



Buena Vista Middle School Breakfast and Lunch Menu

Week of May 18th-22nd (Free for Students)

Menu created by Ordo - Made fresh daily - by On the Roll Catering

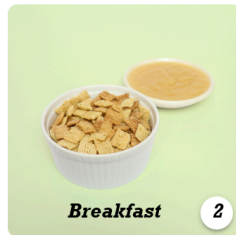


Breakfast 1

☰ Breakfast

Cinnamon Toast Crunch & String Cheese with Applesauce

Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain



Breakfast 2

☰ Breakfast

Rice Chex with Applesauce

Peanut free Tree-nut free
Vegetarian Vegan Gluten free
Dairy free Egg free
Sesame free Soy free
Seafood free Whole Grain

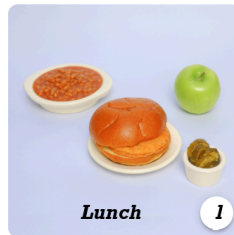


Breakfast 3

☰ Breakfast

English Muffin & Jam with Applesauce

Peanut free Tree-nut free
Vegetarian Dairy free Vegan
Whole Grain Egg free
Seafood free Sesame free

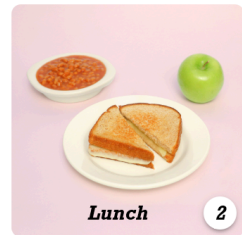


Lunch 1

☰ Lunch

Crispy Chicken Sandwich with Baked Beans & Apple (K-8)

Peanut free Seafood free
Tree-nut free Whole Grain

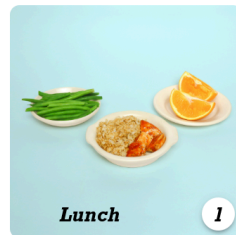


Lunch 2

☰ Lunch

Grilled Cheese with Baked Beans & Apple (K-8)

Peanut free Vegetarian
Seafood free Tree-nut free
Sesame free Whole Grain

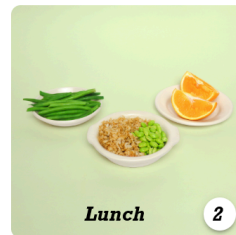


Lunch 1

☰ Lunch

Teriyaki Chicken & Garlic Sesame Brown Rice with Fresh Green Beans & Orange Wedges (K-8)

Dairy free Peanut free
Egg free Tree-nut free
Seafood free Whole Grain

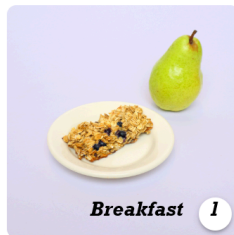


Lunch 2

☰ Lunch

Edamame & Garlic Sesame Brown Rice with Fresh Green Beans & Orange Wedges (K-8)

Vegan Peanut free Egg free
Tree-nut free Vegetarian
Seafood free Whole Grain
Dairy free

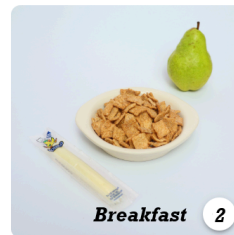


Breakfast 1

☰ Breakfast

Housemade Blueberry Granola Bar with Pear

Whole Grain Peanut free
Sesame free Tree-nut free
Soy free Vegetarian
Seafood free

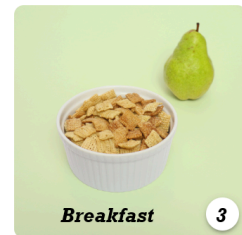


Breakfast 2

☰ Breakfast

Cinnamon Toast Crunch & String Cheese with Pear

Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain

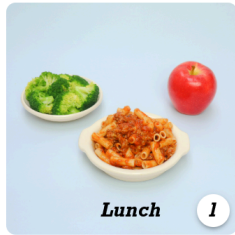


Breakfast 3

☰ Breakfast

Cinnamon Rice Chex with Pear

Peanut free Tree-nut free
Vegetarian Vegan Gluten free
Dairy free Egg free
Sesame free Soy free
Seafood free Whole Grain



Lunch 1

Lunch

Italian Meat Sauce over Penne with Steamed Broccoli & Apple (K-8)

- Peanut free
- Dairy free
- Tree-nut free
- Egg free
- Seafood free
- Sesame free
- Whole Grain



Lunch 2

Lunch

Cheesy Baked Pasta with Steamed Broccoli & Apple (K-8)

- Peanut free
- Tree-nut free
- Vegetarian
- Egg free
- Sesame free
- Seafood free
- Whole Grain
- Soy free



Breakfast 1

Breakfast

Whole Grain Snickerdoodle Muffin with Orange Wedges

- Sesame free
- Peanut free
- Soy free
- Tree-nut free
- Seafood free
- Vegetarian
- Whole Grain

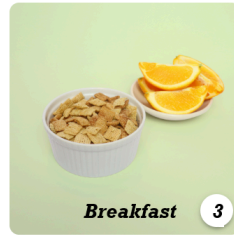


Breakfast 2

Breakfast

Cinnamon Toast Crunch & String Cheese with Orange Wedges

- Peanut free
- Vegetarian
- Tree-nut free
- Egg free
- Whole Grain
- Sesame free
- Seafood free

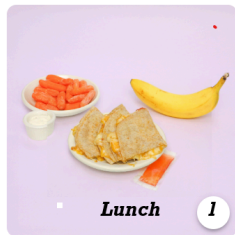


Breakfast 3

Breakfast

Rice Chex with Orange Wedges

- Peanut free
- Tree-nut free
- Vegetarian
- Vegan
- Gluten free
- Dairy free
- Egg free
- Sesame free
- Soy free
- Seafood free
- Whole Grain

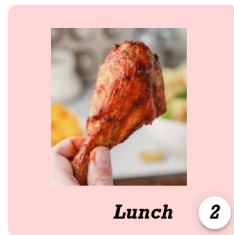


Lunch 1

Lunch

Cheese Quesadilla with Baby Carrots & Banana (K-8)

- Vegetarian
- Peanut free
- Egg free
- Tree-nut free
- Sesame free
- Seafood free
- Whole Grain

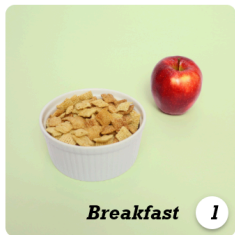


Lunch 2

Lunch

BBQ Chicken Drumstick & Whole Grain Roll with Baby Carrots & Banana (K-8)

- Peanut free
- Tree-nut free

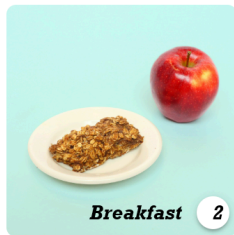


Breakfast 1

Breakfast

Rice Chex with Apple

- Peanut free
- Vegetarian
- Gluten free
- Seafood free
- Tree-nut free
- Soy free
- Dairy free
- Egg free
- Sesame free
- Whole Grain



Breakfast 2

Breakfast

Housemade Maple Oat Bar with Apple

- Whole Grain
- Peanut free
- Tree-nut free
- Sesame free
- Vegetarian
- Soy free
- Seafood free

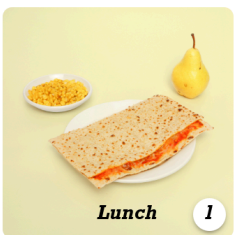


Breakfast 3

Breakfast

Cinnamon Toast Crunch & String Cheese with Apple

- Peanut free
- Vegetarian
- Tree-nut free
- Whole Grain
- Egg free
- Sesame free
- Seafood free



Lunch 1

Lunch

Cheese Pizza Calzone with Seasoned Corn & Pear (K-8)

- Vegetarian
- Peanut free
- Egg free
- Tree-nut free
- Seafood free
- Sesame free
- Whole Grain



Lunch 2

Lunch

Pepperoni Pizza Calzone with Seasoned Corn & Pear (K-8)

- Egg free
- Sesame free
- Peanut free
- Seafood free
- Tree-nut free
- Whole Grain



Breakfast 1

Breakfast

Rice Chex with Banana

- Peanut free
- Tree-nut free
- Vegetarian
- Gluten free
- Dairy free
- Egg free
- Sesame free
- Soy free
- Seafood free
- Whole Grain



Breakfast 2

Breakfast

Protein Choco Chip Mini Muffins with Banana

- Peanut free
- Vegetarian
- Seafood free
- Tree-nut free
- Sesame free
- Whole Grain



Breakfast 3

Breakfast

Cinnamon Toast Crunch & String Cheese with Banana

- Peanut free
- Vegetarian
- Seafood free
- Tree-nut free
- Egg free
- Sesame free
- Whole Grain

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by On the Roll Catering. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.