Sierra Junior High School Monday Tuesday Wednesday

October 2025 Menu Subject To Change Breakfast Breakfast Without Notice. Blueberry Parfait / Bagel French Toast Cereal/ Breakfast Pizza Breakfast Burrito/Cereal USDA is an Equal Opportunity Milk. Fruit & Juice Milk, Fruit & Juice Employer. Lunch Lunch Pepperoni or Cheese Pizza Cheese Pull Apart Bread All Meals come with choice of Green Beans/Salad Low Fat or Choc. Milk Apricot Cup/Apple Slices Pepperoni Pizza bread Garden Salad/Black Beans Grapes/Applesauce Breakfast Breakfast Breakfast Breakfast Pancake on Stick/Waffles Biscuit with Gravy Fresh Berry Parfait/Cereal BreakfastBurrito Cereal/Muffin/Waffles Breakfast Pizza/Bagel Cereal/ Donut French Toast/Cereal Milk.Fruit & Juice Milk, Fruit & Juice Milk. Fruit & Juice Milk. Fruit & Juice Lunch Lunch Lunch Lunch Bean & Cheese Burrito Pepperoni or Cheese Pizza Ouesadilla Beef & Cheese Nachos Sun Chips/Corn Dried Cranberries/Watermeld Green Beans/Spring Salad Refried Beans/Plums Sun Chips/Apple/Carrot Garden Salad/Peas Strawberry Cup/Banana Bell Peppers & Onions Diced Pears Diced Peaches/Salad

Marinara Dipping sauce of

French Fries Lettuce/Tomato/Onion Apple/Mixed Fruit

Breakfast

10 Breakfast Cinnamon Roll/Oatmeal UBR / Cereal

Milk, Fruit & Juice Lunch Spicy Chicken Burger Baked French Fries Lettuce/Tomato/Pickle

Diced Peaches/Raisins 17 Breakfast Cinnamon Roll/Oatmeal UBR / Cereal Lunch

Milk,Fruit & Juice Cheese Burger or Hamburger French Fries Lettuce/Tomato/Pickles Apple/Mixed Fruit Breakfast Cinnamon Roll/Oatmeal UBR / Cereal

Turkey Ham or Tuna Sandwick Lettuce/Tomato/Pickles Grapes/Apricot Cups/Corn 24

Lunch Baked Fries

Breakfast BreakfastBurrito

Lunch

Breakfast

Cinnamon Roll/Oatmeal UBR / Cereal Milk. Fruit & Juice

Thursday

Lunch Cheeseburger or Hamburger

Milk, Fruit & Juice

Spicy Chicken Burger Lettuce /Tomato/Pickles Diced Pears/ Raisins

15 Breakfast 16 Fresh Berry Parfait/Cerea Breakfast Pizza/Bagel French Toast Cereal Milk, Fruit & Juice Milk, Fruit & Juice Milk, Fruit & Juice

Lunch Pepperoni or Cheese Pizza Garden Salad/Green Beans Mixed Berry Cup/Plum

Breakfast Fresh Berry Parfait/Cereal Breakfast Pizza/Bagel Milk, Fruit & Juice

23

BreakfastBurrito French Toast/Cereal

Milk, Fruit & Juice

Lunch Chili Beans/Corn Muffin Garden Salad/Mixed Vegetable Plum/Applesauce

31

Popcorn Chicken Nuggets Sun Chips/Carrots Diced Peaches/Raisins Mixed Vegetables 20 Breakfast Waffles/Cereal Donuts/Breakfast Bar

Lunch

Donuts/Pancake Wrap

Milk.Fruit & Juice

Corn Doa

Sun Chips/Carrots

Dried Cranberries

Mixed Vegetables/Apples

Lunch

Breakfast

Pancake Wrap/Cereal Milk, Fruit, & Juice

Waffles/Breakfast Bar

14

21

Breakfast

Lunch

Mac & Cheese

Breakfast

Egg & Cheese Muffin

Cereal/AppleFruduel

Milk, Fruit & Juice

Lunch

Cereal/Strawberry Bagel

Milk, Fruit, & Juice

Popcorn Orange Chickenw/Rice

Spring Salad/Strawberry Cup

Chow Mien Vegetables/Plum

Lunch

BBQ Beans/Salad

Egg, Sausage & Cheese Biscui Bagel/Cereal

Apple slices/Dried Cranberrie

Pepperoni or Cheese Pizza

29

22

Black Beans/Garden Salad Strawberry Cup/Grapes

Breakfast Peach Parfait/Cereal Breakfast Pizza/ Bagel

Lunch

Pepperoni or Cheese Pizza

Garden Salad/Garbanzo Beans

Apricot Cups/Apple Slices

Milk, Fruit, & Juice Lunch

30

Breakfast French Toast Breakfast Burrito/Cereal Milk, Fruit, & Juice Lunch

Baked Fries/Cake

Lettuce/Tomato/Pickles

Dried Cranberries/Grapes

No Schoo Happy Halloween Cheese Burger or Hamburge

Mini Cheese Burgers Chicken Drumstick Sun Chips/Applesauce Mashed PotatoeWG Roll Peas/Carrots Watermelon/Raisin/Corn Fruit Side Kick 27 Breakfast Breakfast Egg & Cheese English Muffin

Mini Pancakes/Cereal

Milk, Fruit & Juice

Lunch

13