MENU

SEPTEMBER

Cottonwood Union School District Cottonwood Creek Charter School

LABOR	
DAY	
NO SCHOOL	

FRUIT & YOGURT PARFAIT

LUNCH: **ORANGE CHICKEN & RICE** SALAD

BREAKFAST:

FRUIT & YOGURT PARFAIT

BREAKFAST:

FRUIT

BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH:

EGG MCMUFFIN HASHBROWN CARROTS & FRUIT

BREAKFAST:

HOMEMADE MUFFIN

BREAKFAST:

HOMEMADE MUFFIN

FRUIT

LUNCH:

DELI SANDWICH & CHIPS

FRUIT

BREAKFAST: BAGEL & CREAM CHEESE FRUIT LUNCH: **NACHOS** REFRIED BEANS **FRUIT**

BREAKFAST: CEREAL, CRACKERS STRING CHEESE **FRUIT** LUNCH:

QUESADILLA

SALAD & FRUIT

08

LUNCH: **CHICKEN RICE & BEAN BURRITO CARROTS FRUIT**

BREAKFAST:

LUNCH:

HOT DOG

FRIES

CARROTS & FRUIT

FRUIT & YOGURT PARFAIT 16

30

FRUIT LUNCH: **HAMBURGER CORN & FRUIT** BAGEL & CREAM CHEESE **FRUIT** LUNCH: GRILLED CHEESE SALAD **FRUIT**

BREAKFAST:

BAGEL & CREAM CHEESE

FRUIT

BREAKFAST:

BREAKFAST: CEREAL, CRACKERS STRING CHEESE **FRUIT**

LUNCH: HOMEMADE BEAN BURRITO SALAD, FRUIT

BREAKFAST: FRUIT & YOGURT PARFAIT **BROCCOLI & RANCH & FRUIT** BREAKFAST: HOMEMADE MUFFIN

10

LUNCH: SOFT TACO **REFRIED BEANS & FRUIT** BREAKFAST: **BAGEL & CREAM CHEESE**

26

BREAKFAST:

CEREAL, CRACKERS STRING CHEESE, FRUIT LUNCH:

CHICKEN TENDER MASHED POTATOES SALAD & FRUIT

LUNCH: **ORANGE CHICKEN & RICE** SALAD **FRUIT**

LUNCH: EGG MCMUFFIN HASHBROWN **CARROT & FRUIT**

FRUIT LUNCH: COOK'S CHOICE

BREAKFAST:

CEREAL, CRACKERS STRING CHEESE, FRUIT LUNCH:

QUESADILLA SALAD **FRUIT**

BREAKFAST: FRUIT & YOGURT PARFAIT

LUNCH:

CHICKEN, RICE & BEAN BURRITO **CARROTS FRUIT**

Menus are subject to change

This institution is an equal opportunity provider. Student meals provided at no charge

Breakfast: *Optional breakfast is cereal & crackers*

All breakfasts include the following components: 2 Oz. Grains.

1 Cup Fruit & 1 Cup Milk

Lunch: All lunches include the following components:1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables

