

Buena Vista Middle School Breakfast and Lunch Menu

Week of March 16th-20th (Free for Students) Menu created by Ordo - Made fresh daily - On the Roll Catering



Lunch 1

☰ Lunch

Beef Hot Dog with Potato Wedges & Apple (K-8)

Peanut free Seafood free
Tree-nut free Dairy free
Egg free Sesame free
Whole Grain



Lunch 2

☰ Lunch

Grilled Cheese with Potato Wedges & Apple (K-8)

Peanut free Vegetarian
Seafood free Tree-nut free
Sesame free Whole Grain



Breakfast 1

☰ Breakfast

Cheerios & String Cheese with Applesauce

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain



Breakfast 2

☰ Breakfast

Rice Chex with Applesauce

Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain

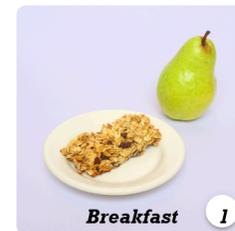


Breakfast 3

☰ Breakfast

Whole Grain Bagel & Cream Cheese with Applesauce

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain

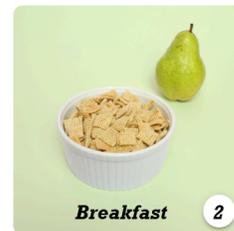


Breakfast 1

☰ Breakfast

Housemade Choco Chip Granola Bar with Pear

Peanut free Vegetarian
Seafood free Tree-nut free
Sesame free Whole Grain

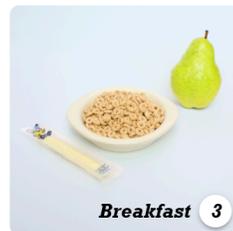


Breakfast 2

☰ Breakfast

Rice Chex with Pear

Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Breakfast 3

☰ Breakfast

Cheerios & String Cheese with Pear

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain



Lunch 1

☰ Lunch

Pulled Chicken Taco with Southwest Pinto Beans & Orange Wedges (K-8)

Peanut free Seafood free
Tree-nut free Soy free
Sesame free Whole Grain



Lunch 2

☰ Lunch

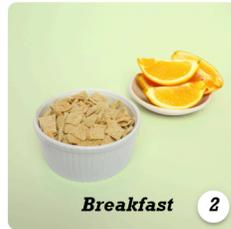
Cheese Quesadilla with Southwest Pinto Beans & Orange Wedges (K-8)

Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain

Possibly Green. We may get LUCKY



Breakfast
Cheerios & String Cheese with Orange Wedges
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Egg free Sesame free
 Whole Grain



Breakfast
Rice Chex with Orange Wedges
 Vegan Peanut free Vegetarian
 Gluten free Seafood free
 Tree-nut free Soy free
 Dairy free Egg free
 Sesame free Whole Grain



Breakfast
Whole Grain Blueberry Muffin with Orange Wedges
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Sesame free
 Whole Grain



Lunch
Chicken Alfredo Pasta with Steamed Broccoli & Apple (K-8)
 Peanut free Seafood free
 Tree-nut free Egg free
 Sesame free Whole Grain



Lunch
White Bean Pasta Alfredo with Steamed Broccoli & Apple (K-8)
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Egg free Sesame free
 Whole Grain



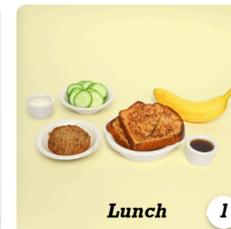
Breakfast
Rice Chex with Apple
 Peanut free Vegetarian
 Gluten free Seafood free
 Tree-nut free Soy free
 Dairy free Egg free
 Sesame free Whole Grain



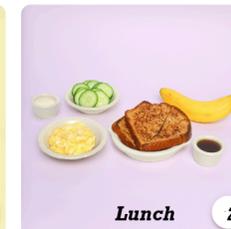
Breakfast
Whole Grain Cinnamon Crumb Muffin with Apple
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Sesame free
 Whole Grain



Breakfast
Cheerios & String Cheese with Apple
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Egg free Sesame free
 Whole Grain



Lunch
Turkey Sausage & French Toast with Cucumber Coins & Banana (K-8)
 Peanut free Seafood free
 Tree-nut free Sesame free
 Whole Grain



Lunch
Scrambled Eggs & French Toast with Cucumber Coins & Banana (K-8)
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Sesame free Whole Grain



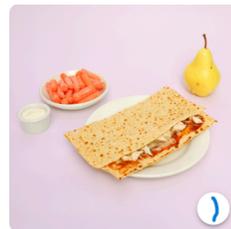
Breakfast
Protein Choco Chip Mini Muffins with Banana
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Sesame free Whole Grain



Breakfast
Rice Chex with Banana
 Peanut free Vegetarian
 Gluten free Seafood free
 Tree-nut free Soy free
 Dairy free Egg free
 Sesame free Whole Grain



Breakfast
Cheerios & String Cheese with Banana
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Egg free Sesame free
 Whole Grain



Lunch
BBQ Chicken Calzone with Baby Carrots & Pear (K-8)
 Peanut free Seafood free
 Tree-nut free Egg free
 Sesame free Whole Grain



Lunch
Cheese Pizza Calzone with Baby Carrots & Pear (K-8)
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Egg free Sesame free
 Whole Grain

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.