

Menu Name:

MIDDLE SCHOOL LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2931	*20.83	4676	*58	*2	110.06	*0.00	*49	394.34	28.31	66.56	*77	1803.9	44.85	*17.95	\$0.000
% of Calories				*6.40%		*7.9%	*0.3%	33.8%	*0.0%		53.8%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/03/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	342	7.68	640	2	0	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1	0	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2896	*19.22	4501	*56	*2	104.56	*0.00	*44	398.78	27.58	64.92	*77	1821.6	43.34	*15.34	\$0.000
% of Calories				*5.97%		*7.7%	*0.3%	32.5%	*0.0%		55.1%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/04/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	*N/A*	17.8	1.28	3.05	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2990	*21.05	4835	*59	*2	113.28	*0.00	*58	399.18	28.32	69.51	*77	1805.3	43.04	*18.82	\$0.000
% of Calories				*6.34%		*7.9%	*0.3%	34.1%	*0.0%		53.4%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONLES WINGS 5 EACH	SERVING	105	250	2.00	400	1	*N/A*	11.00	0.00	55	15.00	2.00	23.00	*N/A*	20.0	0.00	1.80	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1	0	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2467	*13.73	3854	*56	*2	87.71	*0.00	*48	332.95	24.11	62.17	*77	1745.0	34.94	*14.53	\$0.000
% of Calories				*5.01%		*9.1%	*0.3%	32.0%	*0.0%		54.0%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/08/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2771	*17.77	4413	*56	*2	101.11	*0.00	*38	377.53	26.92	62.83	*77	1787.7	43.54	*15.08	\$0.000
% of Calories				*5.77%		*8.1%	*0.3%	32.8%	*0.0%		54.5%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2931	*20.83	4676	*58	*2	110.06	*0.00	*49	394.34	28.31	66.56	*77	1803.9	44.85	*17.95	\$0.000
% of Calories				*6.40%		*7.9%	*0.3%	33.8%	*0.0%		53.8%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/10/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	342	7.68	640	2	0	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1	0	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2896	*19.22	4501	*56	*2	104.56	*0.00	*44	398.78	27.58	64.92	*77	1821.6	43.34	*15.34	\$0.000
% of Calories				*5.97%		*7.7%	*0.3%	32.5%	*0.0%		55.1%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/11/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	*N/A*	17.8	1.28	3.05	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2990	*21.05	4835	*59	*2	113.28	*0.00	*58	399.18	28.32	69.51	*77	1805.3	43.04	*18.82	\$0.000
% of Calories				*6.34%		*7.9%	*0.3%	34.1%	*0.0%		53.4%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/12/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONLES WINGS 5 EACH	SERVING	105	250	2.00	400	1	*N/A*	11.00	0.00	55	15.00	2.00	23.00	*N/A*	20.0	0.00	1.80	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1	0	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS	1	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2467	*13.73	3854	*56	*2	87.71	*0.00	*48	332.95	24.11	62.17	*77	1745.0	34.94	*14.53	\$0.000
% of Calories				*5.01%		*9.1%	*0.3%	32.0%	*0.0%		54.0%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2771	*17.77	4413	*56	*2	101.11	*0.00	*38	377.53	26.92	62.83	*77	1787.7	43.54	*15.08	\$0.000
% of Calories				*5.77%		*8.1%	*0.3%	32.8%	*0.0%		54.5%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2931	*20.83	4676	*58	*2	110.06	*0.00	*49	394.34	28.31	66.56	*77	1803.9	44.85	*17.95	\$0.000
% of Calories				*6.40%		*7.9%	*0.3%	33.8%	*0.0%		53.8%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/17/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	25	342	7.68	640	2	0	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	25	309	6.53	622	1	0	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2896	*19.22	4501	*56	*2	104.56	*0.00	*44	398.78	27.58	64.92	*77	1821.6	43.34	*15.34	\$0.000
% of Calories				*5.97%		*7.7%	*0.3%	32.5%	*0.0%		55.1%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/18/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	*N/A*	17.8	1.28	3.05	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2990	*21.05	4835	*59	*2	113.28	*0.00	*58	399.18	28.32	69.51	*77	1805.3	43.04	*18.82	\$0.000
% of Calories				*6.34%		*7.9%	*0.3%	34.1%	*0.0%		53.4%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONLES WINGS 5 EACH	SERVING	105	250	2.00	400	1	*N/A*	11.00	0.00	55	15.00	2.00	23.00	*N/A*	20.0	0.00	1.80	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1	0	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2467	*13.73	3854	*56	*2	87.71	*0.00	*48	332.95	24.11	62.17	*77	1745.0	34.94	*14.53	\$0.000
% of Calories				*5.01%		*9.1%	*0.3%	32.0%	*0.0%		54.0%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/22/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2771	*17.77	4413	*56	*2	101.11	*0.00	*38	377.53	26.92	62.83	*77	1787.7	43.54	*15.08	\$0.000
% of Calories				*5.77%		*8.1%	*0.3%	32.8%	*0.0%		54.5%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2931	*20.83	4676	*58	*2	110.06	*0.00	*49	394.34	28.31	66.56	*77	1803.9	44.85	*17.95	\$0.000
% of Calories				*6.40%		*7.9%	*0.3%	33.8%	*0.0%		53.8%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Wednesday - 09/24/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002474 CHICKEN, NUGGETS 5EA RC	SERVING 5 EACH	55	180	2.00	420	0	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	50	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	55	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	50	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003079 TAMALES SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALES	25	342	7.68	640	2	0	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	25	309	6.53	622	1	0	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	500	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2896	*19.22	4501	*56	*2	104.56	*0.00	*44	398.78	27.58	64.92	*77	1821.6	43.34	*15.34	\$0.000
