

# Daily Bulletin

January 26, 2026



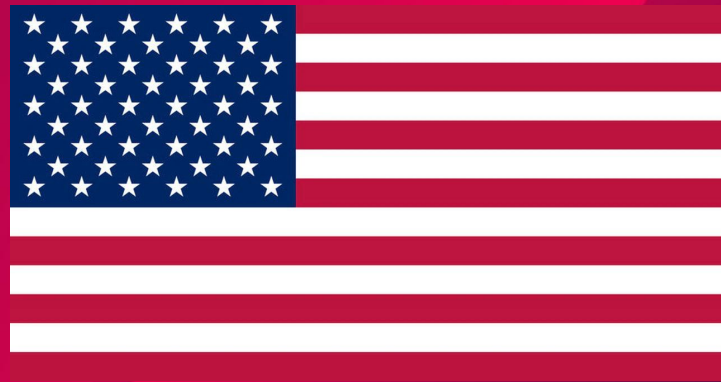
Slideshow [LINK](#) with Music  
\*SDUHSD Accounts Only\*

PLEASE RISE FOR THE PLEDGE OF ALLEGIANCE



# The Pledge of Allegiance

I pledge allegiance to the flag  
of the United States of America,  
and to the republic for which it stands,  
one nation under God, indivisible,  
with liberty and justice for all.



# Monday, January 26th, 2026

Regular Day Schedule	
Period 1	8:30 - 10:00
Period 2	10:08 - 11:42
Lunch	11:42 - 12:14
Period 3	12:22 - 1:52
Period 4	2:00 - 3:30

Welcome back!



Seniors  
2123

Juniors  
2124

# Junior/Senior Community Day

FREE FOOD!!

BUILD CONNECTIONS!



Leader Sign Up



Participant Sign Up



Speaker Sign Up



## **PARKING PERMITS:**

**To park in CCA parking lots,  
you need a parking permit.**

**To get a parking permit, you need  
to take the Start Smart Class.**

**Classes are 6-8pm in the  
LEARNING COMMONS:**

- **\*TOMORROW\*, JAN. 27,  
6:00 - 8:00 PM**
- **TUESDAY, MARCH 24, 6:00 - 8:00 PM**



REGISTER AT CCA-TV.COM

Registration & Fee Due: Jan 29th  
Teams of 4

# *Mini* CINE

Open to all SDUHSD students



create a  
short film in  
48 hours

Competition: Jan 30th - Feb 1st  
Screening: Friday, Feb 6th @ 7PM

REGISTER AT CCA-TV.COM



# CCA ATHLETICS

## Volume 6 of the Ravens Athletic Newsletter is out!

### Congrats to Athlete of the Week Eric Song for his outstanding contributions to the Men's Soccer team!



Raven Athletic Interns

JAN 2026  
Vol 06

CANYON CREST ATHLETICS

WINTER UPDATE

Created by Brand Ambassadors:  
Assistant Coaches: Lashon Crutcher, Jay Strickens, Bill Gust, Sabina Chung

**Welcome To Athletics, Ravens!**

Hey Raven Nation! Welcome back to another CCA Athletics Newsletter. It is about half way through our Winter season and our athletes have been hard at work. Here's a quick look at how everyone's doing and what's coming up next.

**Winter Season Update**

The Winter season feels like it has just started, but our teams are already heating up even in this cold weather. Look out for our teams who are going into their league play. Here is a quick update!

**Boys Soccer:** The boys have started off their season strongly by making it to the final of their preseason tournament. They have just started up their league campaign and have won 3 of their last 5 games. Catch them on the field at home @7pm next Thursday 1/29 vs Mission Vista. Congratulations to coach Lockhart on his 200<sup>th</sup> win for CCA Soccer.

**Girls Soccer:** The girls have kicked off strong in the league by winning their last two games 4-1 vs Occorondo and 5-1 vs Vista. Watch out for them in their upcoming home game vs El Camino next Tuesday 1/27 @ 6:00pm.

AOTW  
Eric Song  
Boys Soccer

@canyoncrestathletics

**Girls Basketball:** The girls have started very strong in their opening games winning 4 of their first 6. They have started their league run now and look to keep riding the momentum they have gained. Come support them on the court next week with their home games on Tuesday 1/27 and Friday 1/30 vs Mission Vista and Vista both @ 5:30pm.



Boys Basketball

#### Coaches Corner!

with Ryan Brod and Brian Baum

**What are you most excited about in this season?**

- As a new coach with CCA, I'm most excited to meet all the wrestlers this season, along with anyone interested in learning about the sport. However, in regard to the sport, I'm thrilled to be back in the competitive atmosphere of wrestling! - Ryan Brod
- All the new players, and helping them try to come together as a team - Brian Baum

**What's a Piece of Advice you would give your team?**

- Take it a day at a time. - Ryan Brod
- Have Awareness - Brian Baum

**Are there any specific games you're looking forward to?**

- Every tournament this year should be a great time. - Ryan Brod
- League Play! - Brian Baum

#### Athlete of the Week

Our first Athlete of the Week for the Winter season is Boys Soccer player Eric Song. Eric has been a vital part of the team being captain and leading goal scorer for the team with 10 goals and 2 assists in the teams opening 11 games. Congratulations Eric!



