

This institution is a equal opportunity provider. Menus are subject to change.

> Offered Daily With each meal....

White Milk Lowfat 1% Chocolate Milk Nonfat

# Wednesday, October 1

# **Breakfast**

Pancake & Sausage on a Stick OR

Cereal Applesauce Breakfast Fruit Bar

> Lunch Corn Dog OR

Macaroni & Cheese

#### Served with

Green Beans Garden Bar

# Thursday, October 2

#### Breakfast

Scrambled Eggs w/ Buttered Bagel 1/2 OR

Cereal

Sliced Peaches Breakfast Fruit Bar

# Lunch

Seasoned Taco Meat & Cheese Nachos OR

Bean & Cheese Nachos

#### Served with

Salsa Garden Bar

# Friday, October 3

#### National Cinnamon Roll Day is October 4th!

#### **Breakfast**

Homemade Cinnamon Roll

OR Cereal

100% Fruit Juice Breakfast Fruit Bar

#### Lunch

Pepperoni Pizza OR

Cheese Pizza

Served with Garden Salad

Garden Bar

# Breakfast Fruit Bar/Garden Bar

Tuesday

Monday **Breakfast** Plums (HOM)

**Breakfast** Kiwi (HOM) **Dried Fruit** Apples (HOM) **Applesauce Bananas** 

100% Fruit Juice Mandarin Orange Slices

### Lunch

Garden Salad Garbanzo Beans Sunflower Seeds Sliced Peaches Kiwi (HOM) Apples HOM)

Lunch

Spinach Salad Zucchini Coins (HOM) Jicama w/Tajin Fresh Pears (HOM)

Melon Chunks (HOM)

**Bananas** 

# Wednesday

**Breakfast** Persimmons Strawberries (HOM) Orange Wedges (HOM) 100% Fruit Juice

Thursday **Breakfast** 

Grapes (HOM) **Bananas** Apples (HOM) **Pineapple Tidbits** 

#### Lunch

Garden Salad **Grape Tomatoes Cucumber Slices** 

Bananas

Persimmons (HOM) Sliced Pears

Lunch

Garden Salad Corn w/Taiin

Sweet Peppers (HOM) Fresh Plums

Kiwi (HOM)

