

School Health Advisory Council

September 23, 2014- corrected

Attendees: Marisela Arocha, Katy Bowen, Diane Bullard, Tina Castellanos, Valentia Coleman, Julie Copeland, Melinda Cox, Edna Cruz, Mops Dayal, Debbie Freno, Sharon Glosson, Kristin Gruene, Sue Hernandez, Denise Jones, Lydia Keys, Kelly Lepasca, Karen Linnartz, Mary Martinez, Chief McCampbell, Angela McClure, Dennis Mergele, Deena Mullins, Melissa Munsell, Kimi-Lyn Murray, Rachel Naylor, Nora Oyler, Maria Perez, Brigitte Perkins, Audrey Poole, Diane Rhodes, Katherine Sanchez- Rocha, Tyler Shoosmith, Magali Soto, Sheri Sowa, Cynthia Tello, Lydia Therien, Kit Tomlinson, Steve Tovar, Carolyn Wheat, Karyl Taylor, Wendy Taylor, Kate Swint, Lynse Salas, Libby Higham

Speakers: Dr. Brian Gottardy- North East ISD Superintendent, Rachel Naylor- Director for PE & Health, Lauren Wheat- Mayor's Fitness Council Student Ambassador, Sharon Glosson- Director for Nutrition Services

Minutes Approval from May 27, 2014:

First: Debbie Freno

Second: Marisela Arocha

All approve. Motion carries.

Welcome- Dr. Brian Gottardy, North East ISD Superintendent

Thank you for your time and effort for our students. The council has done many great things over the years and made many sound recommendations to the board which has shaped our district on the wellness front. We thank you for your continued effort and commitment to our students and their well-being.

Introductions

Each attendee stated their name and how many years they have served on the SHAC.

SHAC Responsibilities- Denise Jones, Chair & Katherine Sanchez- Rocha, Vice-Chair

SHAC members are appointed by the Board of Trustees. We are an advisory committee to the board and we make recommendations regarding health curriculum and other health and wellness initiatives across the district. With that said, there are some responsibilities for the committee. We focus will on certain topics through our sub-committees.

SHAC members are expected to participate in the meetings by providing input and giving opinions. Each member is also expected to serve on a sub-committee. These sub-committees may meet at different times and we will send out a survey in the next couple of days to see which sub-committees you would like to serve on. Each sub-committee will have at least 1 district employee to help with any district communications or initiatives that the committee needs help with.

As a member of the SHAC we expect you to share the information you gather from our meetings with your school, PTA, community organizations, or place of business in a positive fashion. As a committee we will also need the support of our communities to help accelerate our initiatives throughout the district.

SHAC Binder- Katherine Sanchez-Rocha, Vice-Chair

The organization of the binder was explained. The binder should come with you to each meeting to help you keep track of notes and handouts as well as refer back to past information presented as needed.

Kids School Health Advisory Council- Rachel Naylor, Director for PE & Health

We hope to create a Kids School Health Advisory Council (KSHAC) for North East ISD. The committee will consist of students from each campus and work on initiatives from a student standpoint. We are working with a couple grants to get the funding to start up the KSHAC this year. The grant that gives us funding will also determine part of the focus for the group and its end goals. We have tentatively scheduled a meeting in May to have the KSHAC and the adult SHAC meet together. We will keep you posted on the status of this project.

Mayor's Fitness Council Student Ambassador Presentation- Lauren Wheat, Garner MS

Our initiative was to bring NEISD Right Bites to Garner MS concession stands during our athletic games. We brought the frozen fruit cups, air popped popcorn, and string cheese to our concession stands based on a survey of students. The initiative is proving successful and many people are choosing the Right Bite options. We plan to expand the menu as time and money allows.

Changes to the Wellness Policy- Sharon Glosson, Director for Nutrition Services

We are going to make some required changes based on the Smart Snacks that are now required by the USDA. Executive Staff wanted you to know that they are going to provide the campuses some flexibility with regards to the 2 events days for food. Due to parking and construction at some campuses, having the 2 event days on the same day for all grade levels has proven problematic. Campuses will now determine the two event days by grade level to allow for better scheduling of the facilities and space. SHAC approval is needed to move forward with the changes to the policy. A copy of the updated policy will be provided to the SHAC at the next meeting.

Motion to make needed changes to Wellness Policy:

First: Debbie Freno

Second: Kim Murray

All approve. Motion carries.

Announcements:

Diane Rhodes- Three more NEISD schools have received Gold level recognition for Asthma Friendly Schools. NEISD is the only school district in the nation with this number of Gold level schools.

Katy Bowen- Churchill High School is the first school in the state to receive Silver recognition by the Alliance for a Healthier Generation.

Upcoming Events:

Síclovia: September 28 from 10 a.m. – 3 p.m. - www.ymcasatx.org/siclovia

AHA Heart Walk: October 25th at 7:30 a.m. – www.SanAntonioHeartWalk.org

Paint the Parkway Pink: October 18th at 10 a.m. – www.painttheparkwaypink.com

ADA Step Out to Stop Diabetes: November 8th at 7:30 a.m. -
http://stepout.diabetes.org/site/TR/StepOut/StepOutContent?fr_id=9902&pg=entry

Million Pound Challenge: Now – November 8th (Let's beat HOUSTON!)