

Menu Name:PRE-SCHOOL LUNCH

Include Cost:Yes

Site:

Use Alternate Menu Name:No

Wednesday - 10/01/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002949 HOT POCKET SANDWICH PEPPERONI	EACH	300	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002985 POTATO MCCAIN 8 CUT WEDGES	Servings	300	130	1.00	560	0	*N/A*	6.00	0.00	0	19.01	1.00	2.00	*N/A*	10.0	0.00	10.01	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			611	8.49	1296	31	*N/A*	20.61	0.00	40	85.17	3.07	20.97	*0	513.0	4.96	12.75	\$0.000
% of Calories				12.51 %		20.3%	*N/A*	30.4%	0.0%		55.8%		13.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 10/02/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000392 SANDWICH, GRILLED CHEESE	EACH	300	537	16.33	1038	*4	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	*N/A*	70.0	0.00	1.80	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			813	17.84	1237	*32	*0	34.51	*0.00	94	86.00	10.41	40.87	*1	494.8	34.55	2.09	\$0.000
% of Calories				19.75 %		*15.7%	*0%	38.2%	*0.0%		42.3%		20.1%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 10/03/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	100	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	100	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
002196 FRUIT, APPLE SLICES	BAG	100	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	25	109	1.75	1	*0	*0	12.25	*0.00	0	0.28	0.05	0.05	*0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	50	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	25	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			264	3.09	371	*18	*0	8.69	*0.00	*22	30.49	2.33	15.50	*0	487.5	5.86	0.78	\$0.000
% of Calories				10.53 %		*27.3%	*0%	29.6%	*0.0%		46.2%		23.5%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Monday - 10/06/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	1500	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
003113 CHEESE BITES WILD MIKES	SERVINGS	1500	247	3.53	476	0	0	10.58	0.00	18	24.70	3.53	14.11	*N/A*	21.2	0.00	7.06	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0	0	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	0	0.11	0.00	0	34.11	1.94	1.42	0	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	1000	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	1000	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*0	12.25	*0.00	0	0.28	0.05	0.05	*0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			823	5.10	1232	*59	*0	24.28	*0.00	*34	126.53	12.52	31.39	*45	414.4	86.90	6.40	\$0.000
% of Calories				5.58%		*28.7%	*0%	26.6%	*0.0%		61.5%		15.3%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 10/07/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	150	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	150	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	31	0	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			642	9.17	841	51	*0	19.93	0.00	50	86.89	8.68	32.79	*122	846.5	90.92	2.65	\$0.000
% of Calories				12.86 %		31.8%	*0%	27.9%	0.0%		54.1%		20.4%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 10/08/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	300	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
003214 SAUSAGE PATTY, CHICKEN FULLY COOKED 1.43OZ (TYSON)	EACH	300	100	2.00	180	*N/A*	*N/A*	7.00	*N/A*	45	1.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	300	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	75	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	75	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	75	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	75	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			650	4.00	776	*28	*N/A*	19.00	*0.00	49	106.75	*4.00	19.00	*0	*175.0	*1.20	*1.44	\$0.000
% of Calories				5.54%		*17.2%	*N/A*	26.3%	*0.0%		65.7%		11.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 10/09/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003213 OVEN ROASTED CHICKEN W/ MASHED POTATOES	EACH	300	491	11.21	1865	*1	*1	24.01	*0.00	52	54.21	2.19	16.94	*112	78.5	28.33	1.75	\$5.700
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			768	12.71	2064	*29	*1	26.69	*0.00	67	104.20	8.60	29.81	*113	503.3	62.88	2.04	\$5.700
% of Calories				14.89 %		*15.1%	*0.5%	31.3%	*0.0%		54.3%		15.5%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 10/10/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003215 BEEF, TACO (2 PER SERVING)	EACH	300	396	4.31	511	*1	*0	19.23	*2.13	55	39.32	2.73	19.77	*0	298.5	2.36	2.78	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			651	5.78	685	*27	*0	22.80	*2.13	70	80.04	6.18	32.16	*0	707.2	5809.52	2.87	\$0.000
% of Calories				7.99%		*16.6%	*0%	31.5%	*2.9%		49.2%		19.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Monday - 10/13/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			540	4.59	849	27	*N/A*	21.47	0.00	48	60.37	2.20	25.43	*0	418.7	94.47	3.43	\$0.000
% of Calories				7.65%		20.0%	*N/A*	35.8%	0.0%		44.7%		18.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 10/14/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002704 SPAGHETTI W/ CHEESE ST SCRATCH	HEAPING # 6 SCP	300	200	2.01	843	*2	*N/A*	3.42	*0.00	10	31.58	3.18	13.05	*N/A*	219.0	10.17	2.23	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			433	3.52	1142	*29	*0	6.10	*0.00	24	72.57	8.58	24.92	*1	643.8	44.72	2.53	\$0.000
% of Calories				7.32%		*26.8%	*0%	12.7%	*0.0%		67.0%		23.0%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 10/15/2025 Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002928 SANDWICH CHICKEN BBQ GRILLED	EA	300	280	0.00	690	*3	*N/A*	5.10	*0.00	65	34.00	4.18	27.40	*N/A*	*48.0	*1.20	*1.29	\$0.000
002984 POTATO MCCAIN SPIRAL FRIES	1/2 cup	300	188	1.25	450	0	*N/A*	10.01	0.00	0	25.01	1.25	2.50	*N/A*	12.5	0.00	0.50	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			684	2.76	1299	*28	*0	17.78	*0.00	80	97.01	8.84	40.77	*1	*485.3	*35.75	*2.08	\$0.000