Apple Slices (HOM) w/ WOWButter

# Monday, October 6

### **Breakfast** Muffin

OR Cereal Sliced Pears Breakfast Fruit Bar

# Lunch

Chicken Tenders OR

Cheese Pillows w/ Marinara

# Served with

**Smiley Potatoes** Garden Bar

# Tuesday, October 7

#### **Breakfast**

Sausage & Egg Breakfast Sandwich

OR Cereal

Diced Mixed Fruit Breakfast Fruit Bar

#### Lunch

(Breakfast for Lunch) Mini Pancakes & Sausage OR

# Mini Pancakes & Yogurt Served with

Sliced Pears Garden Bar

# Wednesday, October 8

#### **Breakfast**

Sweet Bread OR Cereal

Applesauce Breakfast Fruit Bar

## Lunch

Chicken & Cheese Quesadilla OR Chimi Nada

# Served with

Salsa Garden Bar

# Thursday, October 9

<u>Breakfast</u> Sausage Breakfast Pizza

OR

Cereal Sliced Peaches Breakfast Fruit Bar

## Lunch

Orange Chicken

OR

Veggie Egg Rolls w/string cheese

# Served with

WG Rice & Broccoli Garden Bar

# Friday, October 10

# Breakfast

Pizza Pinwheels OR Cereal

100% Fruit Juice Breakfast Fruit Bar

#### Lunch

Cheeseburger Sliders OŘ

> **Toasted Cheese** Sandwich

### Served with

Crinkle Cut Fries Garden Bar

# Friday

**Breakfast** Assorted Fresh Fruit **Diced Fruit Cups** 

#### Lunch

Garden Salad Broccoli (HOM) Carrots Chilled Peaches Fruity Jello

Fresh Fruit Choice

# HOM= HARVEST OF THE MONTH

# JOIN US FOR NATIONAL SCHOOL LUNCH WEEK October 13-17, 2025



# Monday, October 13

#### **Breakfast**

Yogurt & Graham Crackers

### OR

Cereal Sliced Pears Breakfast Fruit Bar

#### Lunch

Popcorn Chicken OR WOWButter & Jelly

# Sandwich Served with

Applesauce GardenBar

# Tuesday, October 14

Breakfast Cheese Omelet With Sausage Links

#### OR'

Cereal Diced Mixed Fruit Breakfast Fruit Bar

#### Lunch

Sloppy Joe Burger OR Veggie Burger

# Served with

Crinkle Fries Garden Bar

# Wednesday, October 15 Thursday, October 16

#### **Breakfast** French Toast Sticks

OR Cereal Applesauce Breakfast Fruit Bar

#### Lunch

Shredded Chicken Taco OR Cheese Quesadilla

# Served with

Refried Beans Garden Bar

# Breakfast

Froot Loop Waffles With Bacon

# OR

Cereal Sliced Peaches Breakfast Fruit Bar

#### Lunch

Chicken Alfredo <u>OR</u>

Alfredo Pasta w/Sunflower Seeds

#### Served with

Garden Salad Garden Bar

# **Breakfast**

Friday, October 17

Homemade Cinnamon Roll OR Cereal 100% Fruit Juice

# <u>Lunch</u> MINIMUM DAY!

Breakfast Fruit Bar

Bosco Sticks w/marinara Chips Fruit Milk

# Monday, October 20

#### **Breakfast**

Breakfast Benefit Bar OR

Cereal Sliced Pears Breakfast Fruit Bar

#### Lunch Hamburger

OR Grilled Cheese Sandwich

# Served with

Potato Wedges Garden Bar

# Tuesday, October 21

#### **Breakfast**

Mini Pancakes w/Sausage LInks

#### OŘ Cereal

Diced Mixed Fruit Breakfast Fruit Bar

# Lunch

Terivaki Chicken Veggie Teriyaki

#### Served with

Ramen Noodles Broccoli Garden Bar

# Wednesday, October22

#### **Breakfast** Cinnamon Churros

OR Cereal Applesauce Breakfast Fruit Bar

<u>Lunch</u> Chicken Fries OR Cheese Bread Sticks

w/ Marinara

# Served with

Crinkle Cut Fries Garden Bar

# Thursday, October 23

### **Breakfast**

Eggs, Bacon & Seasoned Potatoes

### OR

Cereal Sliced Peaches Breakfast Fruit Bar

<u>Lunch</u> Pozole w/ Tortilla Chips Bean & Cheese Burrito

### Served with

Salsa Garden Bar

# Friday, October 24

### **Breakfast**

Homemade Banana Bread w/Choc Chips OR Cereal 100% Fruit Juice

# Breakfast Fruit Bar Lunch

Pepperoni Pizza OR Cheese Pizza

Served with Garden Salad Garden Bar

# Monday, October 27

## **Breakfast**

Bagel w/ Strawberry Cream Cheese

#### OR

Cereal Sliced Pears Breakfast Fruit Bar

# Lunch

Shredded Beef Taguitos OR Cheese Enchiladas

## Served with

Pinto Beans Garden Bar

# Tuesday, October 28

Breakfast Mini Waffles With Bacon

# OR

Cereal Diced Mixed Fruit Breakfast Fruit Bar

#### Lunch

Crispy Chicken Sandwich Veggie Sub Sandwich

# Served with

Tator Tots Garden Bar

# Wednesday, October 29 Thursday, October 30

# **Breakfast**

Stuffed Breakfast Sandwich

# OR

Cereal Applesauce Breakfast Fruit Bar

#### Lunch

Pizza Crunchers OR Lasagna Casserole

### Served with

Garden Salad Garden Bar

<u>Breakfast</u> Scrambled Eggs With Hashbrown

# OR

Cereal Sliced Peaches Breakfast Fruit Bar

# Lunch

Oven Baked Chicken OR Veggie Chili Beans

# Served with

WG Roll Cool Tropics Slushie Garden Bar

# Friday, October 31

#### **Breakfast** Homemade Cinnamon Roll

OR Cereal 100% Fruit Juice Breakfast Fruit Bar

# Lunch

Spooky Bat Chicken Nuggets OR

# Draculoni & Cheese (Macaroni & Cheese)

Witches Teeth (Corn)

Halloween Cookie