTS RANCH	BAG	2000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			622	3.40	928	*45.09	*0.00	8.34	*0.00	24	114.48	8.26	26.44	*1	848.1	34.79	10.33	\$0.000
% of Calories				4.92%		*29.00 %	*N/A*	12.1%	*0.0%		73.6%		17.0%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Tuesday - 01/06/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002677 SANDWICH, GRILLED CHEESE	EACH	2000	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	2000	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	2000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			830	17.61	1345	*33.50	*0.00	37.19	*0.00	90	87.19	8.54	37.28	*3	413.0	30.50	1.86	\$0.000
% of Calories				19.10 %		*16.14 %	*N/A*	40.3%	*0.0%		42.0%		18.0%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Wednesday - 01/07/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	2000	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	2000	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000222 KETCHUP, PACKET	PACKET	1000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000223 MUSTARD, PACKET	Pkt	1000	4	0.01	62	*N/A*	*N/A*	0.17	0.00	0	0.43	0.18	0.22	*N/A*	4.4	0.16	0.10	\$0.000
Weighted Daily Average			668	5.35	1198	*37.80	*0.00	21.88	0.00	60	94.95	10.69	22.46	*2	468.9	28.00	2.71	\$0.000
% of Calories				7.21%		*22.63 %	*N/A*	29.5%	0.0%		56.9%		13.4%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Thursday - 01/08/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	2000	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	2000	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	2000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	2000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			781	11.18	1469	*35.58	*0.00	26.86	0.00	56	104.27	7.54	30.33	*3	761.0	31.71	2.86	\$0.000
% of Calories				12.88 %		*18.22 %	*N/A*	31.0%	0.0%		53.4%		15.5%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Friday - 01/09/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002889 SANDWICH UNCRUST PB&GRP 5.3	EA	800	600	6.00	540	29.00	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	78.0	0.00	3.00	\$0.000
002890 SANDWICH UNCRUST PB&STRW 5.3	EA	800	590	7.00	540	30.00	27.00	32.00	0.00	0	64.00	7.00	18.00	*N/A*	84.0	0.00	2.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	200	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	200	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	400	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			816	7.27	897	*58.49	*11.90	33.24	*0.00	*12	107.83	12.52	30.19	*1	530.6	*32.54	3.50	\$0.000
% of Calories				8.02%		*28.67 %	*N/A*	36.7%	*0.0%		52.9%		14.8%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Monday - 01/12/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	400	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	400	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	400	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	400	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	400	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	2000	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			727	5.45	805	*54.63	*15.74	18.88	*0.00	60	116.31	8.94	28.13	*1	806.2	32.54	2.75	\$0.000
% of Calories				6.75%		*30.06 %	*8.91%	23.4%	*0.0%		64.0%		15.5%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Tuesday - 01/13/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	2000	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
003144 POTATO FRY WAFFLE CUT MCCAIN	SERVINGS	2000	173	1.52	346	1.02	0.00	10.16	0.00	0	20.33	1.02	2.03	*N/A*	10.2	0.00	0.41	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000222 KETCHUP, PACKET	PACKET	1000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
000223 MUSTARD, PACKET	Pkt	1000	4	0.01	62	*N/A*	*N/A*	0.17	0.00	0	0.43	0.18	0.22	*N/A*	4.4	0.16	0.10	\$0.000
000902 SAUCE, BBQ PACKET (HEINZ)	PACKET	1000	20	0.00	105	4.00	4.00	0.00	*N/A*	0	5.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			578	3.92	954	*28.81	*2.00	21.50	*0.00	44	73.70	4.48	26.30	*2	420.5	133.64	1.89	\$0.000