% of Calories				3.63%		*16.4%	*0%	23.4%	*0.0%		56.7%		23.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 10/16/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003211 TURKEY & GRAVY W/ MASHED POTATOES	EACH	300	200	0.82	1152	*0	*0	4.02	*0.00	45	26.21	1.37	16.78	*0	16.3	27.52	2.07	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			477	2.33	1351	*28	*0	6.70	*0.00	60	76.20	7.78	29.65	*1	441.2	62.07	2.37	\$0.000
% of Calories				4.40%		*23.5%	*0%	12.6%	*0.0%		63.9%		24.9%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 10/17/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	300	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002217 HS RICE CILANTRO LIME	1 cup	300	360	0.64	294	*0	*0	7.49	0.00	0	66.28	4.06	8.08	*0	10.7	0.29	1.52	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			964	9.08	873	*27	*0	25.20	0.00	55	151.58	13.91	37.84	*1	460.6	36.85	11.85	\$0.000
% of Calories				8.48%		*11.2%	*0%	23.5%	0.0%		62.9%		15.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Monday - 10/20/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	300	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			669	8.50	898	*25	*0	22.68	0.00	62	82.88	9.75	34.87	*1	484.6	35.67	2.60	\$0.000
% of Calories				11.43 %		*14.9%	*0%	30.5%	0.0%		49.6%		20.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 10/21/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	290	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	10	691	4.34	3129	*35	*35	36.60	*0.00	0	80.37	3.92	19.15	*0	69.1	0.12	4.67	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	30	0.06	7	*N/A*	*N/A*	0.20	*N/A*	1	6.67	0.18	0.42	*N/A*	1.5	0.12	0.18	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			634	2.51	766	*28	*1	11.71	*0.00	54	104.70	10.05	32.32	*1	446.0	35.91	3.60	\$0.000
% of Calories				3.56%		*17.7%	*0.6%	16.6%	*0.0%		66.1%		20.4%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 10/22/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002949 HOT POCKET SANDWICH PEPPERONI	EACH	300	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
002985 POTATO MCCAIN 8 CUT WEDGES	Servings	300	130	1.00	560	0	*N/A*	6.00	0.00	0	19.01	1.00	2.00	*N/A*	10.0	0.00	10.01	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			611	8.49	1296	31	*N/A*	20.61	0.00	40	85.17	3.07	20.97	*0	513.0	4.96	12.75	\$0.000
% of Calories				12.51 %		20.3%	*N/A*	30.4%	0.0%		55.8%		13.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 10/23/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000392 SANDWICH, GRILLED CHEESE	EACH	300	537	16.33	1038	*4	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	*N/A*	70.0	0.00	1.80	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			813	17.84	1237	*32	*0	34.51	*0.00	94	86.00	10.41	40.87	*1	494.8	34.55	2.09	\$0.000
% of Calories				19.75 %		*15.7%	*0%	38.2%	*0.0%		42.3%		20.1%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 10/24/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	150	309	6.53	622	1	0	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	150	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002217 HS RICE CILANTRO LIME	1 cup	300	360	0.64	294	*0	*0	7.49	0.00	0	66.28	4.06	8.08	*0	10.7	0.29	1.52	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			968	10.15	1135	*27	*0	27.05	0.00	60	148.30	12.09	37.55	*1	746.1	37.86	2.93	\$0.000
% of Calories				9.44%		*11.2%	*0%	25.1%	0.0%		61.3%		15.5%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Monday - 10/27/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	300	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	300	166	0.83	465	0	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			606	4.83	1014	*22	*0	17.31	0.00	54	90.42	9.41	21.53	*1	501.6	33.27	2.86	\$0.000
% of Calories				7.17%		*14.5%	*0%	25.7%	0.0%		59.7%		14.2%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 10/28/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	150	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	150	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	31	0	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			642	9.17	841	51	*0	19.93	0.00	50	86.89	8.68	32.79	*122	846.5	90.92	2.65	\$0.000
% of Calories				12.86 %		31.8%	*0%	27.9%	0.0%		54.1%		20.4%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 10/29/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	300	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
003214 SAUSAGE PATTY, CHICKEN FULLY COOKED 1.43OZ (TYSON)	EACH	300	100	2.00	180	*N/A*	*N/A*	7.00	*N/A*	45	1.00	*N/A*	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	300	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SC	EACH	75	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	75	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	75	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	75	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			650	4.00	776	*28	*N/A*	19.00	*0.00	49	106.75	*4.00	19.00	*0	*175.0	*1.20	*1.44	\$0.000
% of Calories				5.54%		*17.2%	*N/A*	26.3%	*0.0%		65.7%		11.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 10/30/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003213 OVEN ROASTED CHICKEN W/ MASHED POTATOES	EACH	300	491	11.21	1865	*1	*1	24.01	*0.00	52	54.21	2.19	16.94	*112	78.5	28.33	1.75	\$5.700
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			768	12.71	2064	*29	*1	26.69	*0.00	67	104.20	8.60	29.81	*113	503.3	62.88	2.04	\$5.700
% of Calories				14.89 %		*15.1%	*0.5%	31.3%	*0.0%		54.3%		15.5%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 10/31/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	300	321	3.54	475	2	0	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			576	5.01	649	*28	*0	12.36	0.00	29	84.89	11.62	29.10	*0	579.8	5808.80	3.94	\$0.000
% of Calories				7.83%		*19.4%	*0%	19.3%	0.0%		59.0%		20.2%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		663	7	1074	*31	*0	20.24	*0.09	*54	93.22	*8.03	29.56	*23	*516.6	*544.20	*3.92	\$0.496
% of Calories			10.13%		*18.7%	*0%	27.5%	*0.1%		56.2%		17.8%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.