CAREER COMPASS

Navigating Youth to Career Success

Your Future Begins Here | sutteronestop.com

November 2026



SCAN ME

Want to get involved? Scan this QR code to connect with our Youth Team and learn about exciting opportunities!

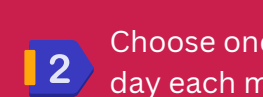
GIVING BACK: THE POWER OF VOLUNTEERING

WHY VOLUNTEER?

- **Build Skills:** Practice teamwork and communication before your first job.
- **Grow Your Network:** Connect with supervisors who can serve as future references.
- **Test Careers:** Try out different fields to see what work you enjoy.
- **Help Locally:** Make a visible, positive impact right here in Sutter County.

WHERE TO GO?

- **Animal Shelters:** Care for pets and assist visitors.
- **Food Pantries:** Sort inventory and pack community boxes.
- **Youth Programs:** Help coach sports or tutor younger students.
- **Local Events:** Support city cleanups, festivals, and holiday drives.
- **Libraries:** Help organize books and assist with community programs.



RESUME BOOST



- **List Like a Job:** Include your role title, organization, and dates.
- **Use Action Verbs:** Start bullet points with words like assisted, organized, or guided.
- **Track Hours:** Note how many hours you completed to show dependability.
- **Highlight Soft Skills:** Mention customer service, punctuality, and teamwork.

ACTION STEPS TO VOLUNTEERING

1. Pick two local causes that interest you.
2. Choose one regular day each month to help.
3. Log your hours and duties in your phone.
4. Ask your supervisor for a job reference.

2026-2027

The Sutter County One Stop is a proud partner of America's Job Center of California network.

A Big Thanks To Our Work Experience Partners!

Brakes, Tires & More
C&M Automotive
Custom Performance & Exhaust
Fur Baby Rescue
Gaiser's Pets
Grocery Outlet
Huckleberry's Breakfast & Lunch
IHOP
JCPenney
Little Tots Playcare
Live Oak Unified School District
New Earth Market
Papa Murphy's Take N' Bake
Rym's Bobba & Rolls
Steele House Coffee
Straw Hat Pizza
Sutter Co. Supt. of Schools
Tractor Supply Co.
Walgreens (855 Colusa Ave)
Walgreens (Plumas Lake)
Wing Zone
Yuba City High School
Zumiez, Inc.

Employers that partner with us to provide valuable work experience opportunities for our youth.

Sutter County One Stop | Sutter County Superintendent of Schools | North Central Counties Consortium | WorkAbility I

Equal Opportunity Employer/Program. Auxiliary aides & services are available upon request to individuals with disabilities.