% of Calories				6.10%		*19.94 %	*N/A*	33.5%	*0.0%		51.0%		18.2%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Wednesday - 01/14/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA, WG CHEESE 5"	EACH	1000	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
001862 PIZZA, WG PEP 5"	EACH	1000	360	7.00	570	4.00	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	2000	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			627	8.78	829	*33.59	*0.00	22.41	*0.00	*45	78.03	7.28	30.87	*1	822.7	45.10	3.34	\$0.000
% of Calories				12.60 %		*21.43 %	*N/A*	32.2%	*0.0%		49.8%		19.7%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Thursday - 01/15/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	2000	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	2000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
000942 FRUIT, PINEAPPLE FRESH	#8 SCOOP	500	37	0.00	1	*N/A*	*N/A*	0.00	*N/A*	0	9.69	1.38	0.00	*N/A*	13.8	28.23	0.25	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			562	4.28	839	*24.17	*0.00	10.59	*0.00	25	89.72	11.51	27.28	*0	546.3	50.18	4.44	\$0.000
% of Calories				6.85%		*17.20 %	*0.00%	17.0%	*0.0%		63.9%		19.4%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

Friday - 01/16/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	1000	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	1000	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	2000	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	2000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002244 FRUIT, APPLE SLICE BAGGED IN-HOUSE	BAG	2000	50	0.00	0	9.50	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000222 KETCHUP, PACKET	PACKET	2000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			836	8.21	1060	*54.35	*18.76	22.44	*0.00	34	131.98	6.64	27.78	*2	774.4	8.77	2.52	\$0.000
% of Calories				8.84%		*26.00 %	*5.84%	24.2%	*0.0%		63.1%		13.3%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Tuesday - 01/20/2026 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002847 PULL-APART ITALIAN GARLIC	PACKAGES	2000	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	2000	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			550	7.33	817	*22.06	*N/A*	18.99	*0.00	*40	71.53	6.20	26.05	*0	775.2	93.44	2.78	\$0.000
% of Calories				11.99 %		*16.04 %	*N/A*	31.1%	*0.0%		52.0%		18.9%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Wednesday - 01/21/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002943 CHICKEN TAQUITO	SERVINGS	2000	213	1.01	162	0.00	*N/A*	5.06	0.00	20	33.42	5.06	8.10	*N/A*	60.8	0.00	7.29	\$0.000
003219 Sour Cream Stick Pack (Sysco)	EACH	2000	60	3.50	10	*N/A*	*N/A*	5.00	*N/A*	20	1.00	*N/A*	1.00	*N/A*	30.0	*N/A*	*N/A*	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
000942 FRUIT, PINEAPPLE FRESH	#8 SCOOP	500	37	0.00	1	*N/A*	*N/A*	0.00	*N/A*	0	9.69	1.38	0.00	*N/A*	13.8	28.23	0.25	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			467	5.26	385	*17.90	*0.00	11.42	*0.00	50	71.04	*7.62	18.89	*0	462.7	*48.54	*7.88	\$0.000
% of Calories				10.14 %		*15.33 %	*N/A*	22.0%	*0.0%		60.8%		16.2%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Thursday - 01/22/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001946 CHICKEN PATTY ON BUN (RC)	EACH	2000	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003228 BREAD DINNER ROLL WG FRANZ (1 SVG = 2 ROLLS)	2 PIECES	100	140	0.00	180	2.00	*N/A*	1.00	0.00	0	26.00	2.00	6.00	*N/A*	28.0	0.00	2.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	2000	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	1000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
000223 MUSTARD, PACKET	Pkt	1000	4	0.01	62	*N/A*	*N/A*	0.17	0.00	0	0.43	0.18	0.22	*N/A*	4.4	0.16	0.10	\$0.000
000902 SAUCE, BBQ PACKET (HEINZ)	PACKET	1000	20	0.00	105	4.00	4.00	0.00	*N/A*	0	5.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			540	3.28	746	*32.68	*2.00	15.51	*0.00	30	79.25	7.76	23.72	*2	390.4	28.00	2.75	\$0.000
