

Spreckels Union Breakfast & Lunch Menu

Featuring scratch-made, healthy school meals

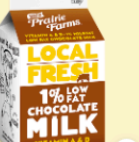
Wed, Nov 12

					
Breakfast Housemade Choco Chip Granola Bar with Orange Slices Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	Lunch Roasted Chicken & Alfredo Pasta with Steamed Green Beans & Fuji Apple (K-8) Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	Lunch Alfredo Pasta & Italian White Beans with Steamed Green Beans & Fuji Apple (K-8) Vegetarian Soy free Seafood free Whole Grain Sesame free	Lunch Turkey & Cheese Sub with Steamed Green Beans & Fuji Apple (K-8) Tree-nut free Peanut free Seafood free Whole Grain	Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free

Thu, Nov 13

					
Breakfast Housemade Glazed Cinnamon Bread with Fuji Apple Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	Lunch BBQ Chicken Calzone with Baby Carrots & Banana (K-8) Tree-nut free Peanut free Egg free Seafood free Whole Grain	Lunch Cheese Pizza Calzone with Baby Carrots & Banana (K-8) Vegetarian Tree-nut free Peanut free Egg free Seafood free Whole Grain	Lunch Chicken Caesar Salad & Breadsticks with Baby Carrots & Banana (K-8) Vegetarian Tree-nut free Peanut free Whole Grain	Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free

Fri, Nov 14

					
Breakfast Housemade Chocolate Zucchini Bread with Banana Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	Lunch 100% Beef Hot Dog with Potato Wedges & Watermelon (K-8) Tree-nut free Peanut free Dairy free Egg free Seafood free Whole Grain	Lunch Grilled Cheese with Potato Wedges & Watermelon (K-8) Vegetarian Tree-nut free Peanut free Egg free Seafood free Whole Grain	Lunch Chicken Caesar Salad & Breadsticks with Potato Wedges & Watermelon (K-8) Vegetarian Tree-nut free Peanut free Whole Grain	Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free