

Menu of Services

Mental Health • Prevention • Student & Family Support



Care Teams:

Care team staff work with the school and family to bridge connections to additional resources and services. Individualized services for students/families. A team of professionals available to help families identify underlying hardships/barriers affecting school attendance and academic performance.

Depression Awareness:

Erika's Lighthouse Curriculum (ONLY for 6th-12th grade students) is a presentation delivered to students to build knowledge and awareness of the signs/symptoms of depression in themselves and good mental health. Service can be connected to the district/school suicide prevention plan.

Foster Youth Educational Services:

Our comprehensive foster youth educational services ensure that districts meet and exceed state and federal mandates for students in foster care. By promoting school stability and providing tailored academic support, our program helps districts address the unique challenges faced by foster youth and improves their educational outcomes. Our services help districts boost student retention and attendance, facilitate immediate enrollment, ensure proper credit transfer and graduation pathways, coordinate effectively with child welfare and legal partners, enhance academic performance and personal achievement and increase accountability and compliance.

Homeless Youth Educational Services:

Students experiencing homelessness face unique challenges, but under the McKinney-Vento Act, they have specific educational rights. We partner with school districts to help identify these students and guarantee their access to the resources and support they need to succeed. Our services include guidance on immediate enrollment, school stability, access to resources, liaison support and dispute resolution. By working together, we can break down barriers and create a supportive learning environment where every student, regardless of their housing situation, has the opportunity to thrive.

Protect :

Protect is an adaptable skill-building human trafficking prevention education program designed for school communities. Through engaging and interactive sessions, protect teaches schools to recognize and respond safely to various forms of violence. Our goal is to equip everyone with the knowledge and skills needed to navigate prevention and intervention with confidence and resilience.

- Staff training
- Students (3rd-12th graders)
- Community Parent Training
- Talk about labor and sex trafficking

Suicide Prevention Plan:

School District Policy on Suicide Prevention: By school invitation, we will partner with school personnel to review the suicide prevention plan.

This service is designed to maximize the proactive prevention efforts that are unique to each district/school. Through a comprehensive review of the current suicide prevention plan, our team will collaborate with sites to identify key individuals/roles, develop processes and resource pathways, and help to educate school staff for overall understanding of the suicide prevention policies and procedures.

Trauma-Informed Practices:

Ready to build a more supportive and resilient school community? Our trauma-informed practices training offers practical tools for all staff to effectively recognize and respond to the effects of trauma in the classroom and beyond. Participants will learn de-escalation techniques, strategies for building strong relationships, and methods for creating predictable, safe routines that help students regulate and focus. The result is improved student behavior, enhanced academic performance, and a more positive school climate for everyone.

Wellness Website:

A free online wellness resource available to students, families, educators, and school staff. Provides accessible mental health and wellness education, self-guided activities, mindfulness and relaxation resources, yoga and movement activities, coping strategies, and tools to support emotional well-being.