

Breakfast

SEPTEMBER 2025 Shasta Union High School District

ALL BREAKFASTS ARE SERVED WITH FRUIT OR JUICE AND A CHOICE OF CHILLED LOW-FAT MILKS. ASSORTED CEREALS ARE ALSO OFFERED DAILY



MONDAY

1

LABOR DAY

8

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

15

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

22

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

29

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

TUESDAY

2

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

9

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

16

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

23

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

30

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

WEDNESDAY

3

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

10

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

17

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

24

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

THURSDAY

4

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

11

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

18

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

25

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

FRIDAY

5

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

12

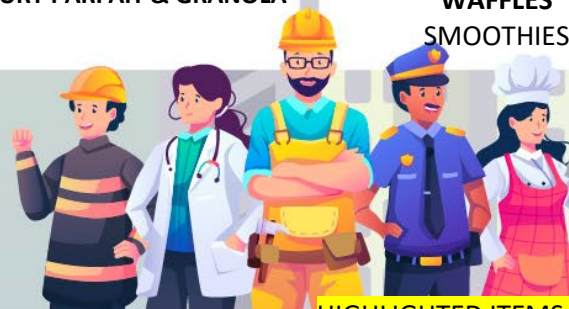
EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

19

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

26

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE



Note: Menus are subject to change based on item availability.
This institution is an equal opportunity provider.

HIGHLIGHTED ITEMS ONLY SERVED BETWEEN 8-8:30AM