



Paradise Junior High *Home of the Bobcats*

ATHLETIC HANDBOOK

Interscholastic athletics are a powerful tool for teaching youth how to succeed in today's society. Athletics can help students learn to stretch their personal abilities, adapt to stress, have fun, function in a cooperative manner, and to deal with winning or losing in a positive fashion. If these benefits are to be realized from athletics, each participant must be fully committed to his/her team. Commitment is the foundation for all of life's important decisions. It is with this thought that the following guidelines have been established for our athletic program:

GRADE CHECKS

Students are eligible to participate in extracurricular activities with a 2.0 GPA and no "F's" at each grade mark (report card). Grades will be evaluated every 5-7 weeks. Students will be placed on probation if their grades do not meet the eligibility requirements to participate in extracurricular activities on a grade mark (report card).

PROBATION STEPS:

1. Students on probation will not participate in competitions or travel with the team, but will be allowed to practice and sit on the bench during home games.
2. Students on probation will have their grades evaluated with the standard schoolwide weekly grade check.
3. When the student on probation has a weekly grade check that reaches the eligibility standard, (2.0 GPA and no "F's") the student will be allowed to participate fully.
4. Students on probation will continue to have their grades evaluated weekly until the next grading mark. (report card):
 - a. If a student falls below the eligibility standard again on a weekly grade check, they go back to STEP 1 of the PROBATION STEPS.
5. When a student reaches the eligibility standard at a grade mark (report card), they will be removed from probation.

Each school year students will begin the year academically eligible. There are four grading marks per semester. The most recent grading mark will be used to determine continued academic eligibility. If a student is academically ineligible due to the fall semester final mark grades, they will remain ineligible until meeting the 2.0 and no "F" standard at the first grade mark of the second semester. If a student is academically ineligible, it will be the coach's discretion whether or not they continue to be a part of the team.

SCHOOL BEHAVIOR

Citizenship must be in compliance with school standards of conduct. Athletes should view themselves as ambassadors for Paradise Junior High School. Bobcats should always represent their school with class and pride.

- A. A player who receives a class suspension must meet with the Athletic Director and/or Athletic Administrator to determine if they will be suspended for the following competition. Any player who receives two class suspensions must meet with the Athletic Director and/or Athletic Administrator to determine if they will continue with the team.
- B. A student who is suspended from school will be ineligible to continue on the team.
- C. Any detention received at school should be communicated to the coach by the athlete. Detentions may affect play time. Repeated poor behavior in school may result in removal from the team.

TEAM ROSTER/PLAY TIME

It is the coach's discretion as to whom he/she chooses to place on the team. Tryouts will be closed. No spectators during tryouts. The coach will take grades, behavior, attendance, athletic ability and skill into consideration when selecting a team and how much play time is granted. The coach's decision is **FINAL**.



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PRACTICE

- A. Students must attend all team practices
- B. Excused absences from practice may result in loss of playing time.
- C. Unexcused absences from practice can result in disciplinary action, including reducing playing time and removal from the team.
- D. Students must attend at least 4 class periods in order to practice with the team. Any exceptions must have prior approval. A student who doesn't participate in PE for any medical reason, may not practice with the team.
- E. Students must communicate directly with the coach regarding missing practice.

GAME DAYS

- A. Students are to dress according to the team dress code.
- B. Students must attend all classes on the day of a game in order to play or travel with the team. Any exceptions must have prior approval. A student who doesn't participate in PE for any medical reason, may not play in that day's competition.
- C. Students are responsible for class work missed and homework due the next day.

UNIFORMS

- A. Uniforms will be issued at the time of gaining eligibility.
- B. The uniform needs to be clean for each game. Wash in cold. Hang to dry!
- C. It is the responsibility of the athlete to return the uniform in good condition.
- D. Guardians will be charged for lost or damaged uniforms.
- E. The uniform is to be turned in to the coach within one week after the final contest.

PARENT/SPECTATOR EXPECTATIONS

- A. Pick your athlete up after practice/competitions promptly. It is not fair to have coaches wait for you to pick up your child after the scheduled end time. If this becomes an issue, it may result in removal from the team.
- B. Be a positive and supportive role model by cheering positively for our athletes.
- C. Let the officials officiate. We know officials make bad calls. Let's focus our attention on cheering for our kids.
- D. 24 hour rule. If you have a concern you would like to discuss after a competition with the coach, wait 24 hours before making contact. Coaches should never be approached after a competition regarding a complaint. If after communicating the next day, the situation is not satisfactorily resolved, the Athletic Director and/or School Administrator can help to mediate the situation.

These guidelines have been established as the Athletic Policy for Paradise Junior High School. To ensure the best possible communication, we ask that you read these guidelines and return this form with the medical release form to the school office. A sports physical is also highly recommended.

I have received and agree to the rules and regulations as set forth in the athletic handbook.

Student Name

Student Signature

Parent Signature