% of Calories				*5.97%		*7.7%	*0.3%	32.5%	*0.0%		55.1%		9.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Thursday - 09/25/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	50	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	50	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	150	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	75	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	*N/A*	17.8	1.28	3.05	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	55	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2990	*21.05	4835	*59	*2	113.28	*0.00	*58	399.18	28.32	69.51	*77	1805.3	43.04	*18.82	\$0.000
% of Calories				*6.34%		*7.9%	*0.3%	34.1%	*0.0%		53.4%		9.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Friday - 09/26/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002313 CHICKEN, BONLES WINGS 5 EACH	SERVING	105	250	2.00	400	1	*N/A*	11.00	0.00	55	15.00	2.00	23.00	*N/A*	20.0	0.00	1.80	\$0.000
002423 CHICKEN, POPCORN WG 10 EACH RO	SERVING (10)	40	393	3.00	759	*2	*N/A*	18.00	0.00	81	34.00	6.00	24.00	*N/A*	78.0	0.00	3.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	28	331	3.73	452	1	0	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	27	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	15	477	16.33	928	*2	*N/A*	31.33	*0.00	80	23.00	3.00	25.00	*N/A*	36.0	0.00	1.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	1	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	1	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2467	*13.73	3854	*56	*2	87.71	*0.00	*48	332.95	24.11	62.17	*77	1745.0	34.94	*14.53	\$0.000
% of Calories				*5.01%		*9.1%	*0.3%	32.0%	*0.0%		54.0%		10.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Monday - 09/29/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	25	102	0.00	1029	0	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$0.000
001946 CHICKEN PATTY ON BUN (RC)	EACH	25	182	2.00	423	0	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003182 CHICKEN, TENDERS BREADED GOLDEN FLAT LARGE	SERVING 2 EACH	25	200	1.00	710	*N/A*	*N/A*	7.00	0.00	35	16.00	0.00	17.00	*N/A*	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	25	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	50	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	58	304	6.08	527	5	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2771	*17.77	4413	*56	*2	101.11	*0.00	*38	377.53	26.92	62.83	*77	1787.7	43.54	*15.08	\$0.000
% of Calories				*5.77%		*8.1%	*0.3%	32.8%	*0.0%		54.5%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0	*0	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003152 1/4# Hot Dog on a bun	1 Hot Dog w/bun	25	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003151 Bratwurst on a Bun	1 Brat w/bun	25	660	12.00	1780	6	0	36.00	0.00	70	63.00	0.00	22.00	*N/A*	112.0	0.00	3.92	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003008 HS SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	110	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002590 BURRITO, BEAN&CHSEIWSWG6.05 OZ	EACH	55	323	4.27	458	2	*N/A*	11.65	0.00	18	42.18	7.71	15.13	*N/A*	192.9	11.86	3.00	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	456	8.27	993	*2	*0	17.72	*0.00	46	54.25	1.51	20.99	*0	320.8	0.00	3.75	\$0.000
002002 PIZZA, CHEESE WG 14" YCUSD	SLICE	36	435	7.86	890	*2	*0	15.31	*0.00	43	54.59	1.51	21.10	*0	389.4	0.00	3.41	\$0.000
002994 HS PIZZA, VEGGIE GOURMET	SLICES	12	584	*7.79	1007	*0	*0	26.98	*0.00	33	61.19	7.32	24.78	*0	66.3	4.95	3.32	\$0.000
000351 SALAD, CHEF (7-12)	SERVING	5	501	9.50	900	*9	*N/A*	24.99	*0.00	*52	47.47	5.61	20.62	*N/A*	73.9	21.16	3.90	\$0.000
000898 SALAD, TACO (7-12)	EACH	5	383	5.54	556	*0	*0	14.82	*0.00	20	46.41	10.19	11.87	*0	59.6	15.99	1.23	\$0.000
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	12	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	10	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
002687 HS SANDWICH, VEGGIE WG W/CHIPS	SUB	5	700	17.00	1213	*6	*N/A*	35.02	*0.00	80	63.34	8.52	30.47	*N/A*	95.8	13.53	2.66	\$0.000
002892 HS-PBJ GRAPE LUNCH	EACH	40	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	40	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
003146 BENTO BOX #1	SERVINGS	24	12870	56.10	21323	*134	*0	474.66	*0.00	29	1724.74	109.39	231.04	*784	9064.2	4.32	76.08	\$0.000
003147 BENTO BOX #2	SERVINGS	24	12980	55.60	21223	*135	*0	486.16	*0.00	19	1729.74	109.39	228.04	*784	8880.2	4.32	76.80	\$0.000
003148 BENTO BOX #3	SERVINGS	24	12899	58.10	21468	129	*0	488.12	0.00	35	1704.18	110.06	228.73	*15	8991.9	3.23	76.20	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	250	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	250	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	250	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	250	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	*N/A*	0.0	10.24	1.84	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	20	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			2931	*20.83	4676	*58	*2	110.06	*0.00	*49	394.34	28.31	66.56	*77	1803.9	44.85	*17.95	\$0.000
% of Calories				*6.40%		*7.9%	*0.3%	33.8%	*0.0%		53.8%		9.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0										

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	2817	*18.63	4466	*57	*2	103.66	*0.00	*47	381.21	27.11	65.26	*77	1793	42.08	*16.42	\$0.000
% of Calories		*5.95%		*8.1%	*0.3%	33.1%	*0.0%		54.1%		9.3%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.