

# CULTURAL DANCE

with

## IDAC

STARTING 8/19/25

### COME JOIN US!

If you are a new dancer ages 4-6, or ages 7-12 our Foundations Collective folk dance classes are for you. In these semester long classes, students will have fun learning foundations of folk dance technique as well as dances from different cultures and/or time periods. We will cover folk dance technique skills such as skip-2-3s, chasse, and spatial awareness. We will also facilitate dancers' ability to remember sequences and perform choreography in a fun and supportive environment. Dancers are expected to be able to actively participate in the class for the duration of 60 min. We are excited to dance with your children!



### DETAILS

- Foundations Collective (Ages 4-6)  
Tuesdays from 4:00-5:00 at NCDC Studios.
- Foundations Collective (Ages 7-12)  
Tuesdays from 4:00-5:00 at NCDC Studios.
- Your children will be taught by our associate dance educator, Sophie Schmidtelin, or by IDAC's artistic director, Alexandra Shadle.
- Performance based classes.
- Register: [peacethroughdance.org](https://peacethroughdance.org)
- Questions? [idacassistant@gmail.com](mailto:idacassistant@gmail.com)