

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Menu Name:	Nutrient Info Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Wednesday - 08/06/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990294 2-Biscuit, Egg & Cheese	each	1	25.01
990385 2-Waffle Buttery Maple	Each	1	37.00
001711 2-PB&J - Breakfast	1 each	1	69.18
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
003574 2-Cereal, Cinn Toast Crunch-only	bowl	1	22.00
990404 j-Cracker Graham	Serving	1	21.00
003190 2-Peach Cup	1/2 cup	1	20.96
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			289.15
% of Calories			57.9%
Weekly Nutrient Guideline			

Thursday - 08/07/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990455 2-Pancakes & Sausage Pattie	Serving	1	55.68
990538 2-Yogurt w/ Chia Seeds	serving	1	51.30
990593 2-Egg Bites	each	1	21.58
990492 2-Cereal, Trix w/ graham cracker	bowl	1	45.00
990296 2-Cereal, Trix-only	bowl	1	24.00
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
990206 2-Syrup-only	each	1	28.68
Weighted Daily Average			325.42
% of Calories			72.1%
Weekly Nutrient Guideline			

Friday - 08/08/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990588 2-Hot Ham & Cheese Breakfast (Pork Ham)	each	1	33.03
990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
990585 2-Cereal, Blueberry Chex w/ graham cracker	bowl	1	44.00
990604 2-Blueberry Chex - only	1 oz	1	23.29
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
990306 2-Fruit, Variety	1/2 cup	1	23.38
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			277.25
% of Calories			66.8%
Weekly Nutrient Guideline			

Monday - 08/11/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990587 2-Biscuit, Ham, Cheese & Egg (Pork Ham)	each	1	27.05
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
990291 2-Cereal, Cocoa Puffs w/ graham cracker	bowl	1	44.53
990297 2-Cereal, Cocoa Puffs-only	bowl	1	23.53
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
Weighted Daily Average			282.05
% of Calories			63.1%
Weekly Nutrient Guideline			

Tuesday - 08/12/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990517 2-Breakfast Frittata Burrito	serving	1	28.79
990541 2-Muffin, Blueberry	each	1	38.20
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	49.05
990492 2-Cereal, Trix w/ graham cracker	bowl	1	45.00
990296 2-Cereal, Trix-only	bowl	1	24.00
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			272.03
% of Calories			65.6%
Weekly Nutrient Guideline			

Wednesday - 08/13/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	73.90
001711 2-PB&J - Breakfast	1 each	1	69.18
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	44.00
990501 2-Cereal, Cinn Chex-only	1 each	1	23.00
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
003190 2-Peach Cup	1/2 cup	1	20.96
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			340.04
% of Calories			63.2%
Weekly Nutrient Guideline			

Thursday - 08/14/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990537 2-Bagel, Egg & Cheese	each	1	48.04
001281 2-Cinnamon Roll	each	1	57.26

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

2.25oz RICH'S			
990183 2-UBR Ultimate Breakfast Round	each	1	41.93
990586 2-Cereal, Honey Cheerios w/ graham cracker	1 oz	1	42.46
990605 2-Cereal, Honey Cheerios-only	1 oz	1	42.46
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			331.33
% of Calories			69.8%
Weekly Nutrient Guideline			

Friday - 08/15/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001712 2-Grilled Cheese - breakfast	ea	1	32.00
990580 2-Muffin, English w/Sausage, Cheese	each	1	24.00
990544 2-Yogurt w/ Blueberries	serving	1	47.76
990404 j-Cracker Graham	Serving	1	21.00

Portion Values

Aug 1, 2025 thru Aug 31, 2025

990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
003574 2-Cereal, Cinn Toast Crunch-only	bowl	1	22.00
990404 j-Cracker Graham	Serving	1	21.00
990392 Other			
990306 2-Fruit, Variety	1/2 cup	1	23.38
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
Weighted Daily Average			279.13
% of Calories			60.3%
Weekly Nutrient Guideline			

Monday - 08/18/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001712 2-Grilled Cheese - breakfast	ea	1	32.00
990454 2-French Toast Sticks, WG	Serving	1	38.00
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
990291 2-Cereal, Cocoa Puffs w/ graham cracker	bowl	1	44.53
990297 2-Cereal, Cocoa Puffs-only	bowl	1	23.53

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

990404 j-Cracker Graham	Serving	1	21.00
003187 2-Applesauce, cup	1/2 cup	1	13.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			271.01
% of Calories			63.8%
Weekly Nutrient Guideline			

