

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:

PRE-SCHOOL BREAKFAST

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	300	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	150	90	0.00	0	19	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
002188 FRUIT, STRAWBERRIES FROZEN CUP	.5 CUP	150	80	0.00	0	*N/A*	*N/A*	0.00	0.00	0	19.00	2.00	1.00	*N/A*	20.0	66.00	0.36	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	75	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	75	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	75	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	75	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			575	1.47	415	*65	*N/A*	5.57	0.00	14	119.78	6.07	14.93	*0	*489.7	*36.66	*1.90	\$6.270
% of Calories				2.30%		*45.2%	*N/A*	8.7%	0.0%		83.3%		10.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Wednesday - 09/03/2025Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	100	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	50	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	50	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	100	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			421	1.55	518	*30	*N/A*	5.82	0.00	14	79.02	7.46	15.96	*0	581.1	85.64	4.46	\$0.000
% of Calories				3.31%		*28.5%	*N/A*	12.4%	0.0%		75.1%		15.2%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Thursday - 09/04/2025Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	16 OZ	300	487	3.25	330	*45	*25	6.75	*0.00	22	92.17	4.00	16.50	*0	563.6	58.20	3.73	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			708	4.83	489	*73	*25	9.65	*0.00	37	131.28	6.69	27.53	*3	965.3	68.15	4.03	\$0.000
% of Calories				6.14%		*41.2%	*14.1%	12.3%	*0.0%		74.2%		15.6%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Friday - 09/05/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	300	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
000230 MILK,1% WHITE	CARTON	90	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	210	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			466	1.85	326	*51	*N/A*	7.48	*0.00	10	86.40	6.40	13.68	0	355.2	8.78	9.12	\$0.000
% of Calories				3.57%		*43.8%	*N/A*	14.4%	*0.0%		74.2%		11.7%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Monday - 09/08/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003161 EGG BITES W/TORT & SALSA	SERVING	250	340	6.00	651	*2	*N/A*	20.02	*0.00	260	23.05	4.37	15.37	*N/A*	166.5	2.92	2.32	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	15	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			511	6.49	768	*33	*N/A*	19.89	*0.00	231	56.69	5.40	23.47	*0	564.8	7.40	2.80	\$0.000
% of Calories				11.43 %		*25.8%	*N/A*	35.0%	*0.0%		44.4%		18.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Tuesday - 09/09/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	300	170	1.00	290	5	5	4.00	0.00	105	25.00	2.00	8.00	*N/A*	4.0	0.00	10.00	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			460	2.47	498	45	*5	6.57	0.00	119	82.03	4.07	17.93	0	408.7	3.66	10.28	\$0.000
% of Calories				4.83%		39.1%	*4.3%	12.9%	0.0%		71.3%		15.6%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Wednesday - 09/10/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002521 EGG & CHEESE ON A CROISSANT	EACH	300	330	7.50	590	3	*0	18.00	0.00	145	31.00	2.00	13.00	*N/A*	81.0	0.00	1.00	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			529	8.97	750	*18	*0	20.57	0.00	160	64.85	5.46	24.63	*0	537.1	84.14	1.19	\$0.000
% of Calories				15.26 %		*13.6%	*0%	35.0%	0.0%		49.0%		18.6%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Thursday - 09/11/2025 Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	300	324	7.30	177	*14	*N/A*	11.55	0.00	2	53.80	4.00	4.50	*N/A*	120.0	3.60	1.80	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			544	8.88	336	*41	*0	14.45	0.00	17	92.90	6.69	15.53	*3	521.7	13.55	2.10	\$0.000
% of Calories				14.69 %		*30.1%	*0%	23.9%	0.0%		68.3%		11.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Friday - 09/12/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	300	318	*4.20	541	*3	*2	8.21	*0.00	*22	*43.50	*0.44	13.28	*0	257.0	*2.17	*2.86	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			549	*5.67	699	*37	*2	10.77	*0.00	*37	*84.53	*4.51	23.21	*0	673.7	*11.73	*3.26	\$0.000
% of Calories				*9.30%		*27.0%	*1.5%	17.7%	*0.0%		*61.6%		16.9%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Monday - 09/15/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003162 BRKFST, OMELET CHEDDAR W/BISCUIT	SERVING	250	350	8.50	750	*N/A*	*N/A*	21.00	0.00	190	29.00	2.00	12.00	*N/A*	168.0	0.00	1.88	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	15	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			519	8.58	851	*31	*N/A*	20.71	0.00	173	61.65	3.42	20.67	*0	566.0	4.96	2.43	\$0.000
% of Calories				14.88 %		*23.9%	*N/A*	35.9%	0.0%		47.5%		15.9%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003154 WAFFLE WG MAPLE CHIP BAKE CRAFTERS	4 WAFFLES	300	180	0.00	200	8	*N/A*	72.00	0.00	10	30.00	2.00	4.00	*N/A*	91.4	*N/A*	1.40	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			470	1.47	408	48	*N/A*	74.57	0.00	24	87.03	4.07	13.93	*0	496.1	*3.66	1.68	\$0.000
