MENU CHOICES ACE & NEAC MILK CHOICES BREAKFAST LUNCH 1% White Entrée Fat Free Chocolate Fruit Veggies (Pick 2) **Lactose Free** September Menu Fruit (Pick 2) Juice Soy Milk Milk **ATIONAL WHOLE GRAINS MONTH** MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** 2 3 Dutch Waffle OR Pick 2: Confetti Pancakes OR Pick 2: Donut Holes & Sausage* OR Pick 2: Biscuit & Sausage* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk School Chicken & Waffles Yogurt & Cheese Combo Crispy Chicken Salad BBQ Boneless Wings & Cornbread Yogurt & Cheese Combo Cheese Enchiladas w/Chili & Meatzza Pizza Holiday Spanish Rice WOW Sandwich+ Combo Cheese Pizza Italian Salad* Baked Beans Crispy Carrots & Red Bell Peppers Sliced Apples Ranchero Beans Broccoli w/Cheese Whole Kernel Corn Cucumber Slices w/Tajin Fresh Banana Crispy Carrots w/Dip Fresh Watermelon Celery Sticks & Crispy Carrots Seedless Granes Strawberries w/Cream Fiesta Raisins Diced Peaches Sliced Pears 11 10 Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Blueberry Muffin & Sausage* Ham & Cheese Croissant* Bean & Cheese Taco Chicken & Waffles OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk OR Pick 2: Cereal, Yogurt or Cereal Bar OR Pick 2: OR Pick 2: Cereal, Yogurt or Cinnamon Waffle Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk Breaded Chicken Sandwich+ Sweet Asian Chicken w/Fried Rice Spaghetti w/Meat Sauce or Frito Pie w/Cornbread Chicken Tenders w/Cornbread Marinara & Cheesy Bread Crispy Chicken Salad Wowbutter Sandwich+ Combo Italian Salad* Yogurt & Cheese Combo WOW Sandwich+ Combo Yogurt & Cheese Combo Celery Sticks & Grape Tomatoes Broccoli w/Cheese Tater Tots Italian Green Beans Ranchero Beans **Burger Trimmings** Red Bell Peppers & Crispy Carrots Crispy Carrots w/Dip Cucumber Slices w/Tajin Crispy Carrots & Grape Tomatoes Fresh Watermelon Seedless Grapes Fresh Watermelon Fresh Banana Fiesta Raisins Strawberry Applesauce Strawberries w/Cream Sliced Peaches Strawberry Craisins Fruit Cocktail 16 17 Donut Holes & Sausage* 18 Sausage & Cheese Flatbread Potato & Egg Taco OR Pick 2: Sunrise Egg, Sausage & Potato Bowl* OR Pick 2: **Dutch Waffle** OR Pick 2: Cereal, Yogurt or Cereal Bar OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Cereal, Yogurt or Pop Tart Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk Crispy Beef Tacos w/Spanish Rice WOW Sandwich Combo+ Chicken Nuggets w/Cornbread Wow Sandwich Combo+ Italian Salad* Meatzza Pizza* Cheese Pizza Pizza Cheese Sticks w/Marinara Cheeseburger+ Yogurt & Cheese Combo Crispy Chicken Salad Yogurt & Cheese Combo Spicy Hashbrowns Savory Green Beans Crispy Carrots & Grape Tomatoes Granny Smith Apple Ranchero Beans Mashed Potatoes w/Gravu **Baked Beans** Taco Trimmings Burger Trimmings Orange Smiles Crispy Carrots & Red Bell Peppers Mixed Green Salad w/Ranch Fresh Banana Apple Crisps Seedless Grapes Natural Applesauce Sour Watermelon Raisins Strawberries w/Cream Diced Peaches Sliced Pears Blueberry Muffin & Sausage* Sausage & Egg Taco* OR Pick 2: Biscuit & Chicken Bean & Cheese Taco French Toast Sticks OR Pick 2: OR Pick 2: OR Pick 2: OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Steak Fingers w/Cornbread Yogurt & Cheese Combo Corn Dog Yogurt & Cheese Combo General Tso Chicken+ w/Fried Rice Wow Sandwich Combo+ Beef & Cheese Nachos Pork & Cheese Tamales* Cheese Nachos Yogurt & Cheese Combo Crispy Chicken Salad WOW Sandwich Combo+ Italian Salad* Tater Tots Mashed Potatoes w/Gravy Mixed Green Salad w/Ranch Ranchero Beans Mexican Street Corn Celery Sticks & Grape Tomatoes Crispy Carrots w/Dip Fresh Watermelon Tossed Salad w/Ranch Seedless Grapes Red Bell Peppers & Crispy Carrots Celery Sticks & Crispy Carrots Fresh Watermelon Fresh Banana Fiesta Raisins Strawberry Applesauce Sliced Peaches Strawberry Craisins Strawberries w/ Cream Fruit Cocktail BRUNCH FOR LUNCH! 29 30 To see the current and upcoming menus, go to: NEISD School

Potato & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Sausage Dog+ WOW Sandwich Combo+

Spicy Hashbrowns Tossed Salad w/Ranch Orange Smiles

Sour Watermelon Raisins

Dutch Waffle OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Chicken & Waffles Yogurt & Cheese Combo Crispy Chicken Salad

Baked Beans Crispy Carrots & Red Bell Peppers Granny Smith Apple Strawberries w/Cream

Nutrition Services website OR schoolCafe.com/NorthEastISD or download the School Café App

Menu subject to change.

*Indicates Pork Product +Possible trace of sesame due to manufacturer

This institution is an equal opportunity provider



School Nutrition Services is hiring Starting at: \$14.11