

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 31, 2026

Menu Name:	High School Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 10/05/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990431 2-Teriyaki Chicken w/rice Kit	Servings	1	56.38
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
002018 2-Honey BBQ Pork Rib Sandwich	each	1	42.14
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
001036 .			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990305 2-Beans, Refried, seasoned	1/2 cup	1	21.73
001039 TOTAL			
001879 2-Milk, Chocolate,	8 oz	1	22.00

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Crystal Cream			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001039 TOTAL			
001036 .			
Weighted Daily Average			334.35
% of Calories			50.8%
Weekly Nutrient Guideline			

Tuesday - 10/06/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990647 Cajun Chicken w/red beans&rice	serving	1	52.36
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
001104 2-Wrap,Spicy Chicken	1 each	1	55.32
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95

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990392 Other			
001039 TOTAL			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	4	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			100.41
% of Calories			47.8%
Weekly Nutrient Guideline			

Wednesday - 10/07/2026 Reimbursable Meal Total 4

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East Side Union High School District

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	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990654 BBQ Pulled Chicken Sandwich	serving	1	63.06
990673 PepperJack Chicken Quesadilla	servings	1	41.09
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2- Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990316 2-Beans, Kidney, Spicy	1/2 cup	1	25.96
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet,	1 each	1	2.00

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9 gram			
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			115.07
% of Calories			50.5%
Weekly Nutrient Guideline			

Thursday - 10/08/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990644 Sweet/Sour Beef w/Veggie Rice	serving	1	92.62
990655 Popcorn Chicken w/ Fries & Dinner Roll	serving	1	50.39
990664 GC Jalapeno Popper Sand	servings	1	35.43
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	4	2.09
000806 2-Salsa, commodity	oz	1	1.76
001036 .			

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001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			97.05
% of Calories			51.5%
Weekly Nutrient Guideline			

Friday - 10/09/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990658 Chili Cheese Fritos	servings	1	89.80
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			

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Oct 5, 2026 thru Oct 31, 2026

003187 2-Applesauce, cup	1/2 cup	1	13.95
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			106.02
% of Calories			46.3%
Weekly Nutrient Guideline			

Monday - 10/12/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990653 Nashville Hot Tenders	serving	1	64.12
002623 2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	44.00

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990530 2-Pizza, Cheese - Homemade	each	1	32.23
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	4	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
003505 2-Carrots, Baby	1/2 cup	4	6.07
990305 2-Beans, Refried, seasoned	1/2 cup	1	21.73
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00

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Oct 5, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			121.28
% of Calories			54.0%
Weekly Nutrient Guideline			

Tuesday - 10/13/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	58.86
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
990648 Creamy Mac & Cheese	serving	1	55.77
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
003028 2-Apricots Cup	1/2 cup	1	31.89
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18

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003505 2-Carrots, Baby	1/2 cup	4	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			110.08
% of Calories			46.0%
Weekly Nutrient Guideline			

Wednesday - 10/14/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990660 Korean BBQ Meatballs & Rice	serving	1	70.71
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
001231 2-Vegetarian Wrap	1 each	1	47.28
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			

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000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990316 2-Beans, Kidney, Spicy	1/2 cup	1	25.96
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			106.72
% of Calories			47.9%
Weekly Nutrient Guideline			

Thursday - 10/15/2026 Reimbursable Meal Total 4

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	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990639 Birria Ramen	Servings	1	60.44
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet,	ea	2	1.00

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12 gram			
Weighted Daily Average			112.02
% of Calories			52.2%
Weekly Nutrient Guideline			

Friday - 10/16/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990642 BBQ Beef Pizza	servings	1	46.32
990426 2-Fish Filet on Bun w/Tarter Sauce	Each	1	46.94
990625 Wrap, Mac Burger	1 each	1	48.62
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
003187 2-Applesauce, cup	1/2 cup	1	13.95
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			

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001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			97.51
% of Calories			48.4%
Weekly Nutrient Guideline			

Monday - 10/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990703 Week 3			
990700 Burrito, Big O Beef	servings	1	114.23
990109 2-Grilled Ham & Cheese - lunch	ea	1	35.01
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
990346 2-Breaded Cheese Pocket	serving	1	28.99
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
001036 .			