% of Calories				5.47%		*24.21 %	*N/A*	25.8%	*0.0%		58.7%		17.6%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Friday - 01/23/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002800 CHICKEN ORANGE NOODLE BOWL	SERVINGS	1900	294	2.33	422	*1.20	*N/A*	8.87	*0.00	46	37.56	3.45	19.00	*N/A*	19.0	1.48	2.36	\$0.000
003126 HS NOODLE, STIR FRY	SERVING	100	238	0.40	250	*N/A*	*N/A*	5.82	*0.00	0	41.73	4.10	8.31	*N/A*	21.3	0.09	2.80	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	2000	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			559	3.61	703	*30.49	*0.00	14.89	*0.00	*54	82.15	6.89	29.74	*3	395.7	20.66	3.45	\$0.000
% of Calories				5.81%		*21.82 %	*N/A*	24.0%	*0.0%		58.8%		21.3%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Monday - 01/26/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002889 SANDWICH UNCRUST PB&GRP 5.3	EA	800	600	6.00	540	29.00	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	78.0	0.00	3.00	\$0.000
002890 SANDWICH UNCRUST PB&STRW 5.3	EA	800	590	7.00	540	30.00	27.00	32.00	0.00	0	64.00	7.00	18.00	*N/A*	84.0	0.00	2.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	200	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	200	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	400	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			816	7.27	897	*58.49	*11.90	33.24	*0.00	*12	107.83	12.52	30.19	*1	530.6	*32.54	3.50	\$0.000
% of Calories				8.02%		*28.67 %	*N/A*	36.7%	*0.0%		52.9%		14.8%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Tuesday - 01/27/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ (SYSCO CLASSIC)	SERVING	2000	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	2000	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000222 KETCHUP, PACKET	PACKET	1000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000223 MUSTARD, PACKET	Pkt	1000	4	0.01	62	*N/A*	*N/A*	0.17	0.00	0	0.43	0.18	0.22	*N/A*	4.4	0.16	0.10	\$0.000
Weighted Daily Average			668	5.35	1198	*37.80	*0.00	21.88	0.00	60	94.95	10.69	22.46	*2	468.9	28.00	2.71	\$0.000
% of Calories				7.21%		*22.63 %	*N/A*	29.5%	0.0%		56.9%		13.4%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Wednesday - 01/28/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	2000	317	8.90	781	3.00	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	2000	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	2000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	2000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			781	11.18	1469	*35.58	*0.00	26.86	0.00	56	104.27	7.54	30.33	*3	761.0	31.71	2.86	\$0.000
% of Calories				12.88 %		*18.22 %	*N/A*	31.0%	0.0%		53.4%		15.5%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Thursday - 01/29/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002677 SANDWICH, GRILLED CHEESE	EACH	2000	477	16.33	928	*2.00	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	2000	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	2000	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			830	17.61	1345	*33.50	*0.00	37.19	*0.00	90	87.19	8.54	37.28	*3	413.0	30.50	1.86	\$0.000
% of Calories				19.10 %		*16.14 %	*N/A*	40.3%	*0.0%		42.0%		18.0%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

Friday - 01/30/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002646 MUFFIN, WG COWGIRL CINNAMON 2G	#8 SCOOP	400	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	400	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	400	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	400	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	400	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	2000	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4.00	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			727	5.45	805	*54.63	*15.74	18.88	*0.00	60	116.31	8.94	28.13	*1	806.2	32.54	2.75	\$0.000
% of Calories				6.75%		*30.06 %	*8.91%	23.4%	*0.0%		64.0%		15.5%					
Weekly Nutrient Guideline			0 - 0	<10			<0	<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		683	7	984	*38.38	*4.11	22.22	*0.00	*47	95.42	*8.58	28.10	*2	600	*40.72	*3.51	\$0.000
% of Calories			9.83%		*22.48 %	*N/A*	29.3%	*0.0%		55.9%		16.5%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.