



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheeseburger FEATURED VEGGIES French Fries	3 Soft Shell Chicken Tacos FEATURED VEGGIES Buttered Corn	4 Chicken Patty Sandwich FEATURED VEGGIES Peas	5 Pancakes w/Sausage Patty FEATURED VEGGIES Hash Browns	6 Cheese Pizza FEATURED VEGGIES Garden Salad
9 Corn Dogs FEATURED VEGGIES Smiley Fries	10 Walking Tacos FEATURED VEGGIES Buttered Corn	11 ½ Day Popcorn Chicken w/Buttermilk Biscuit FEATURED VEGGIES Carrots	12 Grilled Cheese w/Tomato Soup FEATURED VEGGIES Green Beans	13 Mozzarella Sticks w/Marinara Sauce FEATURED VEGGIES Garden Salad
16 Ham & Cheese Turkey & Cheese Cold Sandwiches FEATURED VEGGIES Potato Chips	17 Soft Shell Chicken Tacos FEATURED VEGGIES Buttered Corn	18 Homemade Macaroni and Cheese FEATURED VEGGIES Mixed Vegetables	19 Bone in BBQ Chicken Corn Bread FEATURED VEGGIES Broccoli	20 Cheese Pizza FEATURED VEGGIES Garden Salad
23 Hot Dogs FEATURED VEGGIES Baked Beans	24 Bacon, Egg & Cheese On a Kaiser Roll FEATURED VEGGIES Hash Browns	25 Hot Turkey Sandwich w/Gravy FEATURED VEGGIES Mashed Potatoes Stuffing	26 Sesame Asian Popcorn Chicken over Rice FEATURED VEGGIES Peas	27 Cheesy Breadsticks FEATURED VEGGIES Garden Salad
30 Corn Dogs FEATURED VEGGIES Tater Tots	31 Soft Shell Chicken Tacos FEATURED VEGGIES Buttered Corn			

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

- Fresh Entree Salad of the Week
- PB&J Uncrustable
- Bagel Bag
- Cereal Bag
- Weekly Cold Cut Sandwiches & Wraps

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

Hainesport

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Meal Prices

Student Lunch \$3.25
Reduced Lunch \$0.00
Faculty Lunch \$4.00