Tuesday - 08/19/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990432 2-Burrito Egg Potato & Cheese	each	1	24.59
990183 2-UBR Ultimate Breakfast Round	each	1	41.93
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	49.05
990378 2-Cereal, Cheerios w/ graham cracker	each	1	42.00
990077 2-Cereal, Cheerios-only	Each	1	21.00
990404 j-Cracker Graham	Serving	1	21.00
000493 2-Pear, diced, canned	1/2 cup	1	17.12
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			268.69
% of Calories			64.6%
Weekly Nutrient Guideline			

Wednesday - 08/20/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990294 2-Biscuit, Egg & Cheese	each	1	25.01
000840 2-Pancake on a Stick	Each	1	18.18
001711 2-PB&J - Breakfast	1 each	1	69.18
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
003574 2-Cereal, Cinn Toast Crunch-only	bowl	1	22.00
990404 j-Cracker Graham	Serving	1	21.00
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			263.35
% of Calories			53.9%
Weekly Nutrient Guideline			

Thursday - 08/21/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990455 2-Pancakes & Sausage Pattie	Serving	1	55.68
990538 2-Yogurt w/ Chia Seeds	serving	1	51.30
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	73.90
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	44.00
990501 2-Cereal, Cinn Chex-only	1 each	1	23.00
990404 j-Cracker Graham	Serving	1	21.00
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			347.06
% of Calories			70.9%
Weekly Nutrient Guideline			

Friday - 08/22/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001713 2-Hot Ham& Cheese Breakfast	each	1	32.01
990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990557 2-Burrito, Los Cabos	each	1	40.86
990492 2-Cereal, Trix w/ graham cracker	bowl	1	45.00
990296 2-Cereal, Trix-only	bowl	1	24.00
990404 j-Cracker Graham	Serving	1	21.00
990469 2- Strawberries,frzn,cupped	1/2 cup	1	20.93
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			275.49
% of Calories			66.4%
Weekly Nutrient Guideline			

Monday - 08/25/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990281 2-Biscuit, Ham, Cheese & Egg	each	1	25.52
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
990585 2-Cereal, Blueberry Chex w/ graham cracker	bowl	1	44.00
990604 2-Blueberry Chex - only	1 oz	1	23.29
990404 j-Cracker Graham	Serving	1	21.00
003187 2-Applesauce, cup	1/2 cup	1	13.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Weighted Daily Average			276.76
% of Calories			61.2%
Weekly Nutrient Guideline			

Tuesday - 08/26/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990517 2-Breakfast Frittata Burrito	serving	1	28.79
990541 2-Muffin, Blueberry	each	1	38.20
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
990492 2-Cereal, Trix w/ graham cracker	bowl	1	45.00
990296 2-Cereal, Trix-only	bowl	1	24.00
990404 j-Cracker Graham	Serving	1	21.00
000493 2-Pear, diced, canned	1/2 cup	1	17.12
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			273.12
% of Calories			65.5%
Weekly Nutrient Guideline			

Wednesday - 08/27/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990385 2-Waffle Buttery Maple	Each	1	37.00
990307 2-Smoothie, Blueberry Banana w/Graham Cracker	12 oz	1	56.62
001711 2-PB&J - Breakfast	1 each	1	69.18
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	44.00
990501 2-Cereal, Cinn Chex-only	1 each	1	23.00
990404 j-Cracker Graham	Serving	1	21.00
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			315.78
% of Calories			64.0%
Weekly Nutrient Guideline			

Thursday - 08/28/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990537 2-Bagel, Egg & Cheese	each	1	48.04
001281 2-Cinnamon Roll 2.25oz RICH'S	each	1	57.26
990183 2-UBR Ultimate Breakfast Round	each	1	41.93
990378 2-Cereal, Cheerios w/ graham cracker	each	1	42.00
990077 2-Cereal, Cheerios-only	Each	1	21.00
990404 j-Cracker Graham	Serving	1	21.00
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			309.41
% of Calories			71.1%
Weekly Nutrient Guideline			

Friday - 08/29/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001712 2-Grilled Cheese - breakfast	ea	1	32.00
990557 2-Burrito, Los Cabos	each	1	40.86
990544 2-Yogurt w/ Blueberries	serving	1	47.76
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
003574 2-Cereal, Cinn Toast Crunch-only	bowl	1	22.00
990404 j-Cracker Graham	Serving	1	21.00
990469 2-Strawberries,frzn,cupped	1/2 cup	1	20.93
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			278.55
% of Calories			63.1%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		293.09
% of Calories		64.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.