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001676 2-Beans, Green, canned	1/2 cup	1	4.18
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
003028 2-Apricots Cup	1/2 cup	1	31.89
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
990705 Tapatio Pkt 7g			
Weighted Daily Average			412.17
% of Calories			45.6%
Weekly Nutrient Guideline			

Tuesday - 10/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990703 Week 3			
002967 2-Chicken,Mand	serving	1	65.73

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Orange w/Rice			
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
002018 2-Honey BBQ Pork Rib Sandwich	each	1	42.14
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990116 2-Beans, Black seasoned	1/2 cup	1	24.48
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
990705 Tapatio Pkt 7g			

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Oct 5, 2026 thru Oct 31, 2026

Weighted Daily Average			385.81
% of Calories			49.9%
Weekly Nutrient Guideline			

Wednesday - 10/21/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990703 Week 3			
990175 Pozole Chicken	servings	1	73.16
990625 Wrap, Mac Burger	1 each	1	48.62
990701 Wings, Rings & Texas Toast	servings	1	48.58
002524 2-Corn Dog-only	1 each	1	30.00
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
990669 1-Pears, Sliced, canned-USDA	1/2 CUP	1	0.66
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001039 TOTAL			

Portion Values

Oct 5, 2026 thru Oct 31, 2026

001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
990705 Tapatio Pkt 7g			
Weighted Daily Average			370.60
% of Calories			41.6%
Weekly Nutrient Guideline			

Thursday - 10/22/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990703 Week 3			
003635 2-Chicken, Buffalo w/ brown Rice	servings	1	45.10
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
990530 2-Pizza, Cheese - Homemade	each	1	32.23
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36

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Portion Values

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000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
000384 2-Oranges, Fresh Whole(138ct.)	1/2 cup	1	11.28
990452 2-Celery & Carrot Sticks	1/2 cup	1	4.98
990316 2-Beans, Kidney, Spicy	1/2 cup	1	25.96
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			371.79
% of Calories			41.6%
Weekly Nutrient Guideline			

Friday - 10/23/2026

Reimbursable Meal Total 1

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Portion Values

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	Portion Size	Reimb Qty	Carb (g)
990703 Week 3			
990431 2-Teriyaki Chicken w/rice Kit	Servings	1	56.38
990664 GC Jalapeno Popper Sand	servings	1	35.43
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990346 2-Breaded Cheese Pocket	serving	1	28.99
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
003187 2-Applesauce, cup	1/2 cup	1	13.95
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet,	1 each	1	2.00

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9 gram			
000802 2-Mayo, packet, 9g	each	1	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
Weighted Daily Average			357.21
% of Calories			48.7%
Weekly Nutrient Guideline			

Monday - 10/26/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990706 Week 4	.	1	*N/A*
990425 2-Spaghetti w/Meatballs (All Natural)	serving	1	58.93
990393 2-Chicken and Waffle	serving	1	45.00
990673 PepperJack Chicken Quesadilla	servings	1	41.09
002524 2-Corn Dog-only	1 each	1	30.00
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98

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002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990305 2-Beans, Refried, seasoned	1/2 cup	1	21.73
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
990705 Tapatio Pkt 7g			
Weighted Daily Average			377.12
% of Calories			44.5%
Weekly Nutrient Guideline			

Tuesday - 10/27/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990706 Week 4	.	1	*N/A*
990688 KBBQ Wings & Rice	servings	1	29.88
990117 2-Pizza, Pepperoni-homemade	each	1	32.23

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990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
003028 2-Apricots Cup	1/2 cup	1	31.89
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000802 2-Mayo, packet, 9g	each	1	0.00
990705 Tapatio Pkt 7g			

Portion Values

Oct 5, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Carb (g)
000470 2-Soy Sauce packet	.5 oz	1	0.01
Weighted Daily Average			337.88
% of Calories			39.6%
Weekly Nutrient Guideline			

Wednesday - 10/28/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990706 Week 4	.	1	*N/A*
001805 2-Chicken Chili Verde	1 serving	1	76.70
990426 2-Fish Filet on Bun w/Tarter Sauce	Each	1	46.94
990625 Wrap, Mac Burger	1 each	1	48.62
990346 2-Breaded Cheese Pocket	serving	1	28.99
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 31, 2026

990452 2-Celery & Carrot Sticks	1/2 cup	1	4.98
990316 2-Beans, Kidney, Spicy	1/2 cup	1	25.96
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
990705 Tapatio Pkt 7g			
Weighted Daily Average			418.69
% of Calories			48.1%
Weekly Nutrient Guideline			

Thursday - 10/29/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990706 Week 4	.	1	*N/A*
990639 Birria Ramen	Servings	1	60.44
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990109 2-Grilled Ham & Cheese - lunch	ea	1	35.01
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 31, 2026

002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	1	2.09
001681 2-Corn	1/2 cup	1	16.61
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			385.34
% of Calories			46.2%
Weekly Nutrient Guideline			

Friday - 10/30/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Oct 5, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Carb (g)
990706 Week 4	.	1	*N/A*
990700 Burrito, Big O Beef	servings	1	114.23
990701 Wings, Rings & Texas Toast	servings	1	48.58
990154 2-Beef Dunkers, Teriyaki w/brown rice & Broccoli	serving	1	59.24
002524 2-Corn Dog-only	1 each	1	30.00
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000478 2-Applesauce	1/2 cup	1	15.82
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
990705 Tapatio Pkt 7g			

Portion Values

Oct 5, 2026 thru Oct 31, 2026

001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
Weighted Daily Average			437.44
% of Calories			47.3%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		257.73
% of Calories		46.3%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.