Boys Soccer

**Girls Waterpole:** The girls have been flying through their season and have been very strong lately, especially on Thursday 1/28, winning both of their games vs Mar Vista (8-7) and Escondido (22-2). They also won 35-3 last week on their senior night vs Valley Center. Make sure to catch their games before their season comes to an end.

**Wrestling:** The wrestling team has started off strong in their opening meets. They have shown a massive growth from last year and look to expand on their great early momentum. Make sure to catch them on the mats in their upcoming matches.

Keep up the good work athletes!

#### Upcoming Events!

- Mens Soccer**
  - Thursday 2/5 Mens Soccer and S'mores @ 7:00pm
- Girls Soccer**
  - Tuesday 2/10 Kickin' 4 Cocoa and Senior Night @ 6:00pm
- Girls and Boys Basketball**
  - Friday 2/13 Shootin' 4 Sherbert and Boys and Girls Senior Night @ 7:00pm

#### New Mascot!

After 22 years of having Rupert the Raven, CCA is retiring the beloved mascot. To help bring in the new mascot, the name will be changed, and we want you to help us choose the new name. Visit the QR code below to vote for the new name of the Raven Mascot, which will be introduced at the Spring Pep Rally.



# BOYS LACROSSE INFO MEETING

1/29, THURS  
ROOM C202  
LUNCH

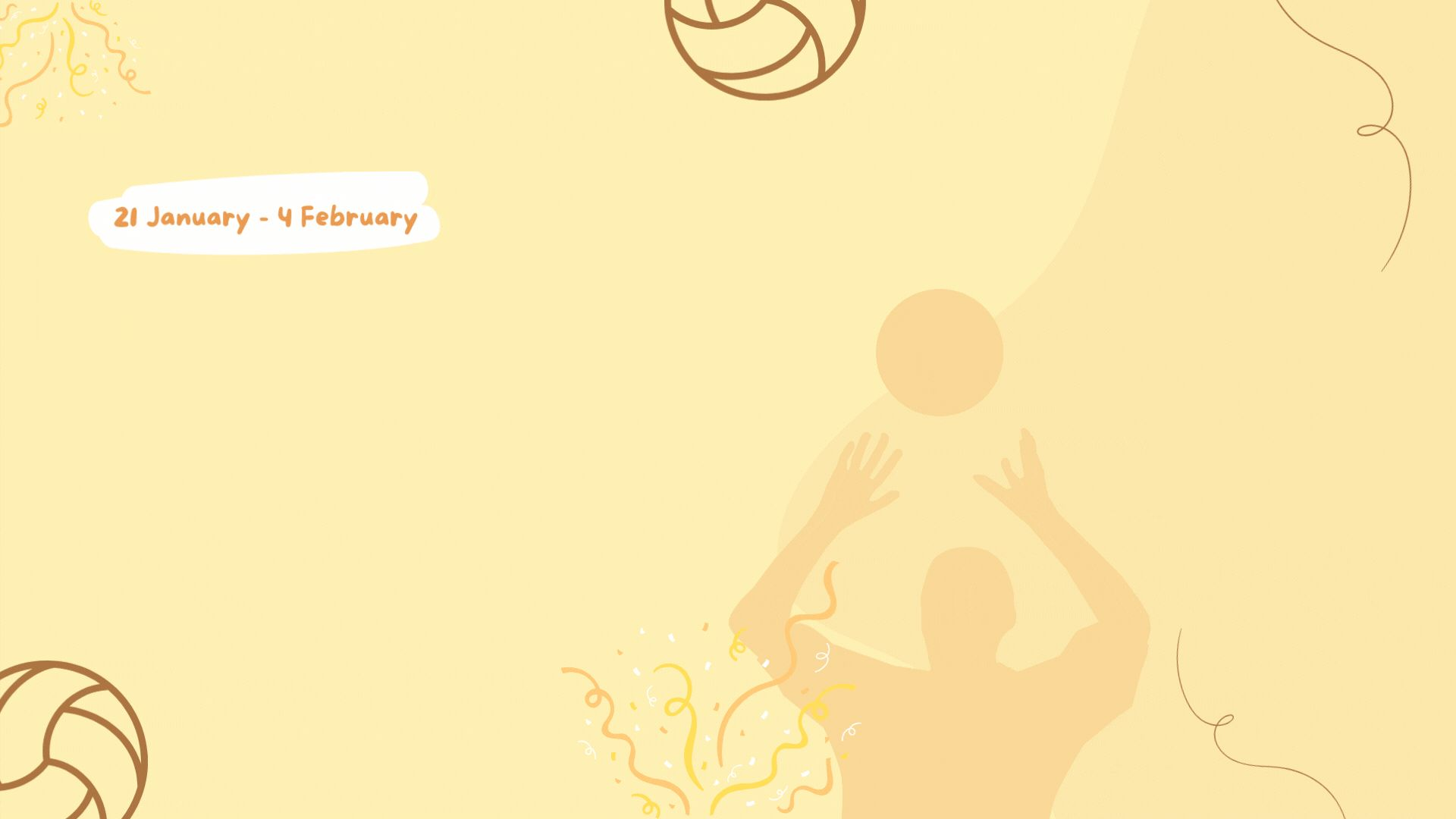
Players of all skill levels  
welcome

Preseason practices on the grass  
field Tuesdays - Thursdays from  
4:00-5:30





21 January - 4 February



# New **CCA Ravens** Mascot

## Voting Link





American  
Red Cross

CCA Red Cross Club's

# TOILETRIES DRIVE

Bring + drop off toiletry donations in Mr. Stiven's room (B103) in the Red Cross Bags!

All proceeds go to the Monarch School, in collaboration with Torrey Pines Red Cross club and Red Cross San Diego.

Every donation makes a big difference for someone in need.



## ITEMS COLLECTING:

Full Size Toiletries

- Hairbrushes, Hair Ties, & Gel
- Lip Balm
- Body Lotion
- Shampoo & Conditioner
- Textured hair shampoo & conditioner
- Sunscreen
- Female/Male Deodorant
- Razors & Shaving Cream
- Feminine Products
- Body Wash
- Toothbrush & Toothpaste
- Not sure? Bring it anyways
- All contributions matter!



cca\_redcross ...

CCA Red Cross Club

13 posts 272 followers 323 following

- Meetings every other Thursday in B103
- Youth club, not directly affiliated with the American Red Cross.
- Contact... more

[classroom.google.com/c/ODAwMTU5OTQ0NzQ1?cjc=asiil77g](https://classroom.google.com/c/ODAwMTU5OTQ0NzQ1?cjc=asiil77g)

DROP OFF DONATIONS IN MR. STIVEN'S ROOM (B103)  
FOR THE NEXT 2-3 WEEKS:



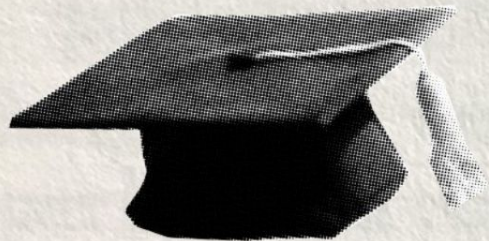
# *Spring* **CLUB REGISTRATION**



*OPEN FROM*  
**JAN 7-  
JAN 30**

*clubscommissioner@ccaasb.com*





# senior ADS



## HOW TO PURCHASE A senior ad

AVAILABLE FOR PURCHASE FROM NOW  
UNTIL FEB. 1ST! SCAN THE QR CODE OR GET  
THE LINK IN OUR INSTAGRAM BIO !

email us at [ccaseniors26@gmail.com](mailto:ccaseniors26@gmail.com) or dm us on instagram  
[@ccca.yearbook\\_](https://www.instagram.com/ccca.yearbook_) with your questions!

1. Scan the QR code
2. Select "continue"
3. Click "yearbook ads" in the top right corner and then "Buy a Yearbook Ad"
4. From there, you can select "half page color" or "quarter page color"
5. Select "Student / teacher"
6. Enter the student's first and last name
7. Select "find name."
8. Select "ok" and then "next."
9. Create an account or sign in
10. Start designing your senior ad!





# Have announcements for the Daily Bulletin?

If you are a part of a club or organization on campus, a club officer or club advisor can send a Google Slide with information that you would like posted to the Clubs Commissioner, [clubs@ccaasb.com](mailto:clubs@ccaasb.com), or to the ASB Director, [tanner.kortman@sduhsd.net](mailto:tanner.kortman@sduhsd.net), by 3:30pm of the day before you would like the slide to play.

- Slides cannot play for more than 3 consecutive days, and Club Meeting slides generally post only on the day of the meeting unless there are extenuating circumstances.
- Any physical posters or flyers must be approved and stamped by ASB Executive Vice President, Eire Chen, and can be posted on the bulletin boards or Gym building windows using painters tape.



...  
**HELP  
KEEP  
CCA  
SAFE!**

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**IF YOU SEE  
SOMETHING,  
SAY  
SOMETHING.**

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## Daily Bulletin Theme Solving Contest

**RULES** : Two points are awarded to the class or classes that solve first (defined as Day #1 and can be any day from Monday to Wednesday), and one point is awarded for any solve after Day #1. Only one guess allowed per day except on Thursdays which have unlimited guesses, and solves on Thursday can only earn one point.

**SUBMISSIONS:** Theme guesses can be emailed by the teacher (or one designated student in case of teacher absence) to [Tanner.Kortman@sduhsd.net](mailto:Tanner.Kortman@sduhsd.net) by the end of 2nd period.

# Today's Music: “Really” by BLACKPINK



Congrats to these classes for solving last week's "Band Names That End With Dances" theme: Travasos, Carrillo, Dobashi, Sevilla, Krogh, Shay, Celniker, and Hare!