

Foothill High School

9733 Deschutes Road Palo Cedro, Ca 96073



foothillcougars.com

530-547-1700

Cross Country Schedule 2026-2027

Day	Date	Opponent	Location	Level	Time
Friday	Sept 4	Bill Springhorn Classic	Shasta College	JV/Varsity	10:00
Friday	Sept 18	Steve Nesheim Invite	Shastice Park, Mt Shasta	JV/Varsity	10:00
Fri-Sat/Sun	Sept 25-26/27	Monterey Bay Invitational	Toro Park, Salinas	JV/Varsity	9:00
Wednesday	Sept 30	League	Foothill	JV/Varsity	3:00
Friday	October 9	West Valley Coed Invite	West Valley HS	JV/Varsity	11:00
Saturday	October 17	Chico Autumn Invitational	Hooker Oak Park, Chico	JV/Varsity	10:00
Wednesday	October 21	League	Chico	JV/Varsity	3:00
Saturday	October 24	Flat Sac Invitational	Gibson Ranch Regional Park	JV/Varsity	10:00
Thursday	November 5	League Championship	Foothill	JV/Varsity	2:00
Thursday	November 12	NSCIF	West Valley	JV/Varsity	2:00
Saturday	November 28	State Meet	Fresno	Varsity	TBA

Head Coach Annette Wilson
Assistant Rich Belzer
School Mascot Cougars
Colors Red, Black, White

Principal Kevin Greene
Athletic Admin. Joey Brown
Athletic Director Stephanie Ahluwalia

Updated: 6/3/26