## **2025-26 Elementary School Nutrition Information For:** A la Carte Snacks, Desserts and Drinks Updated 7/24/25

Stock #	Item	Serving Size	Carbs	Allergens
4402224	Charalata Chia Caulia	4.0	27.	Contains Front Incomillation
1102231	Chocolate Chip Cookie	1 Cookie	27g	Contains: Egg, gluten, milk, soy, wheat. Processed in a facility that also processes peanuts/treenuts.
1102431	Double Chocolate Cookie	1 Cookie	24g	Contains: Egg, gluten, milk, soy, wheat. Processed in a facility that also processes peanuts/treenuts.
1102631	Sugar Cookie	1 Cookie	26g	Contains: Egg, gluten, milk, soy, wheat. Processed in a facility that also processes peanuts/treenuts.
1102830	Snickerdoodle Cookie	1 Cookie	24g	Contains: Egg, gluten, wheat, soy and may contain milk.
1101220- 1101830	Holiday Cookies (Pumpkin, Turkey, Christmas Tree, Pink Heart, Shamrock, Green Egg, Yellow Star)	1 Cookie	22g	Contains: Wheat, Egg, Soy. May contain milk. Processed in a facility that also processes wheat, milk, egg and soy.
1103030	Red Velvet Cookie	1 cookie	25g	Contains: Soy, wheat, gluten, egg and milk
1106530	Pita Chips	1 Package	29g	Contains: Wheat, gluten and may contain sesame
1109031	Cheez It Crackers	1 Package	14g	Contains: Gluten, milk, soy, wheat
1201730	Strawberry Nutrigrain Bar	1 Bar	30g	Contains: Gluten, milk, soy and wheat
1202330	Trix Cereal Bar	1 Bar	29g	Contains: Wheat, soy and gluten
1202530	Cinnamon Toast Cereal Bar	1 Bar	30g	Contains: Gluten, soy and wheat
1304531	Sunflower Seeds, Honey Roasted	1 Package	11g	None
2602550	Mozzarella String Cheese	1	2g	Contains: Milk
2606031	Yogurt, 4 oz. Raspberry Cherry	1	14g	Contains: Milk
2606131	Yogurt, 4oz. Strawberry Vanilla	1	14g	Contains: Milk
2906831	Savory Crackers	1 bag	19g	Contains: Wheat, gluten
3101131	Apple Juice Box, 6.75 oz.	1	24g	None
3101531	Very Berry Juice Box 6.75 oz.	1	24g	None
3101331	Fruit Punch Juice Box, 6.75 oz.	1	24g	None

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Stock #	Item	Serving Size	Carbs	Allergens
2204030	Cinnamon Pop Tart	1	37g	Contains: Gluten, wheat and soy
2203530	Strawberry Pop Tart	1	36g	Contains: Gluten, wheat and soy