Questions or concerns **SEPTEMBER 2025 BREAKFAST Contact Nutrition Services** (530) 743-4428 or RIO DEL ORO TK MENU mdelong@plusd.org **Thursday** Monday Tuesday Wednesday Friday 5 Benefit Bar Bagel w/ Cream Cheese Concha Mini Cinni NO **Apple Slices** Craisins **Apple Slices** Banana **SCHOOL** Orange Juice Apple Juice **Grape Juice Orange Juice** 1% White Milk 1% White Milk 1% White Milk 1% White Milk 12 10 11 8 Bagel w/ Cream Cheese Benefit Bar Cereal Concha Mini Cinni **Apple Slices Apple Slices** Oranges Banana Craisins **Apple Juice** Orange Juice **Grape Juice** Apple Juice Orange Juice 1% White Milk 15 19 16 17 18 Bagel w/ Cream Cheese Benefit Bar Concha Cereal Mini Cinni **Apple Slices** Oranges Banana Craisins **Apple Slices Grape Juice** Orange Juice **Apple Juice** Apple Juice Orange Juice 1% White Milk 22 23 24 25 26 Bagel w/ Cream Cheese Benefit Bar Concha Mini Cinni Cereal **Apple Slices** Craisins **Apple Slices** Banana Oranges Orange Juice Apple Juice **Orange Juice Apple Juice Grape Juice** 1% White Milk 29 30 Bagel w/ Cream Cheese Cereal **Apple Slices** Oranges Orange Juice Apple Juice 1% White Milk 1% White Milk

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability. We will continue to make every effort to provide our students with the best products available.

Thank you for your patience and understanding as we work with our distributors to navigate these shortages.