




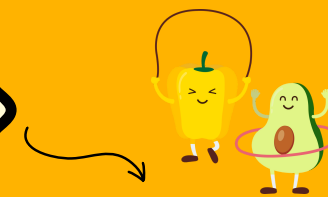
# SILVER STRAND CAFE LUNCH MENU

AUGUST 18TH - OCTOBER 3RD

## Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Fridays, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



Breakfast & Lunch  
Meals are **FREE** to all  
students in the 2025-  
2026 School Year

### MONDAY

Crispy Chicken  
Sandwich



Turkey & Cheese  
Croissant Sandwich



Build-Your-Own  
Nachos



(Tortilla chips, queso blanco,  
guacamole, pico, & jalapenos)

= VEGETARIAN ENTREES

= GLUTEN FREE ENTREES

### TUESDAY

Papa John's  
Pepperoni Pizza



Papa John's  
Cheese Pizza



Turkey Bacon  
Ranch Wrap



### WEDNESDAY

Orange Chicken  
(with Brown Rice)



100% Beef  
Angus Pretzel Dog



Mid-Week  
Munchie -  
Cherry Lime  
Frozen Fruit  
Cup

Islander Bistro Box

(cheese cubes, babybel  
cheese, goldfish, apple  
slices & grapes)



### THURSDAY

100% Beef  
Hamburger



Honey Sriracha  
Boneless Wings  
(with Corn Muffin)



Yogurt & Giant  
Goldfish Grahams



### FRIDAY

Brunch 4 Lunch  
(French Toast Sticks &  
Turkey Sausage Patty)



California Chicken  
Ciabatta



Cheese  
Quesadilla



*Students must select a 1/2 cup of fruit and/or vegetable with each meal.*

## Healthy Selections Daily

A selection of fruits & vegetables will be offered daily: Oranges, Bananas, Apples, Strawberries, Raisins, Dried Cranberries, Plums, Grapes, Applesauce, Romaine Lettuce, Spinach, Carrots, Jicama, Broccoli, and Cucumbers

*Menu subject to change.*

## What's Included

All lunch meals include an entrée,  
unlimited fresh fruits  
and vegetables from the salad bar, and  
a choice of 1% white  
or non-fat flavored milk.



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



## We're Going **ORGANIC!**

This school year, we're increasing the amount of organic produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide-free ingredients, every bite supports better nutrition and a greener planet.

