

January

Savor the Flavor Menu

MIDDLE SCHOOL MENU CHOICES

BREAKFAST: Entrée,
Fruit, Juice, Milk

LUNCH: Entrée,
Veggie (Pick 2), Fruit, Milk

* Indicates Pork Product

+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch
• 1% White
• Lactose-Free
• Fat-Free Chocolate
• Soy Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

School Nutrition
Services is hiring
\$14.11 hour starting



Visit: schoolcafe.com/
NorthEastISD or download the
School Café App to access
meal account information,
make payments & apply for
free or reduced-price meals.

Menu subject to change

No fees for cash or checks paid directly to the cafeteria

HAPPY
New Year



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Student Holiday



6

National Bean Day!

Dutch Waffle OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Meatzza Pizza*
Cheese Pizza
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Italian Green Beans
Crispy Carrots w/Dip
Celery Sticks & Grape Tomatoes
Orange Smiles OR Sliced Pears

7

Biscuit & Chicken OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Crispy Beef Tacos w/Spanish Rice
Asian Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Taco Trimmings
Crispy Carrots & Grape Tomatoes
Granny Smith Apple OR Sliced Peaches

8

National Soup Month!

Sausage Kolache* OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Grilled Cheese on Texas Toast
Italian Salad*
Wowbutter Sandwich+ Combo
Nacho Box

Tater Tots
Tomato Soup
Cucumber & Jicama Sticks w/Tajin
Fresh Banana OR Strawberry Applesauce

9

Waffle Breakfast Sandwich OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Tenders w/Cornbread
Spicy Chicken Salad
Yogurt & Chex Combo
Spicy Chicken Wrap w/Ranch

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Red Bell Pepper & Crispy Carrots
Sliced Apples OR Fruit Cocktail

12

Slush Day!

Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO: Beef or Chicken Burrito Bowl
Italian Salad*
Yogurt & Granola Combo
Nacho Box

Zesty Tomatoes & Cucumbers
Mixed Green Salad w/Ranch
Celery Sticks & Crispy Carrots
Mango Slush OR Diced Peaches

13

Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Savory Green Peas
Hummus & Carrots
Cucumber Slices w/Tajin
Sliced Apples OR Strawberries w/Cream

14

Biscuit & Sausage* OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Cheese or Beef & Cheese Nachos
Asian Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Mexican Street Corn
Celery Sticks & Grape Tomatoes
Seedless Grapes OR Natural Applesauce

15

Homemade Cinnamon Roll OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Fettuccini Chicken Alfredo w/Garlic Bread
Italian Salad*
Wowbutter Sandwich+ Combo
Yogurt & Chex Combo

Savory Green Beans
Tossed Salad w/Ranch
Crispy Carrots & Red Bell Peppers
Fresh Banana OR Fiesta Raisins

16

Donut Holes & Sausage* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken & Waffles
Spicy Chicken Salad
Nacho Box
Spicy Chicken Wrap w/Ranch

Sweet Potato Fries
Baked Beans
Raw Vegetable Medley w/Dip
Orange Smiles OR Sliced Pears

19

School Holiday



20

National Cheese Lovers Day!

Sunrise Egg, Sausage & Potato Bowl* OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

BBQ or Buffalo Boneless Wings & **Mac N Chz**
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Broccoli w/Cheese
Hummus & Carrots
Raw Vegetable Medley w/Dip
Seedless Grapes OR Natural Applesauce

21

Blueberry Muffin & Sausage* OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Cheese Enchiladas w/Chili & Spanish Rice
Buffalo Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Crispy Carrots w/Dip
Red Bell Peppers & Grape Tomatoes
Sliced Apples OR Strawberry Craisins

22

Pumpkin Bread OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Meatzza Pizza* or Cheese Pizza
Italian Salad*
Wowbutter Sandwich+ Combo
Yogurt & Chex Combo

Buttered Corn
Mixed Green Salad w/Ranch
Cucumber & Jicama Sticks w/Tajin
Fresh Banana OR Strawberry w/Cream

23

Ham & Cheese Croissant* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll
Spicy Chicken Salad
Nacho Box
Spicy Chicken Wrap w/Ranch

Mashed Potatoes w/Gravy
Savory Green Peas
Celery Sticks & Grape Tomatoes
Granny Smith Apple OR Sliced Peaches

26

Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO: **Stuffed Baked Potato w/Breadstick**
Italian Salad*
Yogurt & Granola Combo
Nacho Box

Broccoli w/Cheese
Zesty Tomatoes & Cucumbers
Raw Vegetable Medley w/Dip
Orange Smiles OR Sliced Pears

27

Sausage, Potato & Egg Taco* OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice
Crispy Chicken Salad
Wowbutter Sandwich+ Combo
Breaded Chicken Wrap w/Boss Sauce

Stir Fry Vegetables
Tossed Salad w/Ranch
Celery Sticks & Grape Tomatoes
Apple Crisps OR Fruit Cocktail

28

Chicken & Waffles OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Frito Pie
Asian Chicken Salad
Hummus & Cheese Bento Box
Yogurt & Granola Combo

Ranchero Beans
Mexican Street Corn
Cucumber Slices w/Tajin
Seedless Grapes OR Natural Applesauce

29

Homemade Cinnamon Roll OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Spaghetti w/Meat or Marinara Sauce & Cheesy Bread
Italian Salad*
Wowbutter Sandwich+ Combo
Yogurt & Chex Combo

Italian Green Beans
Red Bell Peppers & Grape Tomatoes
Crispy Carrots w/Dip
Sliced Apples OR Blueberries w/Cream

30

Sausage & Cheese Flatbread OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Spicy Chicken Salad
Nacho Box
Spicy Chicken Wrap w/Ranch

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Crispy Carrots & Grape Tomatoes
Orange Smiles OR Sour Watermelon Raisins

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