% of Calories				2.81%		40.9%	*N/A*	142.8%	0.0%		74.1%		11.9%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Wednesday - 09/17/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002536 PANCAKE & SAUG ON A STIK WG	EACH	300	170	2.00	300	6	*N/A*	8.00	0.00	30	18.00	3.00	8.00	*N/A*	20.0	0.00	1.80	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			469	3.47	505	*34	*N/A*	10.57	0.00	44	77.85	6.46	19.63	0	476.1	84.14	1.99	\$0.000
% of Calories				6.66%		*29.0%	*N/A*	20.3%	0.0%		66.4%		16.7%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Thursday - 09/18/2025 Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	300	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			664	4.08	423	*56	*0	14.63	*0.00	53	117.87	6.16	20.20	*3	618.4	9.95	2.28	\$0.000
% of Calories				5.53%		*33.7%	*0%	19.8%	*0.0%		71.0%		12.2%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Friday - 09/19/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	300	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			459	2.52	360	*51	*N/A*	6.15	*0.00	20	85.73	5.07	15.02	0	421.9	9.58	8.40	\$0.000
% of Calories				4.94%		*44.4%	*N/A*	12.1%	*0.0%		74.7%		13.1%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Monday - 09/22/2025		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002511 EGG, SCRAMBLED W/TOAST	1/4 CUP	300	214	3.41	404	*3	*0	12.81	*0.00	289	16.89	2.04	12.52	*0	55.7	0.09	0.94	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	15	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			441	4.90	630	*33	*0	16.01	*0.00	304	54.37	3.79	23.19	*0	481.7	5.05	1.80	\$0.000
% of Calories				10.00 %		*29.9%	*0%	32.7%	*0.0%		49.3%		21.0%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Tuesday - 09/23/2025		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	300	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	150	90	0.00	0	19	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002188 FRUIT, STRAWBERRIES FROZEN CUP	.5 CUP	150	80	0.00	0	*N/A*	*N/A*	0.00	0.00	0	19.00	2.00	1.00	*N/A*	20.0	66.00	0.36	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	75	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	75	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	75	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	75	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			575	1.47	415	*65	*N/A*	5.57	0.00	14	119.78	6.07	14.93	*0	*489.7	*36.66	*1.90	\$6.270
% of Calories				2.30%		*45.2%	*N/A*	8.7%	0.0%		83.3%		10.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Wednesday - 09/24/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	100	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	50	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	50	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	100	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			421	1.55	518	*30	*N/A*	5.82	0.00	14	79.02	7.46	15.96	*0	581.1	85.64	4.46	\$0.000
% of Calories				3.31%		*28.5%	*N/A*	12.4%	0.0%		75.1%		15.2%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Thursday - 09/25/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	16 OZ	300	487	3.25	330	*45	*25	6.75	*0.00	22	92.17	4.00	16.50	*0	563.6	58.20	3.73	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			708	4.83	489	*73	*25	9.65	*0.00	37	131.28	6.69	27.53	*3	965.3	68.15	4.03	\$0.000
% of Calories				6.14%		*41.2%	*14.1%	12.3%	*0.0%		74.2%		15.6%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Friday - 09/26/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	300	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
000230 MILK,1% WHITE	CARTON	90	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	210	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			466	1.85	326	*51	*N/A*	7.48	*0.00	10	86.40	6.40	13.68	0	355.2	8.78	9.12	\$0.000
% of Calories				3.57%		*43.8%	*N/A*	14.4%	*0.0%		74.2%		11.7%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Monday - 09/29/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003161 EGG BITES W/TORT & SALSA	SERVING	250	340	6.00	651	*2	*N/A*	20.02	*0.00	260	23.05	4.37	15.37	*N/A*	166.5	2.92	2.32	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	300	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	15	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	15	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			511	6.49	768	*33	*N/A*	19.89	*0.00	231	56.69	5.40	23.47	*0	564.8	7.40	2.80	\$0.000
% of Calories				11.43 %		*25.8%	*N/A*	35.0%	*0.0%		44.4%		18.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	300	170	1.00	290	5	5	4.00	0.00	105	25.00	2.00	8.00	*N/A*	4.0	0.00	10.00	\$0.000
000349 SYRUP, PANCAKE	FL OZ	300	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			460	2.47	498	45	*5	6.57	0.00	119	82.03	4.07	17.93	0	408.7	3.66	10.28	\$0.000
% of Calories				4.83%		39.1%	*4.3%	12.9%	0.0%		71.3%		15.6%					
Weekly Nutrient Guideline			600 - 0	<10	1230			<=0										

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	520	*4.09	523	*45	*3	14.21	*0.00	*80	*87.48	*5.61	19.19	*1	*548.7	*30.83	*4.30	\$0.597
% of Calories		*7.08%		*34.6%	*2.3%	24.6%	*0.0%		*67.3%		14